Leading Ladies

Palmer continues its tradition of preparing women leaders in chiropractic
Fall 2007

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Dr. Mabel Palmer, center, is surrounded by, from top left, Drs. Minora Paxson, Helen McKenzie, Nell Williams, Lisa Killinger and Kelli Pearson. They and eight other Palmer women graduates are profiled in this issue.
Over the past two years, members of the College’s Alumni Office have enjoyed visiting with Palmer graduates from around the country—and around the world. Based on the ideas that so many of you have shared with us on these visits, we’re now introducing the Palmer College of Chiropractic Alumni Association.

The platform for the new association comes as a result of a study in which we contacted more than a hundred private and public college alumni associations. This research revealed that most of today’s private college alumni associations are administered by the colleges they represent. In this relationship, all operating costs for the respective associations are covered by the colleges, allowing alumni to participate without paying any dues.

Free and automatic membership is something Palmer alumni have already enjoyed for the past two years. But now the Alumni Office is adding two new components to the alumni association—a board of directors and a series of advisory groups.

To become eligible to serve on either the board or on an advisory group, I encourage you to fill out an Alumni Profile form. You can complete this form online by logging onto www.palmer.edu and visiting the “Getting Involved” page of the Alumni section. Or if you’d like to have a profile mailed to you, call (800) 722-2586, Ext. 3. All profiles are due Dec. 1, 2007.

With so much happening at the College, we invite you to meet with Alumni Office staff while we’re on the road. We can tell you all of the latest developments, including the hiring of Dwight Bailey, Ph.D., to head the new Palmer Center for Business Development. He comes to Palmer with a university background and has experience with owning and operating his own business.

You’ll find a list of the events we’re attending on the Calendar page just inside the back cover. Along with visiting various state associations, we’ll be on hand at the Feb. 7-9, 2008, Parker Seminars in Las Vegas. At last year’s event, Palmer’s reception attracted more than 200 alumni and chiropractors from other schools. Then, from Feb. 23-28, we’ll be taking the Continuing Education cruise, which is a great way to earn credits while enjoying the sun and fun of the Caribbean.

Since 2005, the Alumni Office has done a lot of traveling. We’ve done a lot of listening, too. Yet surprisingly, when we’ve asked some of our alumni for their input, they’ve responded quite humbly, “Why do you want my input?” The answer is simple. Palmer College has been and continues to be a place where its graduates can share their hopes, plans, and, of course, insights.
Efforts to promote recent successes on the Davenport Campus have generated a great deal of positive media attention over the past few months.

On May 27, the *Quad-City Times* of Davenport featured an editorial that focused on Palmer’s commitment to Davenport, specifically to the downtown area, and featured quotes from Chancellor Larry Patten. The article pointed out Palmer’s capital campaign that was successfully completed in June, the new Palmer College of Chiropractic Academic Health Center and plans for the Palmer Center for Business Development as examples of the College’s commitment to growing and investing in Davenport.

Three days later, the *Rock Island Argus/Moline Dispatch*, another Quad-City newspaper, published an article on the Palmer Center for Chiropractic Research’s full-scale federally funded clinical trial on back-related leg pain. Principal Investigator Maria Hondras, D.C., M.P.H., and Executive Director for Research Christine Choate, D.C., Ph.D., were quoted and the article included information on the nature of the study, its funding and collaborative nature as well as the need for local patients to participate. On June 4, the *Quad-City Times* also ran a story about the back-related leg pain clinical trial.

The positive coverage continued following a news conference held June 28, announcing the successful completion of the capital campaign, which exceeded its $35 million fundraising goal, as well as the upcoming opening of the Palmer College of Chiropractic Academic Health Center on July 10. The news conference garnered coverage June 28 on KWQC-TV, WHBF-TV and WQAD-TV, along with articles on June 29 in both the *Quad-City Times* and the Argus/Dispatch.
Florida Governor Crist signs Palmer-sponsored bill

On June 28, Florida Governor Charlie Crist signed a bill originally introduced by Palmer College, that will bring about positive opportunities for the chiropractic profession and the Florida Campus. This new legislation will provide doctors of chiropractic the opportunity to practice on the campus of an accredited college of chiropractic in Florida as part of their teaching responsibilities without a Florida license, provided they have an active and current license to practice in another state.

Previously, in order to teach at the Palmer Chiropractic Clinics on the Florida Campus, a doctor had to be licensed in Florida. With this new law, Palmer now has significantly more opportunities to recruit additional talented and experienced faculty members to the Florida Campus. A second part of the bill, which was suggested by the Florida Chiropractic Association, allows students to sit for licensure in Florida prior to graduation.

Conference draws West Campus alumni and students to Capitol

Around 250 California-based chiropractors and students gathered in Sacramento on May 8 to participate in this year’s California Chiropractic Association Legislative Conference Day and lobby on behalf of the profession. Nearly a quarter of those attending were West Campus students or alumni, marking the sixth year in a row that a large West Campus contingent ventured to the state capitol.

“I think one of the greatest things about our participation is the spirit Palmer College continues to have for this event,” said West Campus Clinical Professor William Updyke, D.C. “Most, if not all, of the credit for that goes to Dr. Gary de Wet. He always fills the bus and deals with issues surrounding getting that many students to Sacramento. It also helps that the administration is supportive of the event.”

Said Dr. de Wet, “Once again, our students nobly served as ambassadors of both the College and the profession. It fills our alumni with pride when they see their alma mater’s participation in this event.”
The theme for this year’s Davenport Campus Homecoming was “Look Inside” and hundreds did just that as they toured the Palmer College of Chiropractic Academic Health Center (AHC) in Pisciottano Hall and attended its dedication. The building’s ribbon-cutting ceremony was held Friday, Aug. 10, and was emceed by Vice Chancellor for Academics Dennis Marchiori, D.C., Davenport ’95.

One of the event’s speakers, AHC Faculty Clinician Ron Boesch, D.C., Davenport ’91, spoke to the crowd about what the new facility means to the College and especially the faculty, saying, “This new facility definitely shows the continued commitment to the faculty, students and the profession. Together, the College and faculty are setting the standards of care, and this facility brings the latest technologies and research to our fingertips so we can do that.”

Staff member Valarie Morrow added, “I am so pleased to be part of this wonderful journey taking place. Not only is this a great journey of endeavor for staff, faculty and students, but for our patients because, after all, the patients are the most important part of this.”

Maurice Pisciottano, D.C., and his wife, Laurel Gretz-Pisciottano, D.C., both Davenport ’89, were the largest alumni contributors and thus namesakes of the building. “I was excited to be a part of this project from the beginning because it represents the future of chiropractic,” said Dr. Maurice Pisciottano, one of the afternoon’s speakers. “The number of people who will be impacted by the students who learn here will number in the hundreds of millions and eventually the billions.”

Other speakers at the ceremony included Davenport Campus President Donald P. Kern, Davenport ’58, Executive Dean for Clinic Affairs Kurt Wood, D.C., Davenport ’79, Davenport Campus Student Council President James Leonette, Chancellor Larry Patten and Palmer Board of Trustees Chairman Vickie A. Palmer. The invocation for the occasion was given by Anita Bigo, D.C., Davenport ’56.

At the end of the ceremony, the speakers as well as Alison Hart, representing Sen. Tom Harkin (D-Iowa), and Dr. Laurel Gretz-Pisciottano, cut the ceremonial ribbon. Guests then went inside the building, where various rooms were dedicated with individual ribbon-cutting ceremonies. A total of 63 rooms have been named thus far by individual donors and groups who made donations of $25,000 and above. A dinner was held Friday to thank the capital campaign contributors who made the building a reality.
Additions to alumni association announced

“By working together, it’s amazing what we can accomplish,” said Executive Director for Alumni Mickey Burt, D.C., Davenport ’73, as he announced new components of the Palmer College of Chiropractic Alumni Association. His presentation followed the Aug. 9 general session in the Lyceum Hall Auditorium.

In his remarks, Dr. Burt described how the Alumni Office had conducted more than two years of research on the alumni associations of more than 100 colleges throughout the U.S., in consultation with the Consortium for the Advancement and Support of Education.

A key finding of this research was that most of the small college alumni associations studied were administered and funded by the colleges they represented. Without having to worry about the costs associated with maintaining an alumni association, these associations didn’t have to charge dues or raise funds to pay administrative costs.

