Chiropractic in the new New Orleans

WHAT WOULD YOU DO IF MOST OF YOUR PATIENTS LEFT TOWN—AND NEVER CAME BACK?
a message from Dr. Burt

For some time now, graduates of Palmer College of Chiropractic’s Davenport campus have kept in touch with their fellow graduates and caught up on the latest College news by turning to Alumni News. For Palmer College of Chiropractic’s West campus graduates, the key source of alumni and College information has been WestWord.

Today, with the recent graduation of its first class on Palmer College of Chiropractic’s Florida campus, we have welcomed a new group of alumni to the Palmer family.

continued on next page
While we could recognize this milestone with a new publication tailored to Palmer Florida alumni, we’ve chosen instead to honor all current and future graduates of Palmer—no matter which campus they attended—with one alumni magazine.

After all, no matter which campus we graduated from, we all support Palmer’s efforts in educating and graduating the finest chiropractors in the world. Simply put, we’re one college with three campuses. That vision truly adds value to the degree all Palmer students receive and creates a stronger identity for everyone involved.

Just as the new alumni program was created to address the wishes of the graduates of all three campuses, it only makes sense that there would be one alumni magazine. We’ve named it *Insights* because it features the thoughts and perspectives of people from throughout the Palmer community. Like *Alumni News* and *WestWord* before it, *Insights* has been designed to keep you informed of the latest news on all three campuses as well as highlight the notable accomplishments made by Palmer alumni in their careers and in the chiropractic profession.

In response to the suggestions of many alumni, we’re taking *Insights* a step further by also featuring information that alumni can put to use in their practices—whether it be the latest health research or profiles of alumni who’ve written books full of practice management tips. *Insights* will also provide a forum for the discussion of the latest developments in chiropractic and the healthcare field as a whole. The new alumni program is here to serve the needs of our alumni from the moment they open their first practice to long after they retire. And the best way we can fulfill these needs is by listening to our alumni through focus groups and advisory committees—both of which I encourage you to join when asked.

We’re committed to assisting students throughout their educational careers because we believe a strong, viable student alumni program is the real key to a strong, viable alumni program. Ultimately, by helping students become better prepared to go out into practice, we can help move the profession forward right along with them.

In this issue of *Insights*, you’ll learn about Palmer graduates who have been affected by Hurricane Katrina and Hurricane Rita, including those that were in the path of the storms as well as those who were out of harm’s way but wanted to use their talents to help those affected. I think you’ll find the efforts undertaken by these alumni to be inspiring.

Recently, Palmer Davenport President Donald Kern, D.C., and Palmer West and Palmer Florida President Peter Martin, D.C., worked with the Alumni Office to write a proposal to both the International Chiropractors Association and the American Chiropractic Association to put into place a joint national readiness plan for future natural disasters that allows all chiropractors to assist others in times of need in a coordinated manner.

The first objective of this plan was to help those chiropractors affected by the disaster at hand with basic needs, including food, shelter, clothing and employment. The second objective is to organize the delivery of free chiropractic care to all those displaced by the disaster. The third objective of the plan was to coordinate free chiropractic care for disaster relief workers, such as emergency services personnel and volunteers.

It reminds me of an observation my wife recently made about the chiropractic profession. She said that there is more that unites us than divides us. She’s right. Whether we’re talking about one college with three campuses, or two powerful associations within the chiropractic profession, together, we can do great things and move the profession forward.

Thank you for allowing me to share my insights with you in this column. In the next few pages, I invite you to take a glimpse at the insights that other members of the Palmer family have to share.
Runners pass over the Palmer Crest during the 31st annual Quad-City Times Bix 7 Road Race, which runs through the Palmer Davenport campus.

The terrain for the Quad-City Times Bix 7 Road Race peaks at the top of Brady Street Hill, which is also the center of Palmer’s Davenport campus. This year, a local artist was hired to paint a larger-than-life Palmer Crest across two of Brady Street’s four lanes.

“Not only is it an impressive piece of artwork, it is also a great symbol of Palmer pride,” said Katie Hoyt, Palmer Davenport Marketing & Communications, who organized the painting as well as planned the on-campus Bix party for area community leaders.

“The College is happy to take part in this exciting event each year.”

During the annual Bix Skywalk Party on July 30, Palmer Davenport President Donald Kern, D.C., welcomed more than 140 guests, including President’s Club members, Capital Campaign donors, student and community leaders.

Robert Cooperstein, D.C., M.A., Palmer West director of Technique and Research, was among the 2005 Bix runners. This marked the third time that Dr. Cooperstein has participated in the race.

Dr. Cooperstein summed up his motivation for entering the race by noting, “I just wanted to test myself, find out my limits and participate in this wondrous event involving thousands of people running right past Palmer College.”

Students parlay Palmer at Port Orange Family Days

Palmer Florida was a major sponsor of Port Orange Family Days, which attracted more than 50,000 area residents on Oct. 1 and 2. As a bronze sponsor, the College staffed a booth during a well-attended vendor fair, giving students the opportunity to promote their profession, college and clinic. The students and chiropractors talked to hundreds of area residents, performing free spinal screenings and describing the health benefits of chiropractic.
Dr. Burt to appear on Second Opinion

Chief of Alumni Development Mickey Burt, D.C., participated in a taping of the nationally broadcasted Second Opinion show at PBS station WXXI-TV in Rochester, N.Y., for an episode on back pain. Dr. Burt represented the chiropractic point of view in a discussion of a back pain case with a spinal surgeon, a physical therapist, a primary care medical doctor, a patient and a patient advocate. Second Opinion began its second season later last fall in 150 PBS markets throughout the country.

Palmer West brings warmth to those in need

For the fifth year in a row, the Palmer West Bookstore collected sweatshirts to help the less-fortunate during the holiday season. Those in the Palmer West community who donated a clean, used sweatshirt, received a discount on the purchase of a new sweatshirt at the store. All collected sweatshirts were then distributed to patients at Palmer West’s community outreach clinics in San Jose.

Palmer Davenport sponsors 5K Run at Quad Cities Marathon

The 8th annual Quad Cities Marathon took place on Sunday, Sept. 25. Once again, Palmer’s Davenport campus was the official sponsor of the 5K Run. The run is an out-and-back course, starting and finishing in downtown Moline, Ill. It is open to all ages and abilities, including runners and walkers, and has a simultaneous start with the Marathon. Student volunteers worked along the race route and held the finish line tape, while Sports Council adjusted participants after they’d finish the race.

Runners sprint past the starting line at the 8th annual Quad Cities Marathon.
“The Seven Miracles of Chiropractic” left few dry eyes in Lyceum Hall Auditorium Saturday, Aug. 13. Seven doctors, including graduates from Palmer's Davenport and West campuses and other chiropractic colleges, shared stories of how chiropractic changed the lives of their patients and, often, their own.


A particularly touching story was presented by Drs. Carruthers and McDonough about a young woman named Sulu they met during their summer 2004 Clinic Abroad Program trip to Fiji. Before she met Dr. Carruthers and then-student McDonough, Sulu had been in such a miserable state for so long that she was planning to take her own life. Once she received chiropractic care and experienced dramatic results, her life was turned around—in a matter of days.

Dr. Kristen McDonough and Dr. Scott Carruthers share their story of how chiropractic helped transform a patient's life during last year's “Seven Miracles of Chiropractic” event.

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Doctors of Olympic proportions

In September, Greg Nelson, D.C., a 1989 Palmer Davenport graduate, became the new team chiropractor for athletes at the United States Olympic Education Center (USOEC). Located on the campus of Northern Michigan University (NMU) in Marquette, Mich., the USOEC provides a training program where athletes can prepare for the Olympic Games while taking classes at NMU or Marquette Senior High School.

As a certified chiropractic sports physician, Dr. Nelson is now the primary chiropractor for all of the center's athletes. Along with providing adjustments and soft tissue work, he assists athletes with stretching and improving their range of motion.

continued on page 5
Palmer West celebrates its silver anniversary

The 25th anniversary of Palmer College of Chiropractic’s West campus was celebrated Oct. 7 and 8 during the campus’ 2005 Homecoming festivities.

“We had a collection of terrific speakers and vendors, and it was great to see Palmer West alumni—some of whom traveled from as far away as Colombia and Alaska—on campus,” said Gary de Wet, D.C., Palmer West Homecoming Committee chair. “The weekend represented many years of our history, and we were excited to have so many join in the celebration of our 25th anniversary.” Also on hand were Campus Guides and a number of administrators, faculty and staff from Palmer’s Davenport and Florida campuses.

Palmer West graduates spanning the life of the College attended various activities throughout the weekend including the Palmer College Alumni Student Recruitment Program (ASRP) event.

A highlight of the Homecoming banquet included the presentation of a fellowship to Palmer West President Peter Martin, D.C., who became the newest Fellow of the Palmer West Academy of Chiropractic.

Marilyn Smith, D.C., received a special award in recognition of her 16 years of service as a member of the Palmer West and Palmer Chiropractic University System Board of Trustees, which included four years as chair of the Palmer West Board.

