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COVER
Palmer College and our alumni care for military and veterans in many ways.

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Everyone’s on the Advancement team!

Last fall I was warmly welcomed into the Palmer College community and I’ve been working since then to put together the best Advancement team Palmer has ever seen. That’s one of the changes we’ve made: We’re no longer the Development Office and the Alumni Office but one big, happy family—the Advancement Office. We’re working hand-in-hand, every day, to advance Palmer’s mission.

Our team is working hard to advance Palmer’s mission, but everyone, from our faculty, staff and students to our alumni and friends, is on the Advancement team. All of us should be telling people we interact with every day about Palmer’s mission of excellence in chiropractic education, patient care, research and community engagement. You, me and everyone who cares about Palmer is on the Advancement team!

Having said that, I’m blessed to work with an incredible team of professionals in the Advancement Office. I think the best way to introduce us is in a photo. Check us out above and we look forward to meeting you!

Barbara Melbourne, J.D.
Vice Chancellor for Advancement

FROM LEFT:
Administrative Assistant
Laurie Kruse; Donor
Records Coordinator
Jill Mattingly; Administrative
Assistant Elaina Hammond;
Alumni Assistant Patty
Langum; Executive Director
of Alumni Mickey Burt,
D.C., F.P.A.C.; Development
Coordinator Nicole Rathje;
Director of Advancement
Services Shannon Milton;
Vice Chancellor for
Advancement Barbara
Melbourne, J.D.; Alumni
Coordinator Kristi Clark;
Annual Gift Officer Liz Nolte;
Director of Development
Colbie Andes; and
Executive Director of
Advancement Clare
Thompson, CFRE.
Sharon Gilmore (right) is a military veteran who injured her back during deployment in the Middle East. She was medically discharged in 2015. A friend convinced her to try chiropractic. It helped. But it wasn’t just relief from neck and back pain she experienced.

“I deal with anxiety and depression,” she says. “But since I’ve been coming to Palmer and getting adjusted, and going to the gym and working out, I can honestly say it helps me manage my PTSD (Post Traumatic Stress Disorder) a whole lot better.”

Sharon is a patient at the Palmer Chiropractic Clinics on the Davenport campus through the Military Care Program.

Military families get free care at Palmer Clinics

Since 2008, more than $3 million in free care has been provided to qualified active-duty military personnel, veterans, and their immediate family members through Palmer’s Military Care Program. No other program of its kind exists in the nation.

The Palmer Chiropractic Clinics offer complimentary care for active-duty military personnel and their families without chiropractic benefits, including those in active-duty status with the National Guard or Reserves. Veterans classified as 20 percent or more disabled by the Veteran’s Administration, and their dependents, also are eligible. This program is offered at all three College locations.
PALMER HELPS ACTIVE-DUTY MILITARY AND VETERANS

More than 140 students from all three Palmer campuses have had the opportunity during the past 10 years to care for active-duty military members and veterans in hospital-based, integrated settings.

Palmer’s DoD/VA Student Rotation Program has given students the unique opportunity to provide care—under the supervision of staff chiropractors—to military members and veterans at 24 military hospital or Veterans Affairs (VA) sites throughout the U.S.

“Palmer College is honored to be affiliated with a number of excellent Department of Defense and VA hospitals throughout the country,” says Julie Schrad, M.S., D.C., Davenport ’85, senior director of clinic administration. “When the doctors of chiropractic at DoD and VA hospitals allow our students to participate in their patients’ care it’s a real win for everyone—the patient, the student and the staff chiropractor. Through this opportunity, students have an initial exposure to the rewards and challenges of caring for active-duty military and veterans. As a result, many are interested in pursuing DoD or VA staff positions for their long-term careers.”

Students provide care alongside the staff chiropractor and see patients with multiple complex health issues. Additionally, they have an opportunity to be involved in integrated care by being part of a team of health-care providers who collaborate for the benefit of each patient.

continued ...
Veterans receive full scholarships through Yellow Ribbon Program

Since 2011, through a unique program offered by the U.S. Department of Veterans Affairs, Palmer College of Chiropractic makes it possible for eligible U.S. veterans enrolled or about to enroll at any of Palmer’s three campuses to have up to 100 percent of their out-of-pocket tuition and fees covered for one year. There are 18 students College-wide in the Yellow Ribbon GI Education Enhancement Program, which covers graduate tuition not already provided for by the Post-9/11 GI Bill.

PALMER RESEARCH FOCUSES ON THE MILITARY

The Palmer Center for Chiropractic Research has several projects underway focusing on active-duty military personnel and veterans.