In keeping with this trend, Dr. Burt announced that enrollment in the College’s association would continue to be automatic and dues-free to all alumni, just as it has been since it was originally formed in 2005. New to the alumni association are provisions for a board of directors and a variety of advisory groups.

“The Board and advisory groups will be diverse in nature, including men and women, people from all over the world, graduates from all three campuses and alumni in different stages of their development—from those just starting practice to those leaving practice,” said Dr. Burt.

Accomplishments celebrated at 25- and 50-year reunions

More than a hundred guests gathered in Lyceum Hall’s Gothic Room during Homecoming to celebrate the achievements of the 25-year graduates of Palmer’s Davenport Campus. Among those in attendance were Davenport Campus President Donald Kern, D.C., and Palmer Board of Trustees Chairman Vickie A. Palmer. Karla Buckrop, D.C., Davenport ’82, gave the invocation and the event was emceed by Hossein Hamadanchi, D.C., Davenport ’82.
The late Allen Hobbs, D.C., who passed away last year, was remembered by his wife, Evelyn Hobbs. She and her children presented two scholarships in her husband's name totaling more than $4,700 that was raised by the Class of 1982. Senior Development Officer Lois Kundel then announced that during the recently completed capital campaign, the Class of 1982 had pledged in excess of $31,000, entitling them to have an AHC room named after their class.

On Aug. 10, the Fellows Room in Lyceum Hall was host to the 50-Year Reunion Brunch. Dr. Kern emceed the gathering and Harold T. Barnes, D.C., Davenport '57, gave the invocation and shared his memories with the 70 in attendance.

“After listening to the comments and conversations of the graduates who attended both reunions, I’m amazed at the accomplishments that have been made by these individuals,” said Dr. Burt.

Women’s Mentorship Group Breakfast premiers

New to this year’s Homecoming was the Women’s Mentorship Group Breakfast on Aug. 9. It focused on women’s roles in the chiropractic profession. Alumni, faculty, staff and students shared their experiences and unique challenges of being female chiropractors as well as the importance of being a mentor.

Executive Director for the Palmer Center for Chiropractic Research Christine Choate, D.C., organized the breakfast along with Research Project Coordinator Lori Byrd-Spencer. According to Dr. Choate, the group was formed to help support female Palmer students and graduates take top positions within chiropractic.

“Although the number of women in the profession is increasing,” said Dr. Choate, “we still are not seeing many women in leadership roles, either in chiropractic academics or policy-related positions. We are planning to start a program to mentor women doctors, and this meeting was the first step toward that goal.”

Alumnus is ‘Winged Warrior’ for hospitalized children

Kevin Butterfield, D.C., Davenport ‘91, and his wife, Greta, started a charity tradition years ago with a toy drive in their Connersville, Ind., office for children hospitalized at Riley Hospital for Children, in Indianapolis. That initial effort has grown into a full-blown annual charity event, the Winged Warrior Performance Challenge & Car Show, an automotive performance shootout, car show and spectator event. Winged Warrior III took place May 12, 2007, at O’Reilly Raceway Park in Indianapolis and raised $15,288 for Riley Hospital for Children.

Competitors for the Winged Warrior performance challenge are organized into two teams—Team Import and Team USA—and come from varied backgrounds with many different types of cars, from race prepped to stock. There were more than 450 entrants for the 120 spots available to race at this year’s event, Dr. Butterfield said, and participants included many D.C.s as well as M.D.s, “so it’s a true M.D./D.C. battle for a great cause.”

Dr. Butterfield adds, “I put on my car’s bumper ‘Dr. Butterfield’s Honorary Co-Pilots’ and the kids sign the car and wish us luck. The event is for those kids, and if they are too sick to come and watch, they can be part of the event by signing and ‘blessing’ the car. Parents, siblings and grandparents also sign the car in memory of a child who has passed away, which is very humbling.”

Each year, Winged Warrior draws an average of 5,000 spectators. For more information on the event, go to www.wingedwarrior.net.
Several Palmer College alumni and faculty were appointed executive officers and received special awards at the California Chiropractic Association (CCA) Summer Convention, held June 15-17 at the Paradise Point Resort and Spa in San Diego.

West Campus Clinical Professor William Updyke, D.C., was appointed as the new CCA president. He had previously served as chair of the CCA Department of Governmental Affairs. In accepting his appointment, Dr. Updyke spoke of the seriousness of two proposed state laws that could make it difficult for patients to gain access to chiropractic services and “could also negatively impact the chiropractic scope of practice.”

“I believe that with the continued support from the practicing doctors of chiropractic in California, the continued dedication of the individuals we have working for CCA in Sacramento, and the continued involvement by our student CCA members, we will be able to appropriately deal with this threat,” Dr. Updyke said.

West Campus alumni appointed to CCA Executive Committee positions include Maia James, D.C., ’01, who will serve as chief financial officer, and Robert Dubro, D.C., ’87, who succeeds Dr. James as secretary.

Robert Chatfield, D.C., ’83, received the Thomas N. Truax Award, for showing exceptional dedication to governmental affairs and political action that supports the chiropractic profession. Dr. Chatfield also was one of three doctors to receive a special CCA Presidential Award for meritorious achievement. The Doctor of the Year Award was bestowed on R. Dean Harmon, D.C., ’83, and Robert Martines, D.C., ’89, received the Dr. Robert B. Botterman Award, for doing the most to uphold the image of chiropractic in the community.

The Santa Clara County District received the Outstanding District Award for the district that has made outstanding accomplishments for the chiropractic profession and/or fulfillment of CCA programs for the year. West Campus alumnus David Hatami, D.C., ’94, is president of the Santa Clara CCA chapter.

Palmer’s awards were capped off by Heather Dehn, D.C., Davenport ’94, who received the Distinguished Service Award for performing outstanding service to the community.
More than 100 earn degrees at Davenport Campus graduation

Commencement ceremonies on June 15, in Palmer College’s Lyceum Hall auditorium on the Davenport Campus, marked the graduation of 96 Doctor of Chiropractic, nine Associate of Science in Chiropractic Technology and two Master of Science degree recipients.

Davenport Campus President Donald Kern, D.C., was the commencement speaker. He reminded the graduates that, “Today you graduate from the first, the largest and, I would submit, the most prestigious chiropractic college in the world.” At the conclusion of his remarks and just prior to leading the D.C. graduates in the Chiropractic Oath, he said, “Oaths are but words. It is character, your character, which gives words their meaning. There is no key to success—the door is open.”

Awards were given to two valedictorians: Rebecca Ault, Girard, Ohio; and Tucker Emerson, Fish Creek, Wis. Ann Margrave, Cortland, N.Y., received the Virgil V. Strang Philosophy Award, and Rose Shultz, Platteville, Wis., won the Clinical Excellence Award. The salutatorian was Elizabeth LaFleur, Catlin, Ill.

The John Connolly Memorial Award for scholarship and involvement in Palmer and community organizations was given to Michael Schrad, Eldridge, Iowa. His mother, Julie Schrad, D.C., director of Clinic Capstone Programs for the Palmer Chiropractic Clinics and associate professor, was the Awards Convocation speaker.

West Campus graduates 15 doctors at Summer Commencement

Fifteen West Campus graduates received their Doctor of Chiropractic degrees at ceremonies held Thursday, Sept. 6, in the theater of the Santa Clara Convention Center. Robert Cooperstein, M.A., D.C., director of Technique and Research at the West Campus, presented the commencement address.

Clinical Excellence awards were presented to Debra Bobendrier, Pipestone, Minn., for the Tasman Clinic and to Morgan Young, Duvall, Wash., for the public clinic in Santa Clara. The two clinics have since been consolidated into the Tasman-based facility.

Debra Bobendrier received the Student Fellow award while Nick Savatgy, Kingman, Ariz., received a special award for being a Campus Guide. Plaques went to Debra Bobendrier and Jolene Gagnon, Kent, Wash., for serving as president and secretary, respectively, of the Associated Student Government. Goldi Jacques Maynes, Santa Cruz, Calif., received a special award for serving as president of Sports Council. ●
January 17-19, 2008

Enjoy a three-day program on Palmer College’s beautiful Florida Campus!