Homecoming entertainment events included a barbecue/talent show/casino night on Friday and music by Silicon Vibe the next night in the Santa Clara Westin Hotel’s grand ballroom.
Palmer Davenport’s June and October graduations

Palmer Davenport’s June graduation ceremonies were held Friday, June 17, in Lyceum Hall Auditorium. One-hundred and fourteen students graduated with Doctor of Chiropractic degrees and eight with Associate of Science in Chiropractic Technology degrees.

Palmer Davenport Professor Vern Hagen, D.C., was the commencement speaker. Chief Academic Development Officer Larry Swank, D.C., M.S., was named a Fellow of the Palmer Academy of Chiropractic. The co-valedictorians were Cynthia M. Beam and Heather Marie Livingstone. The salutatorians were Kyle Burke and Tabitha Weber. The Virgil V. Strang Philosophy Award was given to Terrance J. Loher. The Clinical Excellence Award recipient was Clay Robert Morton. Karalee Pelham Oldenkamp received the John Connolly Memorial Award.

In his graduation address, Dr. Hagen spoke to the graduates about what they have in common. “We’re all held together by this common ground, which is the restoration of health to the human body by the removal of the vertebral subluxation through the chiropractic adjustment.”

October graduation ceremonies were held in Lyceum Hall on Friday, Oct. 21, where 159 students graduated with Doctor of Chiropractic degrees, five with Associate of Science in Chiropractic Technology degrees and one with a Master of Science in Clinical Research degree.

Kelli Pearson, D.C., a 1982 graduate of Palmer West, was the commencement speaker. Jean Murray, Ph.D., assistant to the vice president of Academic Affairs, was awarded a Presidential Citation of Distinguished Service for her work as interim vice president for Academic Affairs. Ronald Barth, D.C., of Wichita, Kan., and Anthony Cacioppo, D.C., director of the Rock Island Clinic, were each awarded a Fellowship in the Palmer Academy of Chiropractic.

The co-valedictorians were Matthew Stone (who also received the Clinical Excellence Award) and Jameson Walker, and the Virgil V. Strang Philosophy Award was given to Janet Casanova. Casanova also received the John Connolly Memorial Award.

In her graduation address, Dr. Pearson reminded the graduates of the wisdom of their career choice. “You have chosen a profession that has done more healing than any I know of and truly produces meaningful results,” she said. “I love this profession so much that I can’t think of retiring.”

Palmer West’s Summer and Fall graduations

Summer
Twenty-six graduates received their Doctor of Chiropractic degrees at Palmer West’s Summer 2005 commencement, held Sept. 9 at the San Jose Convention Center.

Cale Copeland presenting the valedictorian address at Palmer West’s Summer graduation.

continued on page 7
Cale Copeland, who played on the Palmer West Pride ice hockey team for three years, served as valedictorian. The salutatorian was Joyce Yulo. Both Copeland and Yulo graduated Magna Cum Laude. Bryson and Christopher Foster graduated Cum Laude.

Foster, who is the first Palmer West student to serve two terms as Associated Student Government president, also received the Virgil V. Strang Philosophy Award and the Student Fellow Award. In addition, Foster was presented with a Clinical Excellence Award for his internship at the Tasman Clinic, as was Toshiya Kawano, for his internship at the Santa Clara Clinic.

Brian Porteous, D.C., a Fellow of both Palmer’s Davenport and West campuses, gave the commencement address.

Fall
Forty-five graduates received their Doctor of Chiropractic degrees at Palmer West’s Fall 2005 commencement, held Dec. 8 at the Santa Clara Convention Center. Chrysa Caulfield and Jennifer Nishimura graduated as valedictorian and salutatorian, respectively. Scott Haldeman, D.C., M.D., Ph.D., presented the commencement address.

Magna Cum Laude graduates included Amanda Eaton, Kameljit Singh and Virgilija Tali. Anjali Agrawal, Scott Sato, James Wang and James Wilson graduated with Cum Laude honors. Clinical Excellence honors were presented to James Wang, for the Tasman Clinic, and to Bobby Stone for Palmer West’s Santa Clara Clinic. Jennifer Chen received the Virgil V. Strang Philosophy Award. Ramadan Hochaimi received the Student Fellow Award. Anjali Agrawal, Timothy Angelo and Kathryn Rudy received awards for serving as Palmer West Campus Guides.

One of the highlights of the ceremony was the special acknowledgment of graduate Yan Yan Li, a native of Hunan, China, who received a standing ovation from the audience for his inspiring achievement of becoming the first blind student to graduate from Palmer West.

Amber Plante won the Virgil V. Strang Philosophy Award, and Peter Scordilis received both the Excellence in Research and Clinical Excellence awards. Top honors went to Rick Jacobs, valedictorian, and Scott Schargen and Dan Webb, salutatorians. The awards were presented by Donald Gran, D.C.

“The We continue the Palmer tradition of saluting the exemplary achievements of those students who have excelled throughout the course of their educational experience at Palmer Florida and graduate today with academic honors,” Dr. Gran said.

Jennifer Nishimura graduated as valedictorian and salutatorian, respectively. Scott Haldeman, D.C., M.D., Ph.D., presented the commencement address.

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“The You grew with the school, suffered firsts with us, and today you take your place as the first Palmer Florida graduates,” Donald Kern, D.C., president of Palmer College of Chiropractic’s Davenport campus, said in his commencement address.

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Dr. Peter Martin, president of Palmer’s Florida and West campuses, congratulates the first graduates of Palmer Florida during commencement ceremonies held at the Mary McLeod Bethune Performing Arts Center at Bethune-Cookman College in Daytona Beach, Fla.

Vickie Palmer, chairman of Palmer’s Board of Trustees and great-granddaughter of D.D. Palmer, oversaw the changing of the tassels and stated the long-awaited words, “Doctors of Chiropractic, please be seated.”

“I’m honored to share in the excitement of this memorable occasion, and I would like to pass along my personal congratulations and best wishes to the members of the first graduating class of Palmer Florida,” campus President Peter Martin, D.C., told the students.
alumni adjustments

DAVENPORT CAMPUS

1940

Dr. Harold Hammill, '47, Lawrenceville, Ill., was inducted into the Life University Hall of Fame in 1999. He also wrote his personal accounts of World War II in a book titled, “Please, Jesus, Give Me Three More Minutes to Live.”

1950

Dr. Jesse Cloyd, '50, and his wife, Louise, Hot Springs, S.D., celebrated 60 years of marriage in February 2005. Phone: (605) 745-3119, e-mail: cloyd2445@juno.com.

Dr. William Sarvis, '56, Pinehurst, Tex., is enjoying his retirement after years of practicing in Pleasantville, N.Y. Phone: (281) 356-2254.

1960

Dr. Charles Hensley, '61, recently celebrated his 40th wedding anniversary. Phone: (843) 873-4202, e-mail: chensleys@sc.rr.com.

Dr. Frederick Vlietstra, '63, Middletown, N.Y., recently spent a month in Togo, giving chiropractic care through the Christian Chiropractors Association. He is the first chiropractor known to have offered chiropractic in that country.

Dr. Homer Thompson, '66, Springfield, Mo., has been appointed to the Missouri State Board of Chiropractic Examiners by Governor Matt Blunt. Dr. Thompson is very active in local, state and national politics and is on the advisory board to U.S. Congressman Roy Blunt. Phone: (417) 832-1262.

Dr. Ron Woods, '68, Greensburg, Ind., and his wife, Marilyn, announced that their son recently adopted a baby girl. Phone: (812) 663-6624, e-mail: rmwoods32@juno.com.

1970

Dr. Frederick Schlueb, '71, Sandusky, Ohio, retired from practice on Oct. 1, 2004. Phone: (419) 625-4618, e-mail: nik04618@aol.com.

Dr. Frank Hall, '73, is retired and living at 8314 Johnston Pt. Rd., Olympia, WA 98516. Phone: (303) 984-1111, e-mail: noren23@msn.com.

Dr. Russell Van Hemert, '82, Pella, Iowa, married Tina Glass. Phone: (318) 868-6508, e-mail: gcnhes@traityisp.com.

Dr. Gary Tapper, '75, Rockaway, N.J., announces that his daughter and son-in-law, Tonya and Kurt Boeckenhauer, are in their first year of studies at Palmer College of Chiropractic's Davenport campus. Phone: (902) 494-2141, e-mail: mtapper729@aol.com.

Dr. Craig Gilbert, '76, North Mackay, Qld., Australia, now owns and manages Lifestyle Chiropractic Australia, a chain of associate-run practices. Phone: (61) 7-49550799, e-mail: craig.lca@elfel.com.au.

Dr. John Stump, '76, Fairhope, Ala., the author of more than 50 professional articles and co-author of several textbooks on chiropractic and acupuncture, has written a book about the stroke he had in 2000 and how he recovered from it. The book is to be published by McGraw-Hill. Phone: (251) 928-5959, e-mail: bamashogun@aol.com.