Assessment of Chiropractic Treatment for Low Back Pain, Military Readiness, and Smoking Cessation in Military Active Duty Personnel (ACT I, II, III)

Funding source: Department of Defense
Award amount: $7,500,000
($5,100,000 to Palmer)
Funding period: 2/2011–2/2018

Principal Investigator: Ian D. Coulter, Ph.D., RAND Corporation
Co-principal investigators: Christine Goertz, D.C., Ph.D.; Joan Walter, J.D., P.A., Samueili Institute

Pictured left to right are ACT II study team members Michael Haight, D.C., R.N.; Julie Hartman, D.C., M.S., CCRP; Thomas Jones, D.C.; Darla Freehardt, L.P.N., CCRP; and James DeVocht, D.C., Ph.D., at Fort Campbell, Ky.
ACT is a seven-year study funded by the Department of Defense, comprised of three separate, randomized controlled trials. It’s a collaborative effort between Palmer, RAND Corporation and the Samueli Institute.

Study participants in ACT I were 750 active-duty military members with low-back pain across three military treatment facilities (250 at each site): Naval Medical Center San Diego, Naval Hospital Pensacola and Walter Reed National Military Medical Center. This multi-site study is the largest randomized controlled trial to focus exclusively on chiropractic care. The primary results won the prestigious Scott Haldeman Award for Outstanding Research from the World Federation of Chiropractic (see article on page 23) and a scientific manuscript is in preparation.

ACT II is a unique study to evaluate the effects of spinal manipulation on reaction and response times in members of the U.S. Army Special Operations Forces unit at Blanchfield Army Community Hospital, Ft. Campbell, Ky. Primary results were presented at DC2017.

ACT III examines the effects of chiropractic treatment on strength and balance in active-duty service members with low-back pain at the Naval Hospital in Pensacola, Fla. Recruitment is currently underway for this study.

Collaborative Care for Veterans with Spine Pain and Mental Health Conditions

**Funding source:** National Institutes of Health, National Center for Complementary and Integrative Health  
**Award amount:** $718,000  
**Principal investigator:** Christine Goertz, D.C., Ph.D.

This three-year research-planning grant is a multi-site collaboration between Palmer College, the University of Iowa and the VHA Healthcare Systems in West Haven, Conn., Minneapolis, Minn., and Iowa City, Iowa. Palmer and collaborators are conducting a three-phase study to develop and test integrative-care pathways for veterans with spine pain and mental health co-morbidities. This integrative care pathway has the potential to provide non-drug options for veterans with back and neck pain, increase chiropractors’ awareness of the mental health needs of this population, and standardize the delivery of chiropractic care to veterans across VHA facilities. Care pathways have been developed, and in the next year the feasibility of using these care pathways will be evaluated in a single-arm clinical trial.

In August 2016, the Palmer Chiropractic Clinics and Palmer Center for Chiropractic Research launched a one-year demonstration project to establish an ongoing registry of patient records within the Palmer Clinics. This one-year project is enrolling patients who are active-duty military members, their spouses, and veterans with a 20 percent or greater disability rating.

Investigators will obtain and analyze data from the Palmer Clinics’ electronic health record system, determine long-term recruitment methods and collect monthly outcome data for registry participants. Results will include care utilization data, cost estimates and practice patterns. As of June 1, 2017, 185 participants were enrolled in the registry.
Lance Armstrong, D.C.: willing, able and ready

When Lance Armstrong, D.C., Davenport ’96, walks into the building housing the 45th Medical Group at Patrick Air Force Base in Cocoa Beach, Fla., he signs the log as an American Red Cross volunteer.

“I do whatever is necessary to treat these troops,” he says. For five years, Dr. Armstrong operated out of the physical therapy department two days a week, volunteering as the “unofficial, official base chiropractor.”

A U.S. Air Force veteran, Dr. Armstrong has been on a mission to bring his military and chiropractic careers together. His plan would not only include the recent implementation of chiropractors at certain U.S. military bases, but also include the commissioning of D.C.s as military officers and the deployment of chiropractors in military bases overseas.

“My greatest frustration is we aren’t serving our troops overseas or in duty stations where these injuries are occurring, just after they occur,” he says. “Instead, some patients are receiving chiropractic care years after they were injured.”

He’s only allowed to treat military members who are on active duty. “All of the medical doctors and physical therapists refer patients to me; many have received chiropractic care themselves,” he adds.

Dr. Armstrong recently stopped providing care in the 45th Medical Group building. He figured out that as long as he was providing chiropractic care for free, there would be very little progress toward hiring a paid D.C. assigned to Patrick AFB. “I said I’d give it six months and I’ve been here five years,” he adds. “I think that maybe this hiatus is necessary so we can get this issue back on the radar screen.”