- Up to 19 hours of continuing education including Florida requirements
- Networking opportunities at the Lawn Party, President’s Club Reception and Finale Celebration
- Special Programs hosted by the Development Office
- An exhibit hall full of products and services
- A chance to learn about the new Alumni Association

Registration includes meals and refreshment breaks.
For more information, visit www.palmerhomecoming.com or call toll-free (866) 592-3861.

Get on board the CE cruise

Join Palmer College’s Continuing Education (CE) chiropractic cruise event Feb. 23-28, 2008, aboard Royal Caribbean’s Enchantment of the Seas®. You’ll sail from Fort Lauderdale, Fla., to the western Caribbean, with ports of call in Georgetown, Cayman Islands, and Ocho Rios, Jamaica. Guests will also have access to 12 hours of top-quality CE, group dining and an elegant alumni reception. Ocean view cabins start as low as $649 per person. The 12 hours of CE is available for only $149.

For more information, please call the Palmer Continuing Education Department at (800) 452-5032.
Dr. Ralph Schramm, ’64, Guthrie Center, Iowa, retired from practice on April 30. Dr. Andy Allen, ’04, took over effective May 1. Phone: (641) 747-8247, e-mail: schramm2@netins.net.

Robert A. “Buzz” Peterson, ’65, Norton, Kan., was recently appointed by the Norton County Commissioners to serve on the board of directors of the Norton County Hospital for four years. Phone: (785) 877-3263, e-mail: dbuzz@nuraltel.net.

Dr. Jerry Gerrard, ’72, Mesa, Ariz., moved his practice in December 2006 after selling the building in which he’d practiced since November 1978. He is currently the District 16 governor of the American Chiropractic Association Board of Governors. Phone: (480) 834-7992, e-mail: dclw@aol.com.

Dr. Bonnie May, ’74, Colorado Springs, Colo., published her first book “First, Heal the Children” which she’d practiced since November 1978. He is currently an adjunct emeritus professor in Health Science at several educational institutions. Phone: (619) 795-6477, e-mail: vahl@iow.com.

Dr. Maurice Cyr, ’83, Rutland, Vt., has been voted the best chiropractor in her area for the seventh year in a row and was admitted as a Fellow of the International College of Chiropractic. Phone: (802) 775-6961, e-mail: mckinley23@aol.com.

Dr. Daniel Robb, ’83, Monona, Wis., was recently a featured speaker at the University of Wisconsin Hospitals and Clinics in Madison, Wis., where he discussed chiropractic with patients who have Amyotrophic Lateral Sclerosis (ALS), their families and support staff. Phone: (608) 222-7731, e-mail: danielrobbk@aol.com.

Dr. Patricia Bender, ’84, recently opened a new office at 10198 Springfield Pike, Cincinnati, OH 45215. Phone: (513) 772-9065, e-mail: dbenderf@chiropractic4u.com.

Dr. Willa Duree, ’85, Shawnee, Okla., has had his practice in the state of 24,000 feet himself before turning back to 2035 Hogback Rd. Ste. 207, Ann Arbor, MI 48105. Phone: (734) 477-5709, e-mail: dmacaa@comcast.com.

Dr. John Maltby, ’77, Blythe, Calif., was named the 2007 Chiropractor of the Year by the International Chiropractors Association (ICA) at its 81st Annual Meeting in Washington, D.C., on April 28. Dr. Maltby is currently in his second two-year term as president of the ICA.

Dr. Daniel Gentner, ’78, Cadillac, Mich., opened a second part-time office in Okemos, Mich. Phone: (231) 775-6381.

Dr. Bruce Blakely, ’80, San Diego, Calif., and his wife, Pamela, opened their fourth office in the Bronx. His other three offices are in Staten Island, Brooklyn and Queens, N.Y. Phone: (917) 750-5111, e-mail: fjmcd@aol.com.

Dr. Camilla Ferguson, ’92, Beavercreek, Ohio, welcomes daughter Dr. Melanie Cook, ’06, to her practice. Melanie is the family’s fourth generation Palmer graduate. Phone: (937) 429-4445, e-mail: drcamilla@earthlink.net.

Dr. Frank Mandarino, ’91, Pasadena, Md., has opened his fourth office, located in the Bronx. His other three offices are in Staten Island, Brooklyn and Queens, N.Y. Phone: (917) 750-5111, e-mail: fjmcd@aol.com.

Dr. Norbert Gallagher, ’89, Tulsa, Okla., has a second part-time office in Okemos, Mich. Phone: (616) 887-2400, e-mail: docspine@sbgbglobal.net.

Dr. Paul Ewert, ’89, New Hampton, Iowa, and his wife, Jennifer, had a son, Adam, on June 2, 2006. Phone: (641) 394-3039, e-mail: predc@mschisi.com.

Dr. George Freeland, ’89, Sparta, Mich., has been practicing at Ground Valley Health Center for two years and sits on the Ross Medical Schools Advisory Board. Phone: (616) 887-2400, e-mail: docspine@sbgbglobal.net.

Dr. Scott Henrichs, ’91, Butler, Wis., and his wife, Abigale Nicole, in October 2002 and a son, Andrew, in February 2005. Dr. Wendy earned her Pediatric Diplomate in 2005 after being appointed to the Wisconsin Chiropractic Examining Board in 2003. Phone: (715) 362-4852, e-mails: ticchiro@newnorth.net and whenrichs@newnorth.net.

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Dr. Jon T. Saunders, ’92, Sioux Falls, S.D., moved from Sioux City, Iowa, to open Saunders Chiropractic and Decompression Center in January 2007 at 600 S. Sharon Ave., Ste. 5, Sioux Falls, SD 57108. Phone: (605) 977-0736, e-mail: Saundersdc_dx@midconetwork.com.

Dr. Luigi DiRubba, ’93, Cheshire, Conn., and his wife, Anna Marie, had a son, Angelo Antonio, on Jan. 15, 2007. Phone: (203) 272-3239, e-mail: drdribba@snnet.net.

Dr. Scott Henrichs, ’93, and Scott Henrichs, ’93, Rhinelander, Wis., had a daughter, Abigale Nicole, in October 2002 and a son, Andrew, in February 2005. Dr. Wendy earned her Pediatric Diplomate in 2005 after being appointed to the Wisconsin Chiropractic Examining Board in 2003. Phone: (715) 362-4852, e-mails: ticchiro@newnorth.net and whenrichs@newnorth.net.

Dr. Tyler Nelson, ’93, Fayetteville, N.C., recently opened his sixth office with brother Dr. Garry Nelson, ’93. This year they were recognized by Up and Coming Magazine as Fayetteville’s number one chiropractors. Phone: (910) 964-2071, e-mail: tnelson11@nc.rr.com.

Dr. Kim Schmidt, ’93, Ft. Collins, Colo., and her husband, Carl, had a daughter, Eliana Rose, on Feb. 22, 2007. Phone: (970) 204-1391, e-mail: schmidtck@mailaka.net.

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Dr. Jeannie Allshouse Santoro, ’94, South Park, Pa., and her husband, Jeff, adopted a daughter, Jocelyn Alexis, in June 2007. Phone: (412) 381-4422, e-mail: jeannie.santoro@verizon.net.

Dr. Troy Brainard, ’94, Fremont, Neb., had his second son on April 16, 2007. Recently he celebrated his 10th year in office. Dr. Brainard runs a school-to-career shadow program which has already recruited seven students interested in becoming chiropractors. Phone: (402) 727-8668, e-mail: tibrainard@msn.com.

Dr. Michelle McCall, ’94, Princeton, Ill., married Greg Rowley on June 30, 2007. Phone: (815) 879-0835, e-mail: chiro94@msn.com.

Dr. Sean Reif, ’94, Thornton, Colo., participated in the Run the Register skyscraper stair climb with 1,700 runners for the American Lung Association. Dr. Reif’s time for the 47 stories was 11:21. Phone: (303) 452-2678, e-mail: tffchiro@earthlink.net.

Dr. Zoltan Fischer, ’95, Philadelphia, Pa., and his wife, Jeannie, had a daughter, Gabriella Jeannette, on Jan. 11, 2007. Phone: (215) 333-1915, e-mail: drzfolfi@aol.com.