Dr. Sherry Dickholtz Gaber, '77, was named Chiropractor of the Year by the New Mexico Chiropractic Association (NMCA). Previously, she was vice president of the NMCA for two years. Phone: (505) 982-7045, e-mail: disherryg@aol.com.

Dr. Terrell Kleina, '79, and Brenda Kleina, '92, Charlestown, N.H., had a daughter, Jäger North, on Oct. 21, 2004. Phone: (603) 826-5220.

1980

Dr. Thomas Nosser, '81, Shreveport, La., recently married Tina Glass. Phone: (318) 686-6508, e-mail: noschiro@shreve.net.

Dr. Russell Van Hemert, '82, Pella, Iowa, announces that his eldest daughter, Leslie, had her first child and his first grandchild, Gabrielle Helene O’Bannon on April 12, 2005. Phone: (641) 628-2327, e-mail: ruh@lisco.net.

Dr. Richard Vahl, '82, Davenport, Iowa, recently returned from Moscow, Russia, where he was invited by Igor Kurinnoy, Ph.D., of the Borec Sports Training Center in Moscow to work with some of Russia’s top competitive athletes. He was also invited by Chairman Tom Reynolds to be an honorary chairman of the National Physician’s Advisory Board. E-mail: vahl1@aol.com.

Dr. Maurice Cyr, '83, Rutland, Vt., was awarded Best Chiropractor in the Rutland Area for the fifth year in a row. He is also the American Chiropractic Association delegate for Vermont. Phone: (802) 775-6961, e-mail: mckinley23@aol.com.

Dr. Harold “Hall” Lease, '83, Walsh, Colo., has been elected secretary of the Colorado Chiropractic Association (CCA). During the past six years, he has served as a CCA District Director and as a member of the CCA’s Executive Committee. Phone: (719) 324-4242; e-mail: hal@llm.com.

Dr. Rebecca Noren, '83, Lakewood, Colo., was named Chiropractor of the Year by the Colorado Chiropractic Association in September 2005. Phone: (303) 984-1111, e-mail: noren23@msn.com.

Dr. David Smith, '83, and his wife, Fairbanks, Alaska, had a son, Brody Harrison. Phone: (907) 452-2273, e-mail: dksmith@gni.net.

Dr. Michael Treinen, '83, Cortez, Colo., was awarded one of the Colorado Chiropractic Association's 2005 CCA President's Personal Awards at its annual state convention, Sept. 17, 2005. Phone: (970) 565-4800.

Dr. Randal Bolvin, '85, Newton, Mass., was recently appointed team chiropractor for the Boston Red Sox. For the past six seasons, he has been the chiropractor for the Major League Soccer team, the New England Revolution. Phone: (617) 969-3800, e-mail: winchiro@aol.com.

Dr. Jeff Brockman, '85, Nashville, Tenn., opened a new office on Feb. 2, 2005, at 4205 Hillsboro Pike, Ste. 210, Green Hills, TN 37215. Phone: (615) 463-2323, e-mail: docbrock@gmail.com.

Dr. Willa Duree, '85, Sanger, Calif., has been certified in animal chiropractic by Parker College of Chiropractic and by the American Veterinary Chiropractic Association. E-mail: dureedc@verizon.net.

Dr. Jeffrey Duchene, '86, Clinton Township, Mich., is currently on the Huron Academy School Board.

Dr. Gina (Forrest) Cabell, '86, Charleston, S.C., had a daughter, Alexis Faith, on Jan. 23, 2003. Phone: (843) 478-5630, e-mail: gcabell@computerwrestlers.com.

Dr. Gary Tapper, '87, Foxboro, Mass., was recently appointed to the Massachusetts Board of Registration of Chiropractors by Governor Mitt Romney. From 2001 to 2003, he served as president of the Massachusetts Chiropractic Society. Phone: (508) 543-0764, e-mail: foxdceell@aol.com.

Dr. Kristian Baekkel, '87, previously practicing in Italy, has moved her practice to Via Soave 13, CH-6830 Chiasso, Switzerland.

Dr. Rowen Pfeifer, '87, and his wife, Patty, Nashville, Tenn., have adopted a child, Jonathan, age...
89. Dr. Robert Goodwin, ’89, and his wife, Sue, Summervile, S.C., opened Goodwin Family Chiropractic in Summerville on May 1, 2005. Phone: (843) 851-5535, e-mail: robertgo@charlestontriad.com.

Dr. Scott Griffin, ’89, Carey, Ohio, recently opened a satellite office in Nevada, Ohio. Phone: (419) 396-6343, e-mail: careychiro1@udata.com.

Dr. David Martin, ’89, Chino, Calif., recently moved his practice to 3808 Grand Ave., Chino, CA 91710. Phone: (909) 592-2525, e-mail: dckinetic@aol.com.

Dr. Jeri McNeal, ’90, St. Louis, Mo., opened a multidisciplinary clinic that includes Hilton Healthchiro.com. Phone: (314) 333-3883, e-mail: drrowen@healthchiro.com.

Dr. Robert Goodwin, ’89, and his wife, Sue, Summervile, S.C., opened Goodwin Family Chiropractic in Summerville on May 1, 2005. Phone: (843) 851-5535, e-mail: robertgo@charlestontriad.com.

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Dr. Christopher Molck, ’94, LeClaire, Iowa, has joined with Dr. Mark Schmall, to open Healthy Life Chiropractic, P.C., and Weightloss and Wellness Center, Inc. Phone: (563) 289-5145.

Dr. Greg Ott, ’94, and his wife, Jennifer, Pewaukee, Wis., had a daughter, Emma Lucia, on July 14, 2005. E-mail: ottchiropractic@sbcglobal.net.

Dr. Daniel Rudé, ’94, Los Angeles, Calif., has been elected for a second term as president of the Los Angeles Metro CCA District. Phone: (310) 280-0600, e-mail: danielrued@aol.com.

Dr. Julie Schelkopf, ’94, York, Neb., married Mark Timmerman on Dec. 31, 2004. Dr. Schelkopf-Timmerman owns Century House Chiropractic in York, Neb. Phone: (402) 362-6343, e-mail: centuryhouse@iniebraska.com.

Dr. Gary Grubbs, ’94, Walled Lake, Mich., had a daughter, Megan, in January 2005. Phone: (248) 960-8828, e-mail: drgargpines@yahoo.com.

Dr. Jim Farrel, ’95, Golden, Colo., received the Colorado Chiropractic Association’s ’05 President’s Award. Phone: (303) 279-6448, e-mail: chiroceptor@qwest.net.

Dr. Zoltán Fischer, ’95, Philadelphia, Pa., married Jeannie Neary in July 2004 and helped deliver their daughter, Christina Maria, on May 29, 2005. In March 2005, he opened Fischer Chiropractic. Phone: (215) 333-1915, e-mail: drzolfi@aol.com.

Dr. Evelyn Heredia, ’95, and her husband, Kenneth Eckerle, West Hempstead, N.Y., had a son, Ryan Thomas, on Nov. 21, 2004. Phone: (516) 505-0755, e-mail: drzolfoi@aol.com.

Dr. Michael Hudak, ’95, Myrtle Beach, S.C., had a son, Cole Alexander, on Dec. 12, 2004. He also recently opened his second office in Myrtle Beach. Phone: (843) 457-8153, e-mail: dhudak@earthlink.net.

Dr. Kathryn Van Dam, ’95, Wallkill, N.Y., married Dane Mandich on June 25, 2005. Phone: (845) 895-1131, e-mail: kathyvandam@frontiernet.net.

Dr. Leanne Cupon, ’96, has obtained a Diplomate of the American Board of Forensic Professionals (DABFP). She is a past president of the College on Forensic Sciences, a subsidiary of the Council on Chiropractic Orthopedics of the American Chiropractic Association.

Dr. Rusty Myers, ’96, has opened a new office at 1658 Maple Ave., Zanesville, OH 43701. Phone: (740) 510-2225, e-mail: rusty@rustymyers.com.

Dr. Andrew Roberts, ’96, and Gina Roberts, ’97, opened a new chiropractic clinic, Michigan Chiropractic Center, 4835 Haggerty Rd., West Bloomfield, MI 48323. Dr. Andrew Roberts has returned to the United States after delivering chiropractic care to patients in Costa Rica. Phone: (248) 960-1770, e-mail: hiohiodocs@sbcglobal.net.

Dr. Michael Weaver, ’96, Austintown, Ohio, had a son, Michael, on February 23, 2005. Phone: (330) 799-7110, e-mail: docweaverdc@aol.com.

Dr. Rodd Brunten, ’97, St. Paul, Minn., opened his first chiropractic office, Mighty Oak Chiropractic, on Sept. 6, 2005. Phone: (651) 646-2233, e-mail: nuczz@mightyoak.org.
Dr. Traci (Nelson) Hassel, '98, Bettendorf, Iowa, had a daughter, Reagan Nicole, on Nov. 22, 2004. Phone: (563) 359-9541, e-mail: nelsonchiro@aol.com.