On his last day at Patrick AFB, Dr. Armstrong was surprised by a contingent of base leadership, including the new medical group commander, who arrived to express their thanks and appreciation. He was gratified to hear the commander say “your idea” of Department of Defense D.C.s overseas implementation was being discussed by the Defense Health Agency.

For now he’ll move to the rescue wing hangers with his portable tables, enlist the help of interns from Palmer’s Florida campus, and whenever possible continue to treat “the tip of the spear” with no official title or designation.
Arthur Durham, D.C., serves at Naval Health Clinic Cherry Point

Palmer Proud graduate Arthur J. Durham, D.C., Davenport ’75, is the division head of chiropractic at Naval Health Clinic Cherry Point (NHCCP) in Cherry Point, N.C. He practiced privately from 1973 to 2002.

“After the events of 9/11, I decided to sell my practice and accepted a position with the Department of Defense (DoD) to establish a chiropractic clinic on a Marine Corps base in Cherry Point,” says Dr. Durham.

The clinic was established at Naval Hospital Cherry Point (NHCCP’s original name), located on the Marine Corps Air Station and home of the Harrier jet. Dr. Durham served in the Marine Corps during the Vietnam War. “For me, opening and serving in a chiropractic clinic on a Marine Corps base was the naturally right, Semper Fi task to do,” says Dr. Durham. It opened Jan. 3, 2003, and the patient appointment schedule was full within a couple of months, a pace that continues today.

“We’re considered a specialty clinic, working in a multidisciplinary and integrated setting with orthopedics, podiatry, physical rehab, sports medicine and primary care providers,” says Dr. Durham. “All of our providers and caregivers are combined Naval and civilian personnel, and, in my opinion and clinical judgment, we all work very harmoniously for the benefit of patients. Keeping our warriors in a high state of readiness and peak performance is the primary goal. To this end, my clinic is well-equipped and staffed, and I have diagnostic privileges comparable to all the providers at NHCCP.”

For more than 14 years, Dr. Durham has been “blessed and honored to care for our nation’s finest.” After working hard to get chiropractic care into the DoD and VA since 1975, he’s proud chiropractic care is now a “well-accepted and vital part of the health-care team.” He says “chiropractic care will be expanding in the DoD and VA in the near future,” which will “present opportunities for D.C.s who have a desire to serve active-duty members and veterans.” Current openings for chiropractors in the DoD and VA are listed on USAJobs.com.

For now Dr. Durham is excited about Palmer’s DoD/VA student rotation program beginning with the NHCCP. “I am especially proud that the first chiropractic student to enter the program will be my daughter, Molly Durham.” Molly is set to graduate from the Florida campus in December 2017.
Anthony Lisi, D.C.:
VHA pioneer continues to blaze new trails

In 2004, Anthony Lisi, D.C., West ’96, became the first chiropractor appointed to the medical staff of the Veterans Administration’s Connecticut Healthcare System.

Three years later, Dr. Lisi was named national director of chiropractic services for the Veterans Health Administration, a role in which he oversees all national programmatic issues for chiropractic services in the largest integrated health-care system in the U.S.

In 2014, Dr. Lisi was instrumental in the establishment and implementation of the first federally funded chiropractic residency training program in the VA. The residencies provide chiropractic graduates with advanced clinical training in complex cases, knowledge of hospital practice, policies and procedures, and opportunities to collaborate with other health-care professionals in team care.

“We are proud of Dr. Lisi and his work at VA,” said Dr. Poonam Alaigh, acting undersecretary for Health for Veterans Health Administration. “It is always great to be recognized for your work and especially meaningful when that recognition comes from your peers (see above). When veterans receive care, we believe it is important that we take a holistic approach. Chiropractic care is an important and valuable specialty.”

Dr. Lisi oversees national clinical program and policy matters related to the integration of chiropractic services into the VA health-care system, and serves as chiropractic section chief at the VA Connecticut Healthcare System. VA began providing chiropractic care in 2004 with 26 clinics caring for 4,000 veterans. Since then, it has grown to 80 clinics, offering care to more than 44,000 veterans annually. At VA facilities without in-house chiropractors, veterans are referred to private-sector D.C.s for care.

“I’m very fortunate to collaborate with outstanding colleagues in the VA, and at our chiropractic academic institutions,” Dr. Lisi says. “Together, we’re committed to improving the health of the patients who our trainees will ultimately serve.”
Clare Morgan, D.C.: groundbreaker at Walter Reed National Military Medical Center

“Our family has a motto, ‘Honor what is honorable.’ We have always been grateful to those who serve,” says Clare (Pelkey) Morgan, D.C., West ’85. After graduating from Palmer’s West campus, Dr. Morgan established a private practice in rural central California and then went on to provide chiropractic care within a multidisciplinary medical clinic aiding the region’s underserved population.