Dr. Mark Meister, ’95, recently moved his practice, Meister Chiropractic, S.C., to 804 Liberty Blvd., Ste. 208, Sun Prairie, WI 53590. Phone: (608) 837-9114, e-mail: dmark79995@gmail.com.

Dr. Robin Jeffrey, ’98, Bowmanville, Ont., Canada, has owned and operated Bowmanville Chiropractic for the last eight years. She and her husband, Lance, had a son, Jack, in 2002, and a daughter, Rhys, in 2004. Phone: (905) 697-5932, e-mail: bowmanvillechiropractic@rogers.com.

Dr. Rodney Lefler, ’98, Neenah, Wash., has joined the Neuroscience Group of Northeast Wisconsin. The group comprises neurology, neurosurgery, physical medicine, anesthesiology/pain management and physical therapy. Phone: (920) 725-9373, e-mail: Rodney.Lefler@neurisciencegroup.com.

Dr. David Otto, ’98, Orange Park, Fla., had a daughter, Kaitlyn Kristen, on June 28, 2007. Phone: (904) 272-6886, e-mail: drdjo@bellsouth.net.

Dr. Lisa Provenza-Tabak, ’98, Canfield, Ohio, and her husband, John Tabak, Jr., gave birth to a son, Anthony John, on April 6, 2007. Phone: (330) 779-0736, e-mail: dcprowens@aol.com.

Dr. Lisa Sadowski-Reid, ’98, Franklin, Wis., and her husband, Dave, had a son, James Alan Reid, on Feb. 16, 2007. She was also nominated and became a finalist for the second time for Business of the Year by the Franklin Chamber of Commerce. Phone: (414) 525-9895, e-mail: cccfranklin@sbcglobal.net.

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Dr. Randal Boivin, ’00, Baldwinsville, NY, and wife, Stephanie, had a son, Drew Randal, on June 6, 2007. Phone: (315) 635-2333, e-mail: randyboivin@yahoo.com.

Dr. Krista Bassett, ’01, Shelby Township, Mich., and her husband, Mark, had a son, Connor Andrew Bassett, on Nov. 15, 2006. Phone: (586) 781-6955, e-mail: Dr. Krista@BassettFamilyChiropractic.com.

Dr. Brian Moravec, ’01, Escanaba, Mich., was recently selected chairman of the Downtown Development Authority Board. Phone: (906) 595-5386, e-mail: brian_moravec@upログon.com.

Dr. Michelle Stalter, ’01, Pittsburgh, Pa., graduated from Arizona College of Osteopathic Medicine-Midwestern University on June 1, 2007. Phone: (480) 951-5386, e-mail: michelle_stalter@hotmail.com.

Dr. Gillian Biggerstaff, ’03, Sioux City, Iowa, had a son, Caiden Michael, on March 29, 2005. Phone: (712) 276-4946, e-mail: DrGillian_wellness@yahoo.com.

Masahiko Matsushita, D.C., L.C.P. (Hon.), ’03, married Asako Watanabe, C.T., ’07, on Sept. 18, 2007, in honor of Founder’s Day, which marks the first chiropractic adjustment ever given. Dr. Matsushita has been a member of the President’s Club since 2003. The couple reside in Arlington Heights, Ill.

Dr. Jason Stuckey, ’03, Janesville, Wis., and his wife had a son, Jameson Tye, on May 6, 2006. Phone: (608) 758-1700, e-mail: stuckeychiropractic@tds.net.

Dr. Curt Buss, ’04, South Elgin, Ill., and his wife, Lisa, had a daughter, Alma Grace, on May 5, 2007. Phone: (847) 289-8282, e-mail: harmonychiro@tds.net.

Dr. Stephanie Clark, ’04, Andalusia, Ill., opened her first clinic within three months of graduating. Phone: (515) 962-0074, e-mail: chriopractictradi-tions@yahoo.com.

Dr. Roma Mouw-Westra, ’04, Allen, Texas, and her husband, Kevin, had a son, Luke Thomas Westra, on August 7, 2006. Phone: (214) 662-5312, e-mail: dmwestra@yahoo.com.

Dr. Tonya Westerbeke, ’04, Zeeland, Mich., opened a practice in August 2006 and was married on Sept. 2, 2006. Phone: (616) 748-0445, e-mail: taw_di@yahoo.com.

Dr. Jennifer Clark, ’05, Peoria, Ill., opened Clark Chiropractic Center, L.L.C. in March 2007. Phone: (309) 692-4704, e-mail: clarkchiroctr@yahoo.com.

Dr. Ann Marie Dahl, ’05, Madison, Wis., and her husband, Alf-Harald, had a son, Thomas, in June 2006. Dr. Dahl also recently purchased a chiropractic practice. Phone: (608) 829-0074, e-mail: dram@dahlfamilychiropractic.com.

Dr. Erika Grushon, ’05, Enon, Ohio, and her husband, Matthew, had a son, Isaac Theodore, on Dec. 6, 2005. Phone: (937) 864-0490, e-mail: egrushon@hotmail.com.

Dr. Nichole Herrick, ’05, Indiana, Iowa, and her husband, Tyrel, had a son, Nicholas, in 2006. Phone: (515) 962-2015, e-mail: chiropractictraditions@yahoo.com.

Dr. Maryann Luxeder, ’05, Clinton, N.C., became an associate at Graybar Chiropractic and Rehabilitation Center in August 2007. Phone: (724) 942-4444, e-mail: diluxe@aol.com.

Drs. Ashley Miller, ’05, and Chad Schwander, ’03, Jefferson, Iowa, were married on Oct. 14, 2006. They opened Jefferson Family Chiropractic on Oct. 23, 2006. Phone: (515) 386-3747, e-mail: jeffamchiro@netins.net.

Dr. Nicole Palmer, ’05, Shelby Township, Mich., and her husband, Kirk, had a son, Brenden Michael, on April 11, 2006. E-mail: nlpalmer77@aol.com.

Dr. Roma Mouw-Westra, ’04, Allen, Texas, and her husband, Kevin, had a son, Luke Thomas Westra, on August 7, 2006. Phone: (214) 662-5312, e-mail: dmwestra@yahoo.com.

Dr. Matthew Jesse, ’04, and Brandi Jesse, C.T., ’04, Wise, Va., had a daughter, Kathryn Jane, in January 2006. Phone: (276) 679-2311, e-mail: dmatthewjesse@aol.com.

Dr. Erin Frankel-Jeansonne, ’06, Durango, Colo., had a son, Ava Grace, on May 21, 2007. Phone: (507) 235-9462, e-mail: nick_helmich@yahoo.com.

Dr. Roma Mouw-Westra, ’04, Allen, Texas, and her husband, Kevin, had a son, Luke Thomas Westra, on August 7, 2006. Phone: (214) 662-5312, e-mail: dmwestra@yahoo.com.

Dr. Torly Westerbeke, ’04, Zeeland, Mich., opened a practice in August 2006 and was married on Sept. 2, 2006. Phone: (616) 748-0445, e-mail: taw_di@yahoo.com.
Drs. Jason King, ’06 and Jessica Melby, ’06, Manassas, Va., opened King Family Chiropractic and Health in March 2007. They were married on Sept. 29, 2007. Phone: (703) 365-2365, e-mail: jking@kingfamilychiropractic.com.

Dr. Lisa Shefchik, ’06, Green Bay, Wis., and her husband, Jeff, had a daughter, Peyton Rae, on Dec. 22, 2006. E-mail: shefchikchiropractic@yahoo.com.

Dr. Mark Giebel, ’07, Mankato, Minn., married Kimberly on May 26, 2007. He recently opened Giebel Chiropractic, L.L.C. Phone: (507) 387-8979, e-mail: markgiebel@yahoo.com.

Dr. Christa Hubbard, ’07, Minot, N.D., recently completed the 300-hour Diplomate in Chiropractic Neurology course at the Carrick Institute for Graduate Studies. Phone: (701) 837-9355, e-mail: drchrista@minotchiropractor.com.

Dr. Luke Willett, ’07, East Moline, Ill., married Janet Rose Maas of Quincy, Ill. on April 14, 2007. Phone: (309) 755-5351, e-mail: lukeawillett@yahoo.com.

Dr. Lori Morris, ’86, New Paltz, N.Y., and her family, performed at Rudolstadt 2007, Germany’s largest folk festival. The family accompanied Dr. Morris’ daughter Sierra’s dance company, which represented the U.S. at the festival. Phone: (845) 255-3175, e-mail: drlorimorris@verizon.net.