Dr. Todd Johnson, '98, Guymon, Okla., has been nominated the Best Chiropractor of Texas County (Okla.) for the last four years. Phone: (580) 338-2070, e-mail: dttodd@ptsi.net.

Dr. Becky Koepke, '99, Tempe, Ariz., married John Koepke, in June 2004. Phone (480) 894-9283, e-mail: koepkechiropractic@cox.net.

Dr. Jodie L. Ludwig, '98, and her husband Dan, Anamosa, Iowa, had a daughter, Maya Emily, on March 11, 2005. Phone: (319) 462-3423, e-mail: jluudwigdc@aol.com.

Dr. Dennis McGee, '98, opened McGee Family Chiropractic in Winthrop, Mass., on May 1, 2005.

Dr. Kyle Deden, '99, Coralville, Iowa, recently purchased the chiropractic office The Bradley Center in Iowa City, Iowa. Phone: (319) 443-2537, e-mail: kyledc@hotmail.com.

Dr. Craig Pruitt, '99, Middletown, R.I., was recently elected president of the Rhode Island Chiropractic Alliance. Phone: (401) 847-8889, e-mail: dcraicraig@pruitchiropractic.com.

Dr. Steven Simmons, '99, Midland, Mich., had a daughter, Shania Rose, on July 24, 2005. Phone: (989) 923-BACK, e-mail: hioc12@aol.com.

Dr. Rodney Sparks, '99, Paducah, Ky., married Dana, on May 31, 2005. Phone: (270) 442-4055.

Dr. Lori Sprague, '99, and her husband, Donald, Tulsa, Okla., had a daughter, Brooke Diane, on May 5, 2005. Phone: (918) 252-9915, e-mail: kstonedc@yahoo.com.

Dr. Karen Sue Stonehouse, '01, East Moline, Ill., has moved to a new office, Champion Chiropractic, at 325 16th St., Bettendorf, IA 52722. Phone: (309) 791-1949, e-mail: kschiro3@aal.com.

Dr. Ronald Swenny Jr., '01, Pana, Ill., opened Swenny's Family Chiropractic at 301 N. Walnut St., Pana, IL 62557. Phone: (217) 825-8359, e-mail: swennydc@hotmail.com.

Dr. Mark Wirrman, '01, and his wife, Jennifer, Scottsdale, Ariz., had a daughter, Makenzie Reneé, on July 18, 2005. Phone: (480) 227-5229, e-mail: markwireman@cox.net.

Dr. Brandi Lykens-Smith, '01, Clearfield, Pa., had a daughter, Elle Nichole Smith, on Jan. 2, 2005. Phone: (814) 768-7331, e-mail: info@clearfieldchiropractic.com.

Dr. Susan Frain, '01, and her husband, Patrick, De Pere, Wis., had a daughter, Hannah Marie, on June 10, 2004. Phone: (920) 499-1333, e-mail: sholtpalmr@aol.com.

Dr. Peggy Booten, '02, and her husband, David, had a son, Brandt Jacob, on May 6, 2005. Dr. Booten practices at Courtney Family Chiropractic Center, at 1219 Avenue H, Fort Madison, IA 52627. Phone: (319) 372-2435, e-mail: courtfc@interl.net.

Dr. Kevin McCord, '02, and his wife, Kari, Cuyahoga Falls, Ohio, had a daughter, Emma Kaelin, on May 2, 2005. Phone: (330) 928-3065.

Dr. Richard Moore, '02, was a contestant on Wheel of Fortune this summer. He also moved his practice to 418 East Grand Ave., Arroyo Grande, CA 93420. Phone: (805) 473-9404, e-mail: betterjam@hotmail.com.

Dr. Sheila Wemarte, '02, Cresco, Iowa, had a son, Zane Michael, on Nov. 30, 2004. Phone: (563) 547-3159, e-mail: wemarte22@hotmail.com.

Dr. Alison (Bramer) Cummings, '03, Grand Island, N.Y., recently celebrated the second-year anniversary of her marriage to Ryan Cummings and of her practice. Phone: (716) 210-1077.

Dr. Wendy Blymyer, '03, opened a new practice, Brookings Chiropractic, in Brookings, Ore. Phone: (541) 412-8919, e-mail: wendymary@yahoo.com.

Dr. Chad Fiske, '03, and his wife, Lynnette, Sully, Iowa, had a son, Evan Jacob, on Sept. 19, 2004. Phone: (641) 594-4299, e-mail: Lynnette@netins.net.

Dr. Angela Lindenmuth, '03, Red Lion, Pa., and her husband, Josh, had a son, Justin Connor, on Jan. 14, 2005. Phone: (717) 840-0888, e-mail: drangela@lindenmuth@hotmail.com.
Dr. Masahiko Matsushita, ’03, opened Ace Chiropractic Clinic in Arlington Heights, Ill., in March 2005. Phone: (847) 290-9226, e-mail: SamuraiDC1@yahoo.com.

Dr. Korey Penfold, ’03, Naperville, Ill., married Nathan Toensing, July 2, 2005. Mr. Toensing is the son of Drs. Al Toensing, ’57, and Pat Toensing, ’57. Phone: (630) 696-7370.

Dr. Travis Salisbury, ’03, and his wife, Kristin, Neenah, Wis., had a daughter, Isabella Marie, on Aug. 20, 2005. E-mail: tsalisburydc@yahoo.com.

Drs. Jason Wills, ’03, and Heather McCall, ’04, Ortonville, Mich., were married on Dec. 11, 2004. E-mail: heathercmc@yahoo.com.

Dr. Reneé Ascher, ’04, Sheboygan, Wis., married Tim Ellis on Feb. 19, 2005. Phone: (920) 451-1400, e-mail: dustreeson@hotmail.com.

Dr. Jacob Bullock, ’04, and his wife, Michele, Lexington, Ky., had a daughter, Megan Siena, on May 24, 2005. Phone: (859) 272-0099, e-mail: bullockchiropractic@yahoo.com.

Dr. Belden Harris, ’04, Arlington, Tex., recently started a new practice. Phone: (817) 457-3030, e-mail: belden@livingadio.com.

Dr. Nicholas Helmich, ’04, and his wife, Anita, had a daughter, Ella Marie, on April 20, 2005. Phone: (507) 235-9452, e-mail: nick_helmich@yahoo.com.

Dr. Marcu Fish, ’04, has opened Fish Chiropractic at 505 Washington St., Hudson, IA 50643. Phone: (319) 988-9889, e-mail: marcifishdc@hotmail.com.

Dr. Tammie Gibson, ’04, Belle Chasse, La., married Lee Carr on July 4, 2005. Phone: (504) 319-8861, e-mail: doctor2003@hotmail.com.

Dr. Brian Kehoe, ’04, and Dr. Denise (McDonald) Kehoe, ’05, New Port Richey, Fla., were married on June 11, 2005. E-mail: kehoe3@hotmail.com.

Dr. Kelly Lange, ’04, Ashland, Ore., married Whit Brake on Oct. 15, 2005. Phone: (541) 482-3492, e-mail: drkellylange@yahoo.com.

Dr. Trent Maly, ’04, Lincoln, Neb., and his wife, Tiffany, had a son, Kane Matthew, on Feb. 16, 2005. Phone: (402) 486-4167, e-mail: drmaly@mtchiro.net.

Dr. Derek Oldenkamp, ’04, and Dr. Karalee Pelham, ’05, Glasgow, Ky., were married on March 26, 2005. Phone: (270) 651-8340, e-mail: optimizeyourspine@yahoo.com.

Dr. Carla Patten, ’04, Wapakoneta, Ohio, is now practicing at Bates Chiropractic, in Elida, Ohio, as an independent contractor. Phone: (419) 738-7319, e-mail: cjpatton02@yahoo.com.

Dr. Joshua Winslow, ’04, married Cori Kunkel on May 20, 2005, in Seattle, Wash. Phone: (425) 820-4000, e-mail: joshWinslow@hotmail.com.

Dr. Tom Anderson, ’05, opened Anderson Family Chiropractic, P.C., on Oct. 17, 2005, at 8088 Douglas Ave., Urbandale, IA 50322. Phone: (515) 252-7070, e-mail: myspinedoctor@aol.com.

Dr. Nathan Noakes, ’05, and his wife, Jamie, Las Vegas, Nev., purchased Sundance Chiropractic in July 2005. Phone: (702) 838-8988, e-mail: noake573@yahoo.com.

Dr. Dustin Reeson, ’05, opened Reeson Chiropractic in Cross Plains, Wis., in April 2005. Phone: (608) 798-3437, e-mail: dusttreeson@hotmail.com.

Dr. Kate (Zajicek) Duncan, ’05, Davenport, Iowa, married Robert Duncan on May 27, 2005. Phone: (563) 650-2321, e-mail: katezajicek@yahoo.com.