Later, after moving to the Washington, D.C., metro area, she had the opportunity to serve our nation’s heroes. In 2012 she became the first woman chiropractor to acquire staff privileges at Walter Reed National Military Medical Center.

“During the dark days of the wars in Afghanistan and Iraq, there was a need waiting to be filled,” she says. “My father served in the Navy, as did my husband, Bill. We have two sons who are currently serving in the military and a daughter who will commission after she graduates from college next year. So I found myself wanting to ‘honor what is honorable.’ Volunteering was a way I could give back for what they, along with so many others, have done for me.”

“The demand for chiropractic care at Walter Reed increased during this heightened time of war,” she adds. “Not only was there a six-week waiting list for an appointment as a new chiropractic patient, but more and more women, especially those coming back from combat zones, were asking for a female chiropractor. I was honored to help fill that need.”

One of the highlights for Dr. Morgan at Walter Reed was having the opportunity to take care of the U.S. Naval Academy football team members. “They loved receiving chiropractic care, and for many of them, this was their introduction to what we do,” she says. “They were enthusiastic about receiving care and always very grateful.”

Caring for members of our nation’s military should be thought of as an honor, she says. “If given the opportunity to treat anyone in this patient population, remember the sacrifices they and their families make. Provide the same care that you would to someone you love. But of course, I think we should do that with all of our patients.”

... more and more women, especially those coming back from combat zones, were asking for a female chiropractor.

Dr. Clare Morgan
Shawn Neff, D.C.: students, patients and doctors benefit at VAMC Martinsburg

“The VA trains more health-care providers than any other entity,” points out Shawn Neff, D.C., Davenport ’03. “This gives our students the opportunity to learn alongside their peers in other professions, and it gives those in other professions, and their students, the opportunity to see how clinically competent chiropractic students are.”

As the staff chiropractor at the Martinsburg, WV, VA Medical Center (VAMC Martinsburg), Dr. Neff’s chiropractic clinic is part of the facility’s Division of Rehab Services and chiropractors are members of the pain team. Dr. Neff is chair of the Pain Management Advisory Council and a member of the VA field advisory committee. That’s in addition to evaluating and treating patients as well as supervising and instructing his students. Dr. Neff’s current student is Rebecca Warnecke, a 9th trimester Davenport campus student.

“My students benefit from a lot of one-on-one coaching and instruction on clinical decision-making and treatment,” Dr. Neff says. “They do research and participate in interdisciplinary rotations, interacting with other types of providers and other health-care trainees and learn to function in a large medical organization as part of a team. I think my program’s placement rate into the residency speaks volumes about the breadth, depth and rigor of the training.”

Warnecke looks forward to the varied types of patient conditions she’ll see during her rotation. “I’m most looking forward to improving both my chiropractic adjusting and overall diagnostic skills in this unique patient setting. The majority of patients have a heavy list of co-morbidities and complex situations that affect their overall care and management.”

“The patients benefit by having a young, enthusiastic student reviewing their care and caring for them,” Dr. Neff says. “The students are always asking questions, which leads me to be constantly learning as well.”

Warnecke has some advice for fellow students considering applying for a student rotation position in this setting. “Having a fantastic GPA doesn’t guarantee anything, and just being a great adjuster isn’t enough either. It’s important to develop social skills, leadership skills and be heavily involved in things that matter to you.”
As a Palmer student, Casey Okamoto, D.C., Davenport ‘15, was urged to pursue a Palmer DoD/VA (Department of Defense/U.S. Department of Veterans Affairs) Student Rotation by a faculty member. “He explained these clerkships were challenging, coveted and their graduates possessed a unique multidisciplinary skill set. It was an easy sale.”

Dr. Okamoto earned an eight-month clerkship with Shawn Neff, D.C., at the VA Medical Center in Martinsburg, WV. “There I further developed my clinical skills, published my first paper, and learned what a pleasure and a privilege it is to serve veterans.”

After this positive experience, Dr. Okamoto looked into the VA chiropractic residency-training program, now in its third year. He applied to all five of the initial residency sites, and was prepared to relocate wherever the training led. “I was offered a residency at the VA Western New York Healthcare System facility in Buffalo, N.Y.