Dr. Sherry McAllister, ’96, Calgary, Alta., Canada, completed the Chinook Half Ironman Triathlon held in Calgary on June 23. The annual event raises money for youth charities and other social organizations. Dr. McAllister devoted her fundraising efforts to the American Heart Association in tribute to her brother, Trent, who died at age 37 from a heart attack following problems with atrial fibrillation.

Dr. Allen Sidorsky, ’97, Oviedo, Fla., and his wife, Amanda, had a daughter, Emmalea, on March 27, 2007. Phone: (407) 359-0047, e-mail: alisidorsky@rocketmail.com.

Dr. Kameljit Singh, ’05, Fairfield, Calif., and her husband, Rattandeep, had a daughter, Arman Avani, in March 2006 and opened a new practice in May 2007. Phone: (707) 416-2192, e-mail: kameljit_singh@sbcglobal.net.

Dr. Hollie Whitacre, ’06, DeLand, Fla., and her husband, Rob, had a daughter, Alexis LeeAnn, on Jan. 17, 2007. Phone: (386) 738-0258, e-mail: femchirodoc@yahoo.com.

Made any “adjustments” lately? Keep your College and fellow alumni up-to-date with what’s going on in your life by filling out the following form and sending it to: Editor, Insights, Palmer College of Chiropractic, 1000 Brady Street, Davenport, IA 52803. Or e-mail your information to marketing@palmer.edu.

Name (please print)__________________________________________ Campus_________________________ Class_____________

Business or Home Address_______________________________________________________________________________________

City, State/Province________________________________ Country___________________ ZIP/Postal Code___________________

E-mail Address_______________________________________________________________________________________________

Work Phone_________________________________________ Home Phone_________________________________

Information (practice openings, address changes, births, marriages, appointments, current military service, honors, etc.)

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Thoughts from a longtime supporter—past and present

Eugene Hirsch, D.C., Davenport ’66, Mt. Kisco, N.Y.

Let me get right to the point. I graduated from Palmer College in the fall of 1966 and began practicing in the spring of 1967.

The newspaper notice of my office opening was written to emphasize my education at the oldest, largest and finest chiropractic college in the world. Even though my hometown was a thousand miles from Davenport, I immediately began treating people who recognized the Palmer name.

As my early years in practice progressed I quickly developed a strong sense of affiliation with the College and began attending annual Homecomings. From 1970 to 2004 I missed only two times—once for my 10th wedding anniversary and once when my mother-in-law passed away the morning I was to leave for Iowa.

I joined the Palmer College of Chiropractic International Alumni Association (PCCIAA) first as a regular dues paying member, then as a state officer and finally as Northeast Regional Director.

I thoroughly enjoyed the “Mid-year meetings” in March followed by the Homecoming meetings in August. The comradery experienced both from my Alumni Association membership and interactions with students, faculty and administration made me feel that each visit to the Palmer campus was like coming home!

A serious rift between the Palmer Board of Trustees and the PCCIAA came to a head in 2004. By the spring of 2005, the organization was no longer welcomed on campus. The anger between the two groups made me wonder who was right and who was wrong. Strong voices from within both the Board of Trustees of the College and the association board seemed to widen the gulf to the point of no return. I decided to side with the association and stopped attending Homecoming and supporting the College.

That was two and a half years ago. In the spring of 2007 I felt a desire to rekindle my relationship with the College. My very good friend and chiropractic mentor, Dr. Charles Keller, spoke with me many times about what was occurring on campus. His position as a member of the Board of Trustees and the fact that I’ve known him for the 40 years I’ve been in practice lent great credibility to his comments.

I listened to Dr. Keller and began reading this magazine. By late spring I received the 2007 Homecoming registration packet. After a great deal of introspection I decided I’d like to experience firsthand the changes that had taken place since I was last on the Davenport Campus.

Once on campus I was blown away by the warmth and sincerity of the College’s employees. I purposely interacted with students the entire weekend and sensed their commitment to becoming Palmer graduates. I toured the brand new Academic Health Center and it was then that I felt I had done the right thing by returning.

There is a large number of alumni who were members of the PCCIAA. Except for a few, I think the overwhelming number of alumni who stopped supporting the College still harbor a genuine sense of closeness to Palmer College. I want this letter to serve as a wakeup call to those men and women doctors who have stayed away since 2005. It is definitely time to return home. Our College needs us and wants us back.

Let’s put the recent past behind. Join with Dr. Mickey Burt, our new alumni association director, and get involved again with our alma mater. The Alumni and Development staff at the College, in particular Lois Kundel and Lisa Walden, are some of the nicest and most ardent supporters of the oldest, largest and finest chiropractic college in the world.
Any discussion of chiropractic pioneers has to begin at Palmer College. After all, it was at Palmer that the world’s first chiropractors received their chiropractic degrees. Among those graduates was the world’s first female chiropractor, Minora Paxson, D.C., in 1900.

Since then, female Palmer graduates have recorded numerous other firsts in a variety of areas. The profiles in the following pages highlight just some of Palmer’s many innovators, each a leading lady in her own right.

A look at 14 women Palmer graduates who’ve played key roles in chiropractic

Minora Paxson, D.C. • Davenport 1900

Unlike many professions in the early 20th century, chiropractic counted a sizable number of women among its practitioners, the first of which was Minora Paxson, D.C. After earning her chiropractic degree at D.D. Palmer’s Chiropractic School and Cure in 1900, Dr. Paxson is reputed to have been the first chiropractor to obtain a license under the Illinois Medical Practice Act, which regulated drugless healthcare providers. She then began her career as an educator at D.D.’s second chiropractic college, known as the Palmer Chiropractic School in Santa Barbara, Calif. Dr. Paxson then co-founded the American School of Chiropractic (ASC) in Cedar Rapids, Iowa, with the help of Palmer graduates Oakley Smith, D.C., 1899, and Solon Langworthy, D.C., 1901.

At ASC, Dr. Paxson was the first professor to take chairs on gynecology and obstetrics in a chiropractic school. Then, with Drs. Langworthy and Smith, she co-authored the first chiropractic textbook, “Modernized Chiropractic,” in 1906. Dr. Paxson was also a lecturer on physiology and symptomatology.

Mabel Palmer, D.C. • Davenport 1905

After marrying B.J. Palmer in 1904, Mabel (Heath) Palmer became the first woman in the Palmer family to help chart the course of chiropractic. Following her graduation at the Palmer School of Chiropractic in 1905, Dr. Palmer went to Chicago to study anatomy and wrote the textbook “Chiropractic Anatomy.” Then, as a professor, she would lend her expertise in anatomy to Palmer for nearly 40 years. She also helped support future women chiropractors as the charter president of the first-ever women’s chiropractic organization—Sigma Phi Chi.

Mabel occasionally took a break from her faculty and administrative careers at Palmer by traveling around the world with B.J. to spread the word about chiropractic. Their adventures were covered in the books “Stepping Stones,” which Mabel wrote, and “Around the World with B.J.,” which she co-authored with her husband.

In contrast to B.J.’s somewhat unconventional personality, Mabel would gain the title of “First Lady of Chiropractic” for her diplomacy. Her defining role in the history of Palmer College is recognized by the inclusion of her bronze bust in Heritage Courtyard on the Davenport Campus, next to the busts of B.J., father-in-law D.D. and son, David D. Palmer.
Sylva Ashworth, D.C  ❖  Davenport 1910

Dr. Ashworth helped champion the cause of chiropractic as a founder of the Universal Chiropractors’ Association (UCA)—today’s American Chiropractic Association—which was formed to defend chiropractors from medical prosecution. She also founded the International Chiropractic Congress in 1928 to help chiropractors of various philosophies work together, and the National Chiropractic Association in 1930.

In 1938, Dr. Ashworth was the first woman to be elected a fellow of the International College of Chiropractors, which was created “to promote the philosophy, science and art of chiropractic and to promote the teaching and the study of chiropractic.” One of her children, Rose Ruth Ashworth, D.C., Davenport 1919, would, with husband Carl Cleveland, D.C., Davenport 1917, found Central Chiropractic College—now known as Cleveland Chiropractic College.