Dr. Kevin Wong, ’96, and his wife, Dr. Isabel Eleazar, ’99, Orinda, Calif., recently opened a new office at 89 Moraga Way, Ste. A, Orinda, CA 94563. Phone: (925) 254-4040, e-mail: drkevinwong@yahoo.com and dreleazar@sbcglobal.net.

Dr. Paul Piccione, ’98, and his wife, Pam, Redwood City, Calif., had a daughter, Gianna, in December 2004. He also recently celebrated five years in practice. Phone: (650) 367-9488, e-mail: drpaul@tobehealthier.com.

Dr. Jay Kalisek, ’02, Carpinteria, Calif., is the incoming president of the Santa Barbara District of the California Chiropractic Association. Phone: (425) 682-3003, e-mail: drkalisek@essentialhealthinstitute.com.

Dr. Lynelle McSweeney, ’03, opened Classic Health Chiropractic on Sept. 1, 2005, at 9705 Hwy. 267, Ste. 4, Truckee, CA 96161. Phone: (530) 582-8114, e-mail: classicchiro@sbcglobal.net.

Dr. Kevin Toensing, ’99, Orinda, Calif., recently opened a new practice. Phone: (925) 254-4040, e-mail: ktoensing@sbcglobal.net.

Dr. Robert Brake, ’90, Davenport, Iowa, had a daughter, Tiffany, on Aug. 2, 2005. Phone: (702) 838-8988, e-mail: tobehealthier.com.

Dr. Ali Tootoonchi, ’04, San Jose, Calif., married Farshad Farnoosh, on Mar. 18, 2005. Phone: (408) 848-5800, e-mail: alagh22@yahoo.com.

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Information (practice openings, address changes, births, marriages, appointments, current military service, honors, etc.)

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with Michael J. Hahn, D.C., Palmer Davenport, ’90

In each issue, Insights asks a member of the Palmer community about the past, present and future of the College and chiropractic. Recently, we caught up with Dr. Michael Hahn, member of the Palmer Board of Trustees.

Tell us what strengths you bring to the Board?

I feel my major strength on the Board is that I represent the epitome of a Palmer graduate—a “moderate” in both philosophy and technique. I also offer a local field perspective. Since graduating from Palmer’s Davenport campus in 1990, I have been in private practice in Bettendorf, Iowa. Being close to my alma mater has made it easier to stay active with Palmer—whether through continuing education, keeping in touch with several of my instructors or regular visits to the Palmer Main Clinic for chiropractic care. This closeness to Palmer gives me a slightly different perspective than that of someone who rarely visits the campus.

What issues in the chiropractic profession or in education concern you most?

I feel a major issue facing our profession is maintaining our autonomy in the health care arena. We need to balance the increasing public acceptance of spinal adjusting (and those from outside of our profession who want to share this piece of the pie) with what it means to be a chiropractor (our philosophy). Outside of our profession, continued perseverance in local and national politics is imperative to watchdog legislation that can rob us of our exclusive domain over adjusting. My major concern in chiropractic education is the strength of the Center for Credentialing & Education, Inc. (CCE). As a profession, we are as strong as our credentialing body. Perceived improprieties within the CCE reflect poorly on those who have degrees confirmed by it.

What are your favorite memories of your experience with Palmer?

Basking in the sun on the porch of the “old” Union with a beer and friends after finals.

What is your vision of the three campuses of Palmer College in 25 years?

My vision for our three campuses is twofold: First, to make Palmer the undisputed leader in chiropractic education; second, to make Palmer a model for all higher education institutions to aspire to. We are setting up the systems and procedures and have in place key administrators and educators to make this happen. Our three campuses allow students to choose which learning path best suits their individual learning style, while assuring they receive their education with a strong Palmer philosophy. By adopting the recently decreed vision of “one college, three campuses,” Palmer will be greater than the sum of her individual parts.
Sea change

After Hurricanes Katrina and Rita, a Palmer chiropractor in New Orleans faces a practice without patients

For New Orleans chiropractor Bob Newsom, D.C., the decision to evacuate his family before Hurricane Katrina reached his community was easy. “I had evacuated rather than sit here and play games with a deadly hurricane,” said Dr. Newsom, who has since returned to New Orleans.

From the safety of his parents’ home, 250 miles north of New Orleans, the 1975 Palmer Davenport graduate didn’t have to worry about his family’s personal safety. Instead, he was concerned about the livelihood of his practice back home.

The new New Orleans “As I became more keenly aware of the devastation and of the fact that life would never be the same,” said Dr. Newsom, “I started looking for alternatives and looking to see what was available in terms of other areas as far as a temporary practice was concerned.” While considering whether or not to move his practice, he struggled with where to move it to. “My attitude was, if I can’t make a living in metro New Orleans, I don’t think I’m going to do very well just across the way that is overrun with refugees,” said Dr. Newsom.

Returning to the Big Easy wasn’t easy When Dr. Newsom was allowed by the authorities to check on his home, fully three weeks after Hurricane Katrina had hit it, he saw that the structure’s ground floor had been damaged by more than a foot of flood water. Worse, without electricity to run fans, it didn’t have a chance to dry out. As Dr. Newsom put it, “What the hurricane didn’t get, the mold did.”

The three-day visit also gave him a chance to see his practice, located in the New Orleans suburb of Metairie, only four blocks from the 17th Street Canal levee that ruptured, flooding the west side of greater New Orleans. Fortunately for Dr. Newsom, his practice was above sea level on the “dry side” of town. The majority of his patients, however, lived on the “wet side” of town, which was flooded when the city’s levee system broke. The effects of their evacuation became fully evident three weeks later, when Dr. Newsom re-opened his practice after being allowed to return to New Orleans. “We’ve been available every day for about six weeks and the total patient volume is almost enough for a good morning,” said Dr. Newsom.

Months after the Katrina-driven exodus from New Orleans, most of its residents, including most of Dr. Newsom’s patients, haven’t returned. “I’ve got patients scattered from California to New Jersey,” he said.

Staying in New Orleans while still staying in business For the last seven years, Dr. Newsom’s primary area of emphasis has been on neurology. He has also gained extensive experience in vestibular rehabilitation, which, as part of the patient’s chiropractic treatment, employs specific exercises to decrease dizziness, as well as increase balance function and general activity levels.

After Hurricane Katrina, Dr. Newsom attended a post-graduate class in Orlando, where he met Julie Bjornson, D.C., secretary of the American Chiropractor Association’s Council on Neurology, who mentioned a bill currently before the U.S. Congress called the Elder Fall Prevention Act. If that bill passes, it would expand and intensify programs with respect to research and related activities concerning elder falls. Studies show that falls are the leading cause of injury-related death for both males and females over 75. “Since I already had a majority of the coursework that is necessary...
“The key thing is that every coin has two sides. You get to pick which side of the coin you look at.”

However, keeping his dream alive has been a struggle. Dr. Newsom has so far been unsuccessful in obtaining funding to purchase the equipment needed to perform fall evaluations. Plus, the 90-day grace period offered by utility, insurance, mortgage and credit card companies to people affected by Hurricane Katrina, will soon expire.

To make ends meet, Dr. Newsom is currently looking to join a practice more than an hour away from Metairie. “Taking any job available is mandated by the fact that we have only located 21 former patients who still live locally,” said Dr. Newsom.

Dr. Newsom believes it’s important in situations like his to see the opportunities available rather than focusing on the drawbacks. “The key thing is that every coin has two sides,” said Dr. Newsom. “You get to pick which side of the coin you look at.”

Lending a hand
Palmer alumni offer compassion and chiropractic care to those affected by Hurricanes Katrina and Rita

On a mission Joe Wilson, D.C., Terri Coats, D.C., and James Coats, D.C., often travel abroad on chiropractic missions to provide free adjustments. More recently, they’ve become involved in missions right in their own backyard—helping evacuees of Hurricanes Katrina and Rita.

Dr. Wilson recalls a conversation he recently had with Dr. Terri Coats. “I was talking to her on the phone the other day, and I said, ‘We’re always looking for missions, and this time the mission came to us,’” he said.

Population growth It has been reported that a million people have fled the eastern part of Louisiana because of Hurricane Katrina. Dr. Wilson’s hometown of Opelousas, La., which normally has 23,000 people, absorbed 9,000 evacuees.

“‘We’re always looking for missions, and this time the mission came to us.’” —Joe Wilson, D.C.

As a chiropractor, the 1963 Palmer Davenport graduate is especially aware of the chiropractors who’ve been displaced by Katrina and Rita.

“We have a hundred chiropractors, maybe more, who are completely out of business in the New Orleans area,” said Dr. Wilson, adding that 30 to 40 chiropractors temporarily lost their businesses in the Lake Charles area alone, which received the brunt of Hurricane Rita’s power.

continued on page 15
Food, clothing and shelter  Dr. Wilson’s clinic has been providing free chiropractic care to evacuees and relief workers. After hours, Dr. Wilson and his staff head to two relief shelters, where they feed evacuees and give them clothing and other items that they’ve donated themselves or collected from the community.