“A resident’s role is multifaceted,” he says. “Residents are trainees, but also researchers, ambassadors for the profession, and most importantly, members of the multidisciplinary health-care team.” Each resident is mentored by senior VA chiropractors who facilitate inter-professional rotations for residents in areas such as orthopedics, behavioral health, physical therapy and rehabilitation medicine, teaching and research.

Their patients benefit in many ways. “The rigors of combat and service-related conditions leave veterans especially affected by chronic musculoskeletal conditions,” Dr. Okamoto says. “As part of the health-care team we provide a non-pharmacologic treatment option, education about the multifaceted nature of chronic pain, as well as advice for living a healthy lifestyle. We are advocates, as are all providers, connecting veterans with the services and resources they need to heal completely.”

Following his residency experience, in July 2016 he was offered his “dream job” as one of two chiropractors practicing within the Minneapolis VA Medical Center’s Comprehensive Pain Center.

“We are advocates ... connecting veterans with the services and resources they need to heal completely.”

“There is so much to do,” Dr. Okamoto says. “I have the infrastructure to do research. I’m involved with the training of medical residents and fellows, and I have a wonderful group of experienced clinicians from which to learn.”
David Paris, D.C.: from hockey standout to veteran care-giver

During his years as a student at Palmer's West campus, David Paris, D.C., West '01, made some memorable saves as the goalie on the Palmer Pride ice-hockey team.

During the 12 years that Dr. Paris has provided chiropractic care for retired U.S. military personnel as a staff doctor at the Veterans Health Administration facility in Redding, Calif., he has saved many patients from developing dependency on pharmaceutical medications—an achievement that brings Dr. Paris an even greater sense of Palmer pride.

“We (chiropractic) were a much-needed, highly underutilized service—and you could make a good case that we still are,” says Dr. Paris. “I’ve been so fortunate to have some of the greatest colleagues that you could ever hope for—and am additionally blessed to have become friends with many along the way.”

The fact that many of his peers and colleagues in the VA system are fellow Palmer grads also fills Dr. Paris with Palmer pride. “A large majority of the D.C.s are Palmer grads, which is no surprise to me, because they seem to be a natural fit into the VA environment,” he says.

“In particular, we’ve been blessed to have Dr. Anthony Lisi, West ’96, as the architect of the VA chiropractic program. His efforts and abilities to navigate the advancement and availability of chiropractic services simply cannot be stated with enough praise.”

Dr. Paris also has high praise for the caliber of the Palmer program. “Based on my experiences with the graduating students who have completed VA rotations in my office, it speaks volumes to the quality of the educational experience that Palmer provides,” says Dr. Paris. His students have included Amanda Dluzniewski, D.C., West ’13, one of the first VA residents.

“I consider myself fortunate to have concluded my Palmer West education by working with one of the finest chiropractic doctors I’ve had the chance to meet,” says Aaron D’Amico, D.C., West ’16, also a Palmer Pride veteran.

“Completing my 13th Quarter field-training assignment in the largest multidisciplinary health organization provided an educational experience of unmeasurable value. I truly appreciate Palmer’s VA/DoD student rotation program, and, in particular, getting to learn from Dr. Paris.”
“Chronic musculoskeletal conditions are an unquestionable clinical issue within the VA (U.S. Dept. of Veterans Affairs),” says Michael Pavalock, D.C., M.P.A., Davenport ’02. “In my opinion, every veteran with a musculoskeletal condition seeking care at a VA facility should receive a thorough evaluation. Chiropractors provide the very best musculoskeletal evaluations available in health care.”

Dr. Pavalock knows the lay of the land in veterans’ health. He’s a practicing chiropractor and a medical center associate chief of staff in the U.S. Department of Veterans Affairs. He’s established chiropractic clinics in two VA facilities. Additionally, he’s served temporary duty assignments at the VHA Office of Congressional and Legislative Affairs in Washington, D.C., and as acting deputy chief of staff in Alabama.

Chiropractors can lead the way in a ‘whole health’ approach to health care. “The competencies of chiropractors have always focused on the whole patient,” Dr. Pavalock says. “It’s what we do. Fully utilizing chiropractors’ competencies can improve the VA system and the health of veterans.”

He also sees where chiropractic is valuable in the VA’s efforts to positively impact chronic pain, opioid abuse and PTSD (Post Traumatic Stress Disorder). “When a patient’s chronic pain is no longer physical it may be tethered to a mental health condition, and the VA has the very best mental health professionals to diagnose and treat such patients.” Chiropractors can help identify potential mental health issues and connect patients to mental health services.

At this time, 14 years after Congress mandated chiropractic care for the VA, 80 VA medical centers have in-house chiropractic care. “I believe the chiropractic profession can do better,” Dr. Pavalock says. “There’s strong clinical and business evidence to support further expansion. A staff chiropractor should be in every VA medical center.”

