Five Questions About Chiropractic

Is it safe?
- Spine Surgery: 1,800 per 1 million
- Use of NSAIDS/Aspirin: 500 per 1 million
- Prescription Opioid Pain Medications: 153 per 1 million
- Chiropractic Adjustment: <1 per 1 million (about 1 in 5.85 million)

Does it work?
- A majority of U.S. adults think CHIROPRACTORS are effective at treating neck and back pain.
  - Agree Somewhat: 38%
  - Strongly Agree: 23%
  - Disagree Somewhat: 7%
  - Strongly Disagree: 4%
  - Don’t Know/Neutral: 28%

Who goes to chiropractors?
- Over 1/2 of all U.S. adults have seen a chiropractor, and over 1/4 would choose chiropractic care 1st for back or neck pain.

Are chiropractors real doctors?
- Degree Requirements Comparison:
  - Medical Doctor: 4,800 total educational hours
  - Doctor of Osteopathy: 4,665 total educational hours
  - Doctor of Chiropractic: 4,620 total educational hours
  - Doctor of Physical Therapy: 3,870 total educational hours

Can chiropractic help my neck and back pain?
- 57% of adults are likely to see a chiropractor for neck or back pain.
- Given a choice among five types of practitioners, 29% of Americans would most like to see a CHIROPRACTOR first for neck or back pain.

*The Trusted Leader in Chiropractic Education*

Sources available at www.palmer.edu/gallup-report/sources