Helen McKenzie, D.C  ❖  Davenport 1916

After establishing a practice in Brooklyn, N.Y., Dr. Helen McKenzie moved to Sydney, Australia, where she would become the first woman chiropractic graduate to practice chiropractic in Australia.

Kathryn “Kitty” Scallon, D.C  ❖  Davenport 1926

In 1949, after practicing chiropractic for more than 25 years, Dr. Kitty Scallon and her husband, Michael Scallon, D.C., Davenport 1926, were charged with “practicing medicine without a license,” in New York. Both in their fifties, Michael served a one-year prison sentence while Kitty served six months. Within hours of her release, Kitty started caring for patients again.

The Scallons later joined the American Bureau of Chiropractic, which sought the help of its members’ patients to lobby politicians on the importance of chiropractic. In 1963, the New York Chiropractic Practice Act became law.

Lorraine Golden, D.C  ❖  Davenport 1942

In 1954, Dr. Golden founded the Kentuckiana Center for Education, Health & Research in Louisville, Ky. Now known as the Kentuckiana Children’s Center, the facility offers free educational and rehabilitation services, psychological and family counseling, audiological and dental referrals, and special education to indigent multi-handicapped children. The clinic was established on property that was purchased through the first federal grant given to an organization providing chiropractic services by the U.S. Department of Health, Education and Welfare. In an interview in ICA Review, she said, “I’ve always loved children, and I’ve always wanted to see that they got the very best we have to offer—not just chiropractically but any way at all.”

Lelia Schlabach, D.C  ❖  Davenport 1947

Among her many accomplishments, Dr. Schlabach lobbied for the chiropractic cause in Arizona. At Palmer, she was the first woman named to the first Board of Trustees in 1973 following the passing of Dr. David Palmer. As a Trustee, she submitted a resolution to the Board in 1980 for Palmer to acquire the struggling Northern California College of Chiropractic—now known as the West Campus of Palmer College of Chiropractic. That initiative earned her the title of the “founding mother” of the West Campus by chiropractic historian Joe Keating, Ph.D. She is now in her 60th year of practice.

Nell Kimbrough Williams, D.C  ❖  Davenport 1956

With her husband, Sid Williams, D.C., also a 1956 Palmer graduate, Dr. Nell Williams founded Si-Nel Publishing in 1957 to publish chiropractic brochures, pamphlets and tapes. In 1966, she co-founded Life Foundation, a non-profit organization that supports chiropractic research, education and service on a worldwide basis. With her husband, she founded Life Chiropractic College in
Leading Ladies

Marietta, Ga., in 1974. As a faculty member there, in 1981 she wrote the “Basic Chiropractic Assistant Textbook: Practice Administration and Management.” A charter member of the Georgia Council of Chiropractic, she’s been called “an active and effective proponent of legislation that helped bring chiropractic into the mainstream of public acceptance.”

Mary Ann Chance, D.C., FICC, FACC ❖ Davenport 1959

In 1975, Dr. Chance was appointed to the position of executive officer of the Australian Chiropractors’ Association (ACA). That same year, the premier of Victoria, the state in which she lived, declared that there could be no licensure for chiropractors as long as there were no Australian colleges where they could qualify. The ACA then founded the International College of Chiropractic, which evolved into the current chiropractic program at RMIT University in Melbourne, Australia. Also during her tenure in the ACA, Dr. Chance was part of a team that lobbied for chiropractic legislation throughout Australia, government funding of chiropractic education and health coverage for chiropractic services. She was also a signatory to the Articles of Incorporation of the Australasian Council on Chiropractic Education and the Australian Spinal Research Foundation. Since 1983, Dr. Chance has co-edited the Chiropractic Journal of Australia with her husband, Rolf Peters, D.C., MCSc, FICC, FACC, Davenport 1957.

Maxine McMullen, D.C., R.N. ❖ Davenport 1971

Originally a surgical nurse, the native of Auckland, N.Z., decided to come to the U.S. to become a chiropractor after she found chiropractic offered her relief from a pancreatic condition. As a chiropractor she has devoted much of her career to the area of pediatrics, including her years as a professor at Palmer’s Davenport and Florida campuses, where she was the first woman at a chiropractic college to be named academic dean. An international lecturer on pediatrics, Dr. McMullen has served as vice president of the International Chiropractic Association and founded the ICA’s Pediatric Council. She also created the council’s Diplomate in Pediatrics program, and was one of the first members to earn certification in the program. She has been an editor of the Journal of Clinical Chiropractic Pediatrics since it was first published in 1996.

Bobby Doscher, D.C. ❖ Davenport 1977

Since 1977, when she accepted a position at Oklahaven Children’s Chiropractic Center in Oklahoma City, Dr. Doscher has been helping severely neurologically disorganized children. “Dr. Bobby,” as she is known to her staff and patients, became president/CEO of the Center in 1979, a position which is especially meaningful for her as she wore leg braces the first year of her life. “Chiropractic gave me my health,” she said. In 1986, Dr. Doscher developed Oklahaven on the Move to provide chiropractic care for children around the world through seminars and clinics. Oklahaven is currently marking its 45th year of service, which holds its Have-A-Heart Campaign each February.

Kelli Pearson, D.C., DABCO, FICC ❖ West 1982

In 1992, Dr. Pearson became one of the first three chiropractors in the U.S. to earn an HMO appointment and have staff privileges at Group Health Cooperative, a consumer-governed nonprofit healthcare system. “Back in the early ’80s, it was an unusual dream for a D.C. to want to work with M.D.s,” said Dr. Pearson. “But the tables slowly turned over the next 15 years to the point where D.C.s began to show interest in working with the medical community, both in and outside of the managed care arena. It was fun to break new ground.”

Today, along with operating her own practice, Dr. Pearson has other venues, including a collaborative care clinic with physical therapists, a collaborative care clinic with a sports medicine family physician and a clinic at Gonzaga University in Spokane, Wash, that treats the university’s athletes.
Joan Fallon, D.C., FICCP  ❖  Davenport 1983

Dr. Fallon is recognized internationally as an expert on chiropractic pediatric care, with a master's degree in clinical investigation from Massachusetts General Hospital. A fellow of the International Council on Chiropractic Pediatrics, Dr. Fallon has co-anchored Palmer's postgraduate program on pediatrics and done extensive research into the causes of autism. After discovering a relationship between the lack of protein digestion due to a missing enzyme in children with autism, she received a special commendation from both houses of the New York State legislature and has been issued four patents.

Dr. Fallon is one of the founding members of the International Chiropractic Association's Council on Pediatrics and co-edits its Journal of Clinical Chiropractic Pediatrics. As an author, her work with ear infections in children has been featured in Good Housekeeping, Parents, Parenting, Baby Talk and Autism Digest. She has also written extensively on children with autism, attention deficit disorder (ADD) and attention deficit hyperactivity disorder (ADHD), as well as on chiropractic care for children and pregnant women.

Lisa Killinger, D.C.  ❖  Davenport 1983

Dr. Killinger was the first chiropractor hired, in a chiropractic capacity, by the U.S. government as a consultant to the Health Resources and Services Administration's Chiropractic Program (HRSA) in 1999. She was selected because of her track record of directing and co-directing several HRSA grants and contracts on the topics of geriatrics, interdisciplinary care and education. She currently serves as a governing councilor for the American Public Health Association's Chiropractic Health Care Section after two terms as section chair.

As a professor in and Chair of the Diagnosis and Radiology Department on Palmer's Davenport Campus, Dr. Killinger teaches healthy aging and gender-related health, among other courses. For the chiropractic profession, she has authored and co-authored five book chapters and 30 papers in peer-reviewed journals and made more than 120 presentations at scientific and educational conferences, primarily on health promotion, wellness, and geriatric care. However, when asked to reflect on her achievements, Dr. Killinger said her "most important accomplishment has been raising four children, one of whom is currently a student on Palmer's Davenport Campus.”

"Palmer College can be proud of its women graduates, whose accomplishments run the gamut from academe to social causes to political activism,” said Davenport Campus Professor Glenda Wiese, Ph.D.

"Importantly, eight of these women continue to influence the next generation of women chiropractors to be the best that they can be.”