And as president of the local United Way, Dr. Wilson has helped collect contributions and supplied computers to relief agencies. On his own, Dr. Wilson has welcomed evacuees into his home while they searched for permanent housing.

When asked why he has often gone above and beyond the call as a United Way volunteer, Dr. Wilson’s response is immediate. “If you were here, you wouldn’t even have to ask that question,” he said. “You just do it.”

Dr. Wilson believes Palmer alumni interested in helping those affected by the hurricanes should donate money to local charities in Louisiana and Mississippi because it can be used to buy furniture and appliances.

Feeling the effects of Katrina and Rita in Arkansas  Dr. Terri Coats, a 1999 Palmer Davenport graduate, also has been assisting evacuees. But her efforts are taking place hundreds of miles away, in her home town of Harrison, Ark. Like her husband, James Coats, D.C., Palmer Davenport ’98, she is a volunteer disaster team leader for the American Red Cross chapter in Harrison.

As a volunteer disaster team leader, Dr. Coats usually finds herself dealing with single-family fires. But that changed on Aug. 29, when Hurricane Katrina made landfall. “Then everybody got a crash course in natural disasters,” said Dr. Coats.

Unfortunately, Harrison’s Red Cross branch office had not yet officially opened. In fact, it didn’t even have a telephone.

On call  In stepped Dr. Coats, who offered up her cell phone and instantly became the main contact for Red Cross operations in Harrison. All told, Dr. Coats’ telephone logged 3,000 minutes during the first three weeks following Hurricane Katrina.

“At one point, I was talking on three phones at the same time, trying to get peoples’ help,” said Dr. Coats. “It was just one of those wild and crazy things. But you had to do it. The people needed the help, and you just did it.”

Other duties Dr. Coats has assumed include assisting evacuees in registering with various state and federal aid agencies and dispersing funds to evacuees so that they can buy essential items, like gas.

Helping hands  Dr. Coats also has given free chiropractic adjustments to evacuees and even fellow Red Cross workers. “All you have to do is take your hands with you, and you can help just about anybody,” she said proudly. Although she believes financial contributions will do a lot to speed up relief efforts, she’s not ruling out other types of assistance. “Do something, even if it’s just volunteering time for the Red Cross to answer phones,” said Dr. Coats. “We still need volunteers.”
Generosity and gratitude  One day, Dr. Coats received a call from a woman who was part of a family of 30 that the doctor had assisted. The caller told Dr. Coats that her family wanted to see her one last time before they headed to their new home in Texas. When Dr. Coats caught up with them, they gave her a mum with a card signed by every member of the family and invited her to their going-away party.

“That makes it all worthwhile,” said Dr. Coats, “that somebody is doing well and they're grateful for your efforts.”

Up close and personal Leif Lensgraf, D.C., didn’t have to watch his television on Aug. 30, to see the damage Hurricane Katrina was capable of. He just had to visit his practice.

“We had a huge tree take the corner of a building off,” said the 1993 Palmer Davenport graduate, who surveyed the damage at his Hammond, La., practice the day after the storm. The Category Four hurricane not only knocked out trees all over Hammond, it disrupted the community's electricity and phone service.

On Sept. 1, Dr. Lensgraf and his 13 staff members, including four other D.C.s and one M.D., mobilized to repair and clean the practice. In the meantime, a generator was brought in to supply electricity and, with no phone service, the business got the word out through radio commercials that it would soon be caring for patients again.

Six days after the cleanup began, Dr. Lensgraf’s office re-opened. During his first week back in business, Dr. Lensgraf saw 75% of his patients. A week later, he saw 100% of his patients, along with 40 new ones.

Relief for relief workers With his practice up and running, Dr. Lensgraf headed to New Orleans as part of the organization Scientology Volunteer Ministers, to offer chiropractic care to relief workers, including police officers, sheriffs, and FBI and DEA agents. While an accompanying medical doctor gave tetanus shots, Dr. Lensgraf gave adjustments to more than 300 people.

“Many of the people working down there were working 24/7,” said Dr. Lensgraf. “They would come in looking drawn out. One guy sat down just long enough to say, ‘Hi,’ and literally just fell asleep. He had been working four days, non-stop.”

On-going efforts Three days later, Dr. Lensgraf was back in Hammond, focusing on other ways of assisting relief efforts. In radio spots, he announced his practice would be a drop-off location for the community to bring food, clothing, toys and medical supplies to be delivered to New Orleans. The commercials also mentioned that his office was hiring displaced chiropractors and medical doctors.

For alumni interested in helping out those affected by Hurricanes Katrina and Rita, Dr. Lensgraf suggests they contact local charities within the New Orleans area. ●
On Wednesday, Aug. 24, Palmer’s Davenport campus students, faculty, staff and friends took to the catwalk for a fashion show called “Clinic Attire ... With Style.” It was the kickoff for Palmer Chiropractic Clinic’s SPEAK (Student Patient Education Awareness and Knowledge) program.

Three Quad-City mayors joined in the fun: Charles Brooke of Davenport, Mike Freemire of Bettendorf, Iowa, and Don Welvaert of Moline, Ill.

“Students participating in the SPEAK training program will undergo a rigorous promotions training program,” said Julie Johnson, D.C., Palmer Davenport ’00, SPEAK adviser. “Those completing the program are then qualified to participate in Palmer Chiropractic Clinics’ promotional and patient education events.”

Students were asked for their input on a new student clinic marketing program in February, after which the SPEAK program was launched. Its name was adopted from a similar organization at Palmer West.

“Our goal is to have our three campuses communicate with each other to exchange ideas, support one another and maximize our efforts,” said Dr. Johnson. “The mission of SPEAK is to do everything we can to prepare our students to be able to educate their patients about chiropractic as well as successfully market their practices. We do this by helping polish the students’ public speaking and interpersonal skills as well as by networking with local community and business leaders.”

Palmer Florida event is a slam dunk

Palmer Florida’s new SPEAK marketing club raised $267 with its Dunk-a-Doc event on Sept. 14. Students, staff and faculty voted for the doctors they would most like to see dunked. Topping the list was Dr. Jimi La Rose, M.B.B.S., followed by E.A. Pappagallo, D.C., and Vinnavadi Ravikumar, Ph.D., (pictured here). Four students also went in the tank.

Funds from the event will be used to purchase spinal-screening equipment for SPEAK.
Palmer Florida hosts ChiroGames

Nearly 1,000 athletes from 12 chiropractic colleges converged on Port Orange on Nov. 4 and 5, for the 14th annual Chiropractic Games, hosted by Palmer Florida.

“This not only was the first time Palmer Florida sponsored the ChiroGames, it was also the first time we participated in the games,” noted Student Services Generalist J.R. VanderWall, who coordinated the monumental event.

Parker College of Chiropractic won first place in the overall competition, followed by Palmer College of Chiropractic’s Davenport campus, New York Chiropractic College and Palmer College of Chiropractic’s Florida campus.

ACA meeting: Palmer West and Florida students win elections, awards

Palmer Students were elected to key positions and received a number of awards at the annual meeting of the Student American Chiropractic Association (SACA) in September. The meeting was held concurrently with the ACA House of Delegates meeting, in St. Paul, Minn.

Palmer West’s Julie Kruse was elected SACA national chair. She also received, along with Palmer West student Justin Ross, the Outstanding Service Award.

Eddie Leonard, a student at Palmer Florida, was the sole recipient of the ACA’s Award of Excellence in Leadership. Leonard, as well as Palmer Floridians William Pena and Palmer West’s Kruse and Ross each won $1,000 American Chiropractic Foundation/Auxiliary scholarships, which are based on academics, leadership in the ACA and essays they submitted. An Auxiliary scholarship also went to Palmer West student Jennifer Chen, making Palmer students the recipient of five of the 14 scholarships.

Also during the meeting, Palmer Davenport SACA President Melissa Ovitt was made chair of the newly formed National Community Service Committee.

Under construction:

Watch the new CLRC take shape online

Site preparation work has already begun on Palmer Davenport’s Campus Plaza where the new Chiropractic Learning Resource Center (CLRC) will be located. You can catch each step of the new building’s construction by watching the CLRC Web cam at:

Dr. Miller publishes his “Lessons and Observations”

Jeff Miller, D.C., a prolific writer who has published more than 100 articles in 28 different periodicals, has published his third chiropractic textbook. His latest book, “Practicing Chiropractic: Lessons and Observations from Private Practice,” includes tidbits of collective wisdom and practical knowledge gleaned from Dr. Miller’s years in practice.


Dr. Miller, an assistant professor at Palmer Florida since April, graduated from Palmer College of Chiropractic’s Davenport campus in 1987. He was drawn to chiropractic as a teenager after being diagnosed with rheumatoid arthritis.

A proponent of continuing education, Dr. Miller is a diplomate and fellow in Chiropractic Orthopedics and has received certification in Utilization and Peer Review. He also is a certified strength and conditioning specialist, personal trainer and chiropractic sports physician.