“Chiropractors love helping veterans. I encourage them to develop relationships with their local Veterans Service Organizations,” he explains. “Disabled American Veterans, the VFW or the American Legion are a few examples. It’s an opportunity for every chiropractor to make an impact on veterans’ health.”
Leonard Feldman, D.C., Davenport '63, had no idea a visit from a supplies salesperson to his Brooklyn, N.Y., clinic would change his life.

“He came to my office with an orthopedic pillow and asked me what I thought about it. I had one of my patients try it. She was delighted with the product but said there were a few things she’d want to change to improve it.”

Dr. Feldman asked his aunt, who used to work in the garment industry, to make a pillow with the specified changes.

“When I showed it to the supplies salesperson, he said, ‘How much are they?’ I asked how much the other pillow was and tacked on 50 cents. He ordered 50 pillows on the spot, then came back in four weeks and ordered 50 more. Another salesperson came and asked to purchase pillows. I realized this was something people really liked.” Dr. Feldman eventually became known as the “pillow king.”

Thus began the business that evolved into PROFOOT®, Inc., which now is second only to Dr. Scholl’s in the footcare product arena. Dr. Feldman is the CEO and his son, Daniel David Feldman, runs the company.

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From his first successful orthopedic pillow, Dr. Feldman added other products and eventually started a mail-order business and then a catalog company, which sold a variety of items, including foot-care products. It eventually grew to employ 150 people and sell hundreds of thousands of products each year.

The foot-care products were the biggest sellers, Dr. Feldman says. “I went to area drugstores to see if they carried footcare products. They didn’t. My idea was to sell products Dr. Scholl’s didn’t sell and market them in ways they didn’t.”

PROFOOT was started 26 years ago and grew rapidly. Today, PROFOOT products are sold in every major drugstore chain in the U.S. and they’re the number-one foot-
care product in Mexico and Latin America. Products include full-length insoles, inserts, and corn, callus and anti-fungal items.

“Dr. Scholl's is a billion-dollar company, but we manage to compete by being fast on our feet and we're willing to take risks they aren't,” Dr. Feldman says. “PROFOOT has become the No. 2 company to Dr. Scholl's in all major markets.”

He's proud the company is still headquartered in Brooklyn. “Brooklyn's been good to us and we want to give back to the community.” He's also committed to giving back to his alma mater. Dr. Feldman is a Palmer Presidents Club member and has given a number of significant gifts to the College. “I've told everyone I meet that my success goes directly back to the training I received at Palmer College. I learned a lot at Palmer and feel I owe them something. I urge my fellow alumni to put Palmer on their list of charitable contributions.”

CONGRATULATIONS, DR. SCHROEDER!

Terry Schroeder, D.C., West ’86, (right) delivered the commencement address at the West campus Winter ’17 commencement in March, and was also presented with a special Alumni Appreciation Award by Campus President William Meeker, D.C. M.P.H., F.P.A.C. (left). Dr. Schroeder was recognized for his “exemplary dedication to advancing Palmer College of Chiropractic as an Olympian in sport and alumnus in practice.”

A six-time Olympian as player and coach of the U.S. men’s national water polo team, he recently published his biography, “Swimming Through Life,” and completed his 24th year as the water polo coach at Pepperdine University—all while practicing full-time at Schroeder Center for Healthy Living in Agoura Hills, Calif. The team of doctors there includes his wife, Lori Bell-Schroeder, D.C., West ’86.
FROM JAPAN TO THE NFL: Dr. Tomo Harada

After working as an associate at SCORE Clinic in San Jose, owned by prominent sports chiropractor Ted Omura, West '94, Dr. Harada opened his own practice, Zero to Hundred Sports Chiropractic in San Jose. His patients included members of the San Jose Earthquakes, the San Jose Sharks—and the San Francisco 49ers.

Dr. Harada developed such a rapport with the 49ers players in his care that they asked team management if a second chiropractor could be added to the sports care staff. Dr. Harada was appointed to the 49ers’ team of sports-care specialists in 2016.

“I knew from the very beginning that I wanted to have a sports-focused practice,” he says. “I searched for the best and highest-quality education in the chiropractic field. All the signs were pointing to Palmer’s West campus in California. It was a big step in my life. I left Japan, and moved to San Jose—and I’m glad I did.”

Dr. Harada says it’s no surprise many of the pro-football teams now have more than one chiropractor on their sports-care staffs. “I would say a large majority of the 49er players are receiving some form of chiropractic care.”