Dr. Wiese, along with Palmer College’s Director of History Alana Callender, M.S., provided assistance with this article. Both also were contributors to the 1995 book “Chiropractic: An Illustrated History.”
William Wilke, CFA, is a chartered financial analyst (CFA) who received his Bachelor of Science degree in Business Administration in 1962 and a Master of Science degree in Economics in 1966 while at the University of Nebraska-Lincoln. Over the course of his career, he has been a pilot in the U.S. Navy, chief financial officer for the Farm Credit Bank in Wichita, Kan., president and chief executive officer of First Federal Savings Bank of Iowa, chairman of the board of the Mercantile Bank in Davenport, Iowa, and chief investment officer at the First National Bank of Lincoln, Neb. Mr. Wilke serves on several nonprofit boards, including those of DavenportOne, the Adler Foundation and the River Music Experience, all in Davenport, Iowa. He was appointed to the Palmer Board of Trustees in 1998.

Tell us what strengths you bring to the Board?

The particular strengths I bring to the Board are in the areas of finance, banking, investments and management—all of which are critical to the success and mission of the College. Having said that, I must emphasize that I am only one part of a dynamic team. Each Board member brings their own particular skills and strengths to the table. We function as a cohesive body, dedicated to the well-being of Palmer, both now and in the future. We exist to ensure that we send into the healthcare field the finest Doctors of Chiropractic in the world.

What issues in the chiropractic profession concern you most?

The most significant issue to me is to ensure that chiropractic is fully integrated into and a vital part of the healthcare field. The general public must feel confident that chiropractic is an important and essential part of their overall wellness program. It follows that Palmer must provide its students a premier education so that they may become acknowledged as outstanding healthcare providers. While our goal is to maintain our position as the number one chiropractic college in the world, we must work within the chiropractic education profession to establish standards of education and care so as to not diminish the public’s trust of chiropractic.

What is your vision of the three campuses of Palmer College in 25 years?

While we should always honor our past, we must always look to the future. My vision for the next 25 years is that we will continue to be acknowledged as the finest chiropractic college in the world for our excellence in education and research. To paraphrase an unknown author, “Do not look to the past for you will only see where you have been. Instead, look to the future to see where you are going.”

What are your favorite memories of your time with Palmer?

Memories are made each and every day in our lives. It is my hope that there are many great memories yet to come. It may be more correct to comment on some of my most pleasing experiences as a Board member thus far. Chief among these would be working with the Board, observing the passion our students have for chiropractic, combining the various campuses into one college and the ongoing pride and professionalism of our faculty and staff.
Key renovations made to West Campus

Thanks to the hard work of its Institutional Support department, the West Campus has recently undergone extensive renovations that are beneficial not only to students, faculty and staff, but to the patients who visit its refurbished clinic.

For much of its history, the current campus had only two classrooms with windows. Now, with renovations made over the spring and summer recesses, the facility has a total of six classrooms with windows.

“Due to facility limitations, the only remaining space that was available to create new classrooms with windows was in the area occupied by the student clinic,” said West Campus Dean of Academic Affairs Thomas Souza, D.C. “It made sense to make this space available for lecture classes.”

During the Spring Recess, two rooms that had previously housed the student clinic and contained windows were converted into lecture classrooms. Further renovations were then completed over the Summer Recess when two more classrooms with windows were added in the area previously occupied by the Research Lab, which has been relocated to the second floor.

“The first phase of this renovation project required a complex coordination of schedules and people,” Dr. Souza said. “The College would like to acknowledge Director of Institutional Support Scott Tonnesen, for his management and leadership in this project, and Facilities Manager Jorge Tamayo, for his tireless participation. We extend our appreciation to all of the individuals who assisted them in this wonderful change to the West Campus environment.”

Along with new “rooms with a view,” students are benefiting from improvements to the student clinic. Double doors and an observation window were added between two rooms to enhance the clinical experience. Student interns can also take advantage of an expanded intern work area with electrical outlets for laptop computers.

The Clinic—which is a consolidation of the previous campus clinic and the Benton Clinic—has also been improved with new carpeting and an expanded X-ray room in preparation for the new digital radiology equipment which is due to be installed in the Fall Quarter.

Among other improvements, the research area has been expanded, an exercise rehabilitation room has been added and a new video-conference room has been created with a plasma screen display.

New Washington, D.C., office seeks broader federal presence for Palmer

Christine Choate, D.C., Ph.D., is not only leading Palmer’s research efforts, but she also monitors and coordinates government relations activities pertaining to the chiropractic profession as well as Palmer College, and seeks new avenues of funding for chiropractic education and research efforts. She splits her time between Palmer’s Davenport Campus and the College’s new office in Washington, D.C.

“My role is to keep track of national legislative and agency activities that impact chiropractic, understand the potential implications for Palmer and work with other College administrators to coordinate Palmer’s legislative efforts at the national level,” Dr. Choate said. “I’ll also be developing relationships with both elected officials and key federal employees who impact chiropractic and chiropractic education, and creating communication strategies to help keep key Palmer administrators, faculty, staff and students aware of relevant health and education policy issues.”

These efforts will help Dr. Choate accomplish her overall goals for the D.C. office, such as establishing a broader federal presence for Palmer by educating elected officials and federal officials. continued on page 20
government agency representatives about chiropractic and chiropractic policy issues in general, as well as the accomplishments and interests of Palmer in particular. Another goal is to pursue federal funding opportunities for chiropractic education and research, and to work with other chiropractic groups with similar goals to help develop policies that positively impact the chiropractic profession.

Accomplishing these goals will have many benefits for Palmer and the chiropractic profession. “There is the potential to take advantage of existing and future funding opportunities for education and research that have not previously been targeted towards the chiropractic profession,” she added.

“Communicating to key legislators and federal agency officials about the vision and goals of Palmer, in addition to our significant accomplishments in the areas of educational excellence and research, has the potential to open doors to new opportunities for us, as we are seen increasingly as a key player in the healthcare delivery system, as well as a strong educational institution,” said Dr. Choate. “In addition, I believe that alumni will benefit from efforts to directly impact health policy as it relates to chiropractic.”

New Washington, D.C., office, continued from page 19

“Traditional hangouts continue to draw students

Memories of college days aren’t just filled with friends, studies and campus activities. Special places are also a part of the college experience. In the Davenport Campus area, Whitey’s Ice Cream has been a “Quad Cities tradition since 1933.” Alumni who miss the tasty ice cream can have it shipped to their homes via www.whiteysicecream.com.

When it comes to pizza, students are still getting their fill of Happy Joe’s—the inventor of the taco pizza—and Harris Pizza. For refreshments, old favorites continue to pack them in at Rookie’s Sports Bar, the Filling Station, Jack’s and Pat McGuire’s. Newer hotspots include Front Street and Carriage Haus. And Greatest Grains is still offering its large assortment of natural foods.
In San Jose and the surrounding area, **West Campus** students have plenty of options for places to go—before and after class. For a cup of coffee, students stop by Borders Books, Starbucks or Peet’s Coffee & Tea. When dinner rolls around, Pedro’s Restaurant & Cantina, Rosie McCann’s, Saddle Rack, Round Table Pizza, and Dave and Buster’s fit the bill.

With their studies out of the way, many West Campus students like to swim laps at the North Park Apartment’s pool or at Milpitas Sports Center. For outdoor fun, they go to Santa Cruz for its beach and boardwalk.

When **Florida Campus** students aren’t hitting the books, they’re hitting the beach for surf fishing, surfing at the Sunglow Pier, kayaking at the Gamble House or just having a good time. With so much to do, the beach—especially Ponce Inlet—is definitely the most popular hangout in the Port Orange/Daytona Beach area.

For food and fun, students continue to head to Beach Street for favorites like McK's Dublin Station, Pete's Pizzeria, La Fiesta, The North Turn, Red Tails and Avocado Kitchen. But the far and away most popular bar is Mai Tai's. In the summer, students root for the home team—The Daytona Cubs—at Jackie Robinson Ballpark.

*The beaches on both coasts serve up plenty of things to do for West Campus and Florida Campus students.*
First Heritage Endowment Society Founding Members Breakfast held

The first-ever breakfast to honor the founding members of Palmer’s Heritage Endowment Society was held at this year’s Davenport Campus Homecoming. Palmer offers the most student scholarships of any chiropractic college, with 32 states providing state endowed scholarships as well as individuals and families who have established scholarships.