Dr. Barry Sears will be in “The Zone” at symposium

The 5th Symposium on Nutrition and Chiropractic will be held April 22 and 23 at Palmer College of Chiropractic’s Davenport campus. The keynote presentation will be made by Barry Sears, M.D., the creator of The Zone Diet and author of such best-sellers as “The Zone” and “The Omega Rx Zone.”

The symposium will also feature talks by Linda Snetselaar, Ph.D., R.D., from the University of Iowa College of Public Health, and John Morley, M.D., from Saint Louis University School of Medicine. Other highlights of the weekend include vendor exhibits, peer-reviewed presentations and a banquet on Sat., April 22.

To register to attend the symposium, call the Palmer Institute of Professional Advancement at (800) 452-5032 or go to www.palmerinstitute.net.

Palmer mourns Dr. Bhatti

Ifikhar Bhatti, M.S., Ph.D., who served Palmer’s Davenport campus for nearly 30 years, died Thursday, Dec. 22, in Bettendorf, Iowa. Most recently he was dean of Undergraduate Studies, associate director of Research and professor of Anatomy.

Dr. Bhatti, taught at several colleges before joining the Palmer College of Chiropractic faculty in 1976 as an associate professor of Anatomy. He became a professor of Anatomy in 1977 and also served in many administrative roles at the College.

He was a staunch supporter of Palmer College, whose employees and students he considered to be like his family. Dr. Bhatti was a current and founding member of the Palmer President’s Club. His wife, Judy Bhatti, M.S., D.C., is an associate professor in the Undergraduate Studies Department.
A groundbreaking Festival

While predictions of rain forced the final event of Palmer Davenport’s Homecoming 2005 to be moved indoors to the Davenport RiverCenter, the Festival didn’t miss a beat. Nearly 2,000 guests enjoyed a delicious meal, dance music from BBI and a groundbreaking ceremony highlighted by a special musical performance.

A ceremonial groundbreaking for the Chiropractic Learning Resource Center (CLRC), held on the Festival stage, featured remarks from Chief Development Officer Drew Boster, Chief of Alumni Development Mickey Burt, D.C., Palmer Davenport, ’73, and Board of Trustees Chairman Vickie Palmer. Shovel bearers included Palmer faculty, staff and students, as well as Davenport Mayor Charles Brooke.

Other special guests included Palmer administrators, members of the CLRC Advisory Committee and Board of Trustees members. Upon arrival, festival guests received a small flashlight, and the reason for the lights was revealed during the groundbreaking.

Ms. Palmer announced to the crowd that musician Chris Rice would perform his song, “Go Light Your World.” The audience held their lights aloft as Rice sang to his own keyboard accompaniment. Rice was brought to the Quad Cities by the Vickie Anne Palmer Foundation and the World Leadership Institute for a benefit concert that was held the following day.

Capital Campaign Dinner serves up a memorable evening

Palmer alumni, faculty, students and members of the community gathered in the Lyceum Hall Ballroom, Thursday, Aug. 11, for the 2005 Capital Campaign Dinner. According to Chief Development Officer Drew Boster, the event brought in a number of key pledges from alumni and students alike. “The gifts we received will not only help our campaign but help our efforts to deliver quality chiropractic care to the community,” said Boster.

The CLRC held center stage at the dinner as Harley Gilthvedt, D.C., Palmer Davenport ’66, and Viola, his wife, donated $50,000 toward the naming of the center’s new digital radiology suite. Guests were also given the first public showing of the CLRC’s floor plans.

Palmer Davenport Student Council President Ed McCullough announced that the Council was donating $10,000 to the capital campaign. Another $6,300 was donated by the Palmer Davenport Class of 033 and earmarked for the CLRC.

Viola and Harley Gilthvedt, D.C., (center), donated $50,000 for the CLRC digital radiology suite. With them are Board of Trustees member Paul Peterson, D.C., Palmer Davenport ’67, (left) and Vicki Gilthvedt, D.C., Palmer Davenport ’80 (right).

Larry Swank, D.C., M.S., chief academic development officer, spoke to the crowd of 167 about the educational impact the campus’ new clinics will have on its students. Other speakers included Dr. Burt, Vickie Palmer and student McKenzie Reifschneider who
noted that, after witnessing the life-changing effect chiropractic had on two individuals she knew, she changed her course of study from medicine to chiropractic.

Randy Maxwell, former Palmer Davenport Student Council president, and current Palmer Davenport Student Council President Ed McCullough, present a $10,000 check to the capital campaign fund.

President’s Club moves closer to campaign goal

Palmer’s “Building the Future Fountainhead” capital campaign came even closer to reaching its $35-million goal during the President’s Club Reception on Saturday, Aug. 13. The reception, which took place at the Radisson Quad City Plaza in Davenport, gave members of the President’s Club a chance to review floor plans of the new CLRC.

Chief Development Officer Drew Boster, who presided over the event, announced an exciting capital campaign challenge from alumni Maurice Pisciottano, D.C., and Laurel Pisciottano, D.C., both Palmer Davenport ’89. The couple’s contribution of $3 million serves as a challenge to the College to raise the additional $6 million to reach the campaign goal of $35 million.

In addition, Boster announced that Vickie Palmer donated $250,000 toward the purchase of digital radiology equipment for use in the CLRC.

The College appreciates the following members’ generosity:

- Dr. Iftikhar Bhatti
- Dr. Anita Bigo
- Dr. Mickey Burt
- Dr. Anthony Cacioppo
- Dr. Michael Chimes
- Dr. Fred Dehn
- Dr. George Dubbs
- Mr. Kent Forney
- Dr. Harley Gilthveld
- Dr. Roger Hulsebus
- Dr. Molly Jones
- Dr. Randal Jones
- Dr. Charles Keller
- Dr. Eugene Kolenda
- Mr. Robert Lee
- Dr. Carol Malcheff
- Dr. Ian McLean
- Dr. Wesley Mullen
- Ms. Vickie Palmer
- Dr. Paul Peterson
- Dr. Lorene Price
- Dr. Richard Ratliff
- Dr. John Sayers
- Dr. Allen Sipes
- Dr. Larry Stout
- Mr. Thomas Tiemeier
- Dr. Richard Vance
- Dr. Timothy Warren
- Dr. Susan Welsh
- Dr. J. Calvin Wenger
- Dr. Arvin Wilson

President’s Club founding members recognized

Thirty-two founding members of the President’s Club were recognized at a reception during Homecoming 2005. This group of donors has shown loyal support for Palmer College since the inception of the President’s Club 15 years ago. To commemorate their continuing dedication to Palmer College and its mission, the following members were presented with inscribed mahogany desk clocks.

President’s Club members look on as Chief Development Officer Drew Boster holds up one of the commemorative clocks given to President’s Club members who have given 15 years of continuous support to Palmer.

Vickie Palmer (left) with Drs. Maurice Pisciottano and Laurel Pisciottano, who made a $3-million contribution to the capital campaign during the President’s Club Reception.
Founder’s Day celebrated

Faculty, staff and students of Palmer College of Chiropractic’s Davenport campus celebrated Founder’s Day on Tuesday, Sept. 27, as National Boards testing conflicted with the actual date of Sept. 18. The annual observance commemorates the first chiropractic adjustment performed by D.D. Palmer, chiropractic’s founder, on his patient Harvey Lillard on Sept. 18, 1895. Last year marked the 110th anniversary of the founding of the chiropractic profession.

Following a Chiropractic Learning Resource Center groundbreaking photo session in front of the Campus Center, the celebration featured a wreath-laying ceremony at Heritage Wall. After remarks by Palmer Davenport President Donald Kern, D.C., and Palmer Board of Trustees Chairman Vickie Palmer, the great-granddaughter of chiropractic’s founder, a reception was held in Friendship Court. The celebration was covered by local media, including KWQC-TV, WQAD-TV and the Rock Island Argus.

Kennedy receives Laliberte Memorial Scholarship

Palmer Florida’s Student Council presented the first-ever Scott T. Laliberte Memorial Scholarship to Angela Kennedy, president of Class 061 and secretary of the Student Council, in July.

The council founded the scholarship in memory of Scott Laliberte, a Palmer Florida student who died in an automobile accident in September 2004. According to the scholarship requirements, the recipient must have a minimum 3.0 GPA, be in the fifth quarter or above, and “embody a spirit for chiropractic and life and demonstrate an interest and commitment to Palmer Florida and its activities.”
Mary Ann Pruitt, D.C., Palmer Davenport '49, Ft. Worth, Tex., passed away on June 4, 2005, at the age of 75. She began practicing in 1950 at her father’s clinic in Fort Worth, where they worked together for 39 years. As an active member of the Palmer College of Chiropractic International Alumni Association, she was on the board of directors and served as a regional director for six states. Dr. Pruitt was a charter member of the Chiropractic Society of Texas and became its first woman president. For her dedication to the field of specific upper cervical chiropractic, she gained the admiration of patients and peers alike.