“Many players like to get adjusted before the game,” he says. “With 60 players on the team, it would be impossible for one chiropractor to serve all the players requesting care. Dr. Leahy and I work well with providing care for as many players as we can serve before kick-off.”

Dr. Harada is looking forward to the kick-off of his second season with the team. “I learned a lot during my first season, and am looking forward to this year. Sometimes it seems like a dream—and I’m very grateful.”
Healthy tourists Dr. Luis Rojas and Amber Yash on the Florida campus.

Healthy tourists promote healthy lifestyles

In January 2017, Luis Rojas, D.C., Florida ‘06, and his wife, Amber Yash, LMT, made Palmer’s Florida campus an early stop on their ‘round the world bike tour. They visited with former classmates and experienced all the changes and improvements to the campus.

“We’re so excited to share our adventures of biking around the world,” says Dr. Rojas. “After years of helping others learn how to live a healthier life at our chiropractic and massage therapy practice, Douglas Spine & Rehab in Georgia, we’ve decided to take a leap of faith, sell most of our material possessions, and live bicycling around the world.”

By April, “the healthy tourists” had reached Key West and were preparing to embark for Columbia, South America, where Luis’ father resides. Throughout the trip, the couple visits as many chiropractors as possible and both get adjusted regularly. Their diet is mostly plant-based and they find lodging with friends, fellow chiropractors and others who are enthusiastic about their mission. While exciting and fulfilling, their trip has not been without challenges. On their last day in Miami, Dr. Rojas was hit by a car and broke his arm. “Biking with all those bags is very challenging,” he says. “With a broken arm in a cast it becomes very difficult.”

Their goal is to reach Maine by early June, load up the bikes in a rental truck and drive to Washington State, where they’ll start zig-zagging down the West Coast. “We keep our plans flexible, focused on healthy living and sharing the message with as many people as possible,” adds Dr. Rojas. “Everyone we meet is really open.”

Palmer alum, UCF instructor grooms future D.C.s

“The important task of building the next generation of chiropractors is in our hands,” says Daniel Warner, D.C., Florida ’08. A University of Central Florida (UCF) instructor in the sports and exercise program since 2013, Dr. Warner also owns Summit Chiropractic in Orlando, a five-star rated practice providing a full range of chiropractic care and massage therapy.

At UCF, Dr. Warner has taught kinesiology, biomechanics and injury prevention to future physical and occupational therapists, physical education teachers and chiropractors. In addition to treating patients and teaching at UCF, he prepares future chiropractors by providing shadowing opportunities in his office and free initial visits, where interested students receive a full review of chiropractic and its applications.

“In my experience as an athlete and in my training, I learned a lot about trigger points and reflexes and how injuries relate to body function and pain,” he says. “When students see what chiropractors do, they see how we’re in a position to help people alleviate pain, get stronger and function more normally. That’s what gets them excited about chiropractic as a career.”

This is where Dr. Dan Warner becomes a recruiter. Many of the students who show a serious interest in becoming a chiropractor join Dr. Warner’s “chiro club,” where he facilitates visits to chiropractic colleges and works with students to help them enroll. “I take this role seriously and see it as a way to give back to the college and to the field,” he says. “Of course, about 95 percent of those students end up at Palmer College.” He estimates he’s helped more than two-dozen students enroll at the Florida campus over the last five years.

Dr. Warner cites the diversity of the curriculum, the evidenced-based approach and the ability to teach the triad of art, philosophy and science as making a degree from Palmer most prestigious. But there are other advantages. “It’s easier to recruit from personal experience, and of course being three miles from the beach doesn’t hurt,” he says.
R. Richard Bittner Athletic & Recreation Center, formerly known as the Palmer Alumni Auditorium, features a competition basketball court, pickle ball courts, a mezzanine-level track (the Paul and Donna VanDuyne Jogging Track), an area for group classes, and space for weights and cardio equipment.

“The project is a combination of new construction and renovation to an existing building,” says Jeff Hill, business development manager for Estes Construction. “Near the check-in area on the south side of the facility, a brick wall from the adjacent building is being integrated into the design. The wall formerly against the alley is now a focal point in the lobby.”

“A significant amount of natural light will enter the building from the east, north and west sides, and the exterior finishes will provide a ‘wow factor’ on campus,” Hill says.

Work is underway on the Clinic Gardens and other north campus areas, and exterior renovation has begun in the West Hall Courtyard area. The north campus projects are scheduled for completion later this summer.

FIND A CHIROPRACTOR

Nearly 1,700 patients find a Palmer chiropractor each month using the “Find a Chiropractor” feature on the Palmer website. To ensure prospective patients find you, go to “Find a Chiropractor” listed at the top of every page on www.palmer.edu, then select “Update your information” to make sure your information, including your clinic website, is current. Most patients use the online feature, but those who call the Advancement Office speak to Administrative Assistant Elaina Hammond, pictured here.
Matthew Skalski, D.C., DACBR, assistant clinical professor at Palmer’s West campus, garnered five awards at the 102nd Scientific Assembly and Annual Meeting of the Radiological Society of North America (RSNA).

Dr. Skalski’s awards included:

- Magna Cum Laude: “Graphic Illustration for the Radiologist: An Introduction to Using Original Illustrations in Medical Education” (which also was invited for publication in the journal, *Radiographics*).

- Cum Laude Award: “An Illustrated Guide to Intraspinal Cystic Lesions”

- Cum Laude Award: “Beyond Valley Fever: Imaging of Musculoskeletal Disseminated Coccidioidomycosis”


- Certificate of Merit: “MRI of Chondrosis and Cartilage Repair Surgeries”

Dr. Skalski also designs X-ray-themed artwork.

SVTT DISPLAY CELEBRATES WEST CAMPUS
A new display on Palmer’s West campus celebrates the eight years the Palmer Spine has provided “the backbone” of the Silicon Valley Turkey Trot (SVTT), a Thanksgiving-morning race/walk that’s raised more than $6.5-million for local charities since the inaugural event in 2005.

The Palmer West “Spine” made its debut (above) in the Silicon Valley Turkey Trot in 2009. The event has grown to become a Silicon Valley tradition, with approximately 25,000 participants helping to raise nearly $1 million at the 2016 event. Palmer also is one of the event sponsors, and has earned “Fittest Firm” honors multiple times for having the largest number of registrants in its company size.

Palmer faculty clinicians and interns provide race-day care to participants, and the West campus Associated Student Government organizes an on-campus donation drive to collect non-perishable food items in support of the SVTTs “Can Do Challenge” benefitting the Second Harvest Food Bank.

(Shown left) The Palmer Spine in the 2016 Silicon Valley Turkey Trot.

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The top 6 reasons you should shop at the Palmer Bookstore

1. Palmer pride! Tell the world you’re #PalmerProud from the clothes you wear to your license-plate frame. The Bookstore has everything from portraits and sculptures of the Palmer family members to an oversized vertebral business card and pen holder.

2. Exclusive Palmer apparel. Speaking of clothes, where else are you going to get official Palmer College of Chiropractic apparel? If you want it, we’ve got it.

3. Alumni discount! Palmer alumni get 10 percent off their purchases, plus the

4. Palmer Green Books. Did you know the Palmer Bookstore is the perfect resource for Green Books? Pick them up in person or order them online.

5. Chiropractic office supplies. You can’t just go to your local office supply store to pick up headrest paper, bone models, diagnostic equipment and nervous system charts. But you can get all this and more in the Bookstore!

6. The online Palmer Bookstore. You don’t have to be in Davenport, Port Orange or San Jose to shop. Order online anytime from anywhere at bookstore.palmer.edu.

Florida Clinics “stand down” for veterans

Palmer’s Florida Clinics serve homeless veterans at various Stand Down locations throughout the year. Stand Down events help veterans with a variety of resources and services. Florida Clinic intern Lauren Sullivan is pictured caring for a veteran at the Stand Down held recently at the state capitol in Tallahassee, Fla.
Low-back pain is the most common cause of disability worldwide, but it’s even more prevalent in active-duty military personnel. More than 50 percent of all diagnoses resulting in disability discharges from the military—across all armed services—are due to musculoskeletal conditions. Of these, low-back pain is the most common.

To address this widespread problem, the Palmer Center for Chiropractic Research collaborated with the RAND Corporation and the Samueli Institute to conduct a large-scale, multi-site clinical trial studying the effectiveness of chiropractic care for active-duty military personnel with low-back pain. This study was one of three included as part of a $7.4 million, seven-year grant from the Department of Defense to these three institutions.

This is the largest randomized controlled trial to date focusing exclusively on chiropractic care. “Assessment of chiropractic treatment for active-duty, U.S., military personnel with low back pain: a randomized controlled trial (ACT I)” is completed and currently being prepared for publication. The study included 750 participants across three military treatment facilities in the U.S., and compared 375 participants who received medical care only to 375 who received medical care plus chiropractic care.

This project was awarded the prestigious Scott Haldeman Award for Outstanding Research by the World Federation of Chiropractic at the March 16-18 DC2017 conference in Washington, D.C.

“We’re deeply honored to be recognized by our