Membership includes those who choose to support the mission of Palmer College of Chiropractic through a gift of cash, stock or securities to the permanent endowment fund, or provide for Palmer College in an estate plan. Endowment funds are invested for the long term, and those investments are used to sustain the College’s academic excellence by supporting student scholarships, outstanding faculty and innovative programs.

“We wanted to kick off our new program and recognize our endowment leaders at Homecoming this year,” said Senior Development Officer Lois Kundel. “Anyone who had given to the endowment or made provisions for Palmer in their will through June 30, 2007, was recognized as a founding member. In the future, anyone who includes Palmer College in their will or estate plan becomes a Heritage Endowment Society member, and those giving $5,000 in cash or $25,000 in deferred funds or more will have their names placed on the Heritage Endowment Wall on Palmer’s Davenport Campus.”

Charitable gift provision available through Dec. 31

Now through the end of the year, there’s a tax-efficient way to give to Palmer College. Under a provision of the Pension Protection Act, if you’re at least 70-and-a-half and taking mandatory distributions from a traditional Individual Retirement Account (IRA) or from a Roth IRA, you can make a tax-free gift to the College through your IRA. This IRA charitable distribution can also satisfy all or part of your required minimum distribution for the year, if you do not want to take a distribution from your IRA.

But don’t wait. This incentive is in effect for the 2007 tax year, requiring that contributions be made by Dec. 31, 2007, with the following restrictions:

- You must be at least 70-and-a-half years of age.
- Total gifts from the IRA cannot exceed $100,000 for 2007.
- You can make these IRA charitable distributions in 2007 only.
- You must instruct your IRA account administrator to make the distribution directly to Palmer College of Chiropractic.
- Only outright charitable gifts are eligible; life-income gifts such as charitable gift annuities do not qualify.

For more information on making an IRA charitable distribution provision, talk to a qualified financial planner. For assistance on how you can lend your support to Palmer, contact Senior Development Officer Lois Kundel toll-free at (800) 722-2586 and at the prompts press 3 and 4. Or e-mail Lois at lois.kundel@palmer.edu.
President’s Club establishes new levels of giving

Palmer College of Chiropractic is the home of chiropractic and the leader in chiropractic education. By joining the President’s Club, Palmer alumni show their support of not only the College but of the future of chiropractic.

Founded in 1990, the President’s Club honors the Palmer presidents who lead the College’s campuses.

Newly established annual giving levels in the President’s Club include the Beacon Circle ($15,000 to $19,999), the Fountainhead Circle ($20,000 to $24,999) and the Sterling Society ($25,000 and up). There are also two annual GOLD (Graduates Of the Last Decade) levels, which include a junior level for one- to four-year graduates ($100 to $499) and a senior level for five- to nine-year graduates ($500 to $999).

“Annual gifts to the College help to strengthen Palmer’s chiropractic programs and the profession,” said Senior Development Officer Karla Johnson. “Palmer graduates the best chiropractors in the world. With expanded opportunities to encourage support from our alumni and friends, we will continue to do so for many, many years.”
Introducing the external link model for studying spine fixation and misalignment: Part II - biomechanical features.


The purpose of this study was to characterize intervertebral stiffness and alignment changes in the external link model. A test-retest design was used to evaluate rats with spine segments linked in three alignment configurations and controls that were never linked. Spine stiffness was measured with a load platform, and flexion/extension misalignment was assessed on lateral radiographs obtained with a spine extension jig. Rats tested with links in place had significantly higher dorsal-to-ventral stiffness in the neutral configuration than rats in the flexed configuration. This difference remained after the links were removed. Stiffness after link removal was greater for longer linked periods. Surprisingly, stiffness after link removal was also greater with longer unlinked periods. Longer linked periods produced greater misalignments during forced spine extension testing. Although link configuration was not a predictor of misalignments, longer times after link removal did produce greater misalignments. This study suggests that the external link model can be a valuable tool for studying the effects of spine fixation and misalignment, two cardinal features of what has been historically described as the chiropractic subluxation. Significant residual stiffness and misalignment remained after the links were removed. The progressive course of this lesion is consistent with subluxation theory and clinical chiropractic experience.

A survey of chiropractors practicing in Germany: practice characteristics, professional reading habits, and attitudes and perceptions toward research.

AUTHORS: Ilke Schwarz, D.C., M.S.; Maria Hondras, D.C.

In 2004, a survey conducted by the European Chiropractor's Union reported that “there appears to be little interest in research among chiropractors in Germany.” However, no research has tested this statement. The objective of this study was to explore the attitudes and perceptions of practicing chiropractors in Germany regarding research, to look at their reading and research habits, and to gather demographic and practice data. A questionnaire was developed and distributed among participants at a seminar held by the German Chiropractors' Association in 2005. A total of 49 (72%) of 68 distributed questionnaires were returned. Forty-five (92%) respondents stated they would support research efforts in Germany and 15 (31%) declared interest in participating in practiced based research. An average of three hours per week were spent reading scientific literature by 44 (85%) respondents. However, few journals listed by respondents were peer-reviewed and indexed. Most participants agreed on the importance of research for the profession, but when asked about the most pressing issue for chiropractic in Germany, legislation and recognition of the profession were the dominant themes. The results of this survey show that there is a general interest in supporting and participating in research activities among chiropractors practicing in Germany. Next steps could consist of educating practitioners about the resources available to read and interpret the scientific literature and thus further the understanding of research.●

Established in 1995, the Palmer Center for Chiropractic Research is situated in the William and Jo Harris Building on Palmer’s Davenport Campus.
November

2-3  Chiropractic Games, Port St. Lucie, Fla.
2     Men’s Hockey, Davenport Campus v. University of Iowa, Davenport
3     Men’s Hockey, Davenport Campus v. University of Iowa, Iowa City, Iowa
3-4   Men’s Rugby, Playoffs, Location to be announced
8-10  The Master’s Circle, Orlando, Fla.
9-10  Men’s Hockey, Davenport Campus v. Missouri State University, Springfield, Mo.
16-17 Men’s Hockey, Davenport Campus v. Northern Illinois University, Davenport
30    West Campus Graduation Convocation, Santa Clara Convention Center, Santa Clara, Calif.

December

7-8   Men’s Hockey, Davenport Campus v. University of Missouri, Davenport
14    Florida Campus Graduation Convocation, News-Journal Center, Daytona Beach, Fla.

January

11-12 Men’s Hockey, Davenport Campus v. Northwestern University, Chicago, Ill.
17-19 Florida Campus Homecoming
18-19 Men’s Hockey, Davenport Campus v. Western Illinois University, Davenport
25-26 Men’s Hockey, Davenport Campus v. McKendree College, Lebanon, Ill.

February

1-2   Men’s Hockey, Davenport Campus v. Southern Illinois University-Edwardsville, Edwardsville, Ill.
7-9   Parker Seminars, Las Vegas, Nev.
15-16 Men’s Hockey, MACHA League Playoffs, Location to be announced
22    Davenport Campus Graduation Convocation, Lyceum Hall
22-24 Men’s Rugby, 32nd Annual International Ruggerfest, Fort Lauderdale, Fla.
23-28 Continuing Education Cruise, departing from and returning to Fort Lauderdale, Fla.

For Development and Enrollment travel schedules, visit www.palmer.edu/calendar.aspx.

For Continuing Education programs, visit www.palmer.edu/ce.aspx.
You can help Palmer College meet the need for quality chiropractic care. Simply call (800) 722-3648 to find out how to recruit top-notch students to our Doctor of Chiropractic (D.C.) program through career fairs, open houses and other activities for prospective students.

Palmer College is also meeting the need for highly qualified chiropractic technologists by being the only institution to offer an Associate of Science in Chiropractic Technology (A.S.C.T.) degree program as well as Chiropractic Office Assistant and Chiropractic Clinical Assistant certificate programs. To refer a student to one of these programs on our Davenport Campus, call the Division of Undergraduate Studies at (800) 722-2586, Ext. 5743.

By referring the best students to Palmer’s D.C. and A.S.C.T. programs, you can ensure that practices everywhere provide the best care—from the front office to the adjusting room.

As the demand grows for chiropractic, so does the demand for Palmer D.C.s and C.T.s.

Because Palmer is Chiropractic