Mildred Kimbrough, D.C., Palmer Davenport '59, passed away Aug. 6, 2005, at the age of 75, in Smyrna, Ga. Dr. Kimbrough co-founded and managed the Georgia Children’s Chiropractic Center, which provided free care to mentally and physically handicapped children. At Life University she held various positions including vice president. Dr. Kimbrough was the first female president of the Georgia Chiropractic Association and a founding member and director of the Georgia Chiropractic Council.

H. Ronald Frogley, D.C., Palmer Davenport '61, passed away Oct. 26, 2005, in Providence, Utah, at the age of 81. During World War II, Dr. Frogley received a Silver Star for gallantry in action at Okinawa. After earning bachelor’s and master’s degrees from Brigham Young University in 1948 and 1950, respectively, he served as a special agent with the FBI for seven years. In 1961, he graduated from the Palmer School of Chiropractic and became the first employee hired by then-president Dr. David Palmer, as a neurology instructor. He held various administrative positions at the College, including Dean of Academic Affairs, Vice President, Executive Vice President and Acting Dean of Clinics. In between his two tenures at the College, he ran a full-time practice from 1974 through 1988.

He was named a Fellow in the Palmer Academy of Chiropractic in 1996. In 2000, he retired from Palmer and became Professor Emeritus. Dr. Frogley is survived by his wife, Lee, and their 10 children: Palmer Davenport graduates Drs. Craig, ’75, Colin, ’82, Chris, ’81, Curt, ’93, Scott, ’94, Cory, ’00, Laura, A.S.C.T. ’91; and Ronda, Clark and Debra.

**Davenport Campus**

1920
- Dr. Evert Pennebaker, ’22
  Creston, Iowa

1940
- Dr. Edward Royek, ’40
  Villa Hills, Ky.
- Dr. Theron Olsen, ’41
  Sandy, Utah
- Dr. William Ottaviani, ’41
  Glen Lyon, Pa.
- Dr. J. West, ’42
  Clearwater, Fla.
- Dr. Forrest Reise, ’47
  Macon, Ga.
- Dr. Charles McHenry, ’48
  Pineville, La.

1950
- Dr. Melvin Edgil, ’51
  Bettendorf, Iowa

1960
- Dr. Robert Hintz, ’51
  Burlington, Wis.
- Dr. Edward Uricks, ’51
  Freeport, N.Y.
- Dr. Richard Week, ’51
  Madison, Wis.
- Dr. Raymond Urrillo, ’52
  Stockton, Calif.
- Dr. Hardie Webb Jr., ’54
  Winter Garden, Fla.
- Dr. Henry Zastrow, ’54
  Franklin, Wis.
- Dr. William Stillwell, ’56
  Tacoma, Wash.
- Dr. Hazel Cotney, ’57
  Thomaston, Ga.
- Dr. James Millican, ’57
  Cordova, Tenn.
- Dr. Theodore Scott, ’58
  Siloam Springs, Ark.

1970
- Dr. Louis Werner, ’59
  Watertown, S.D.

1980
- Dr. Jerry Hoover, ’60
  McDonough, Ga.
- Dr. Adolph Layher, ’60
- Dr. John Karcher, ’62
  Memphis, Tenn.
- Dr. Dallas Hynnek, ’62
  Corning, Iowa
- Dr. Dale Murdock, ’67
  Galesburg, Ill.
- Dr. James Shoemaker, ’67
  Spokane, Wash.

1990
- Dr. Robert Daviau, ’70
  Mill Spring, N.C.

2000
- Dr. Lora Kinter, ’01
  Colorado Springs, Colo.
“Elderly Back Pain: Comparing Chiropractic to Medical Care”

AUTHORS: William Meeker, D.C., M.P.H.; Brian Anseeuw, D.C., M.D.; James W. DeVocht, D.C.; Ram Gudavalli, Ph.D.; Maria Hondras, D.C.; Cynthia Long, Ph.D.; Gary Rosenthal, M.D.; and David Wilder, Ph.D.

This is the first randomized clinical trial to examine medical and chiropractic treatment options in sub-acute and chronic low-back pain (LBP) in the elderly. In collaboration with the University of Iowa, this study will compare chiropractic care versus medical care and high-velocity low amplitude manipulation (side-posture adjusting) vs. low-velocity variable amplitude mobilization (flexion-distraction).

The two primary analyses have the potential to inform and improve chiropractic clinical practice for the elderly. Several biomechanical measurements are being used to develop hypotheses on how LBP and adjutative loads affect muscle and joint physiology, especially in the elderly, and could lead to better integration between the basic and clinical sciences in the area of spinal care research.

“Examining Manipulation with a Spine Fixation Model”

AUTHORS: Charles Henderson, D.C., Ph.D.; Tae-Hong Lim, Ph.D.; Gregory D. Cramer, D.C., Ph.D; and Ram Gudavalli, Ph.D.

This is a three-part comparative study to show the biomechanical and histological effects of low-velocity variable amplitude spinal manipulation (LVVA-SM) and high-velocity low amplitude spinal manipulation (HVLA-SM) using a reversible spine fixation model. In addition, preliminary data will be obtained on exploratory and defense behaviors of study rats in response to experimental spine fixation and subsequent LVVA-SM and HVLA-SM treatments.

These studies will permit extension of the researchers’ previous mechanism-based studies in spine fixation and may lead to another application to evaluate treatment variables and subject characteristics that could impact the choice of LVVA-SM or HVLA-SM as a treatment approach. The research is collaborative with the University of Iowa and National University of Health Sciences.

“Effect of Vertebral Loading on Sympathetic Nerve Regulation”

AUTHORS: Joel Pickar, D.C., Ph.D.; Michael J. Kenney, Ph.D.; Charles Henderson, D.C., Ph.D.; Ram Gudavalli, Ph.D; and Cynthia Long, Ph.D.

The long-term goal of this study is to understand the mechanistic interaction between mechanical loads on the spine and autonomic nerve function. From there, information will be extrapolated to examine how sustained mechanical loading of the lumbar spine and spinal manipulation influence sympathetic nerve regulation. There will be three questions investigated in the course of this study: (1) How does the magnitude of a mechanical stimulus applied to the lumbar spine affect sympathetic nerve activity? (2) How do static mechanical stimuli compared with dynamic, cyclic mechanical stimuli affect sympathetic nerve activity? (3) How does spinal manipulation affect the sympathetic nerve activity?

This investigation will add to the knowledge base about these interactions in appendicular tissues and new information will help provide a rational basis for understanding the application of manipulative procedures. This is a collaborative project with Kansas State University.
2006 calendar

february

3  Hockey, Palmer Davenport v. Bradley University, Peoria, Ill.
4  Hockey, Palmer Davenport v. Bradley University, Peoria, Ill.
10 Hockey, Palmer Davenport v. Northern Illinois University, Quad City Sports Center, 7:45 p.m., Davenport
11 Hockey, Palmer Davenport v. Northern Illinois University, Quad City Sports Center, 7:45 p.m., Davenport
24 Palmer Davenport Graduation Convocation, Lyceum Hall, Davenport
24-26 Rugby, Palmer Davenport v. Fort Lauderdale, Fort Lauderdale, Fla.

march

10 Palmer West Graduation Convocation, Santa Clara Convention Center, Santa Clara, Calif.
24 Palmer Florida Graduation Convocation, Bethune-Cookman College Daytona Beach, Fla.
25 Rugby, Palmer Davenport v. Chicago Lions, Chicago, Ill.

april

1  Rugby, Region 3, Crossovers, Credit Island Park, Davenport
8  Rugby, Palmer Davenport v. St. Louis Ramblers, Credit Island Park, Davenport
22-23 5th Symposium on Nutrition and Chiropractic, Palmer Davenport
22-23 Rugby, Region 3, South, Location to be determined

may

6  Rugby, All Iowa, Iowa Falls, Iowa
13-14 Rugby, Sweet 16, Columbia, S.C.

To find out about upcoming ENROLLMENT events, visit:
http://www.palmer.edu/pcc/Enrollment/Reps.htm

To see which DEVELOPMENT activities are taking place in your area, go to:
http://www.palmer.edu/Development/capitalevents.htm

For information on CONTINUING EDUCATION programs, check out:
http://www.palmerinstitute.net/Professional_Enrichment/ProfEnri.htm
Help keep Palmer at the forefront of chiropractic.

The demand for chiropractic continues to grow. With Palmer graduates representing the majority of practicing chiropractors, Palmer College is the leader in the chiropractic profession.

By joining Palmer’s Alumni Student Recruitment Program (ASRP), you can help us to recruit high-quality students and maintain the College’s pre-eminent position in its field. From representing Palmer at career fairs to hosting open houses for prospective students in your own office, ASRP has a number of activities you can participate in.

To find out more about how you can help Palmer continue to graduate the best chiropractors in the world, call ASRP toll-free at (800) 722-3648 and when prompted, press 5. Or e-mail ASRP at jennifer.buckwalter@palmer.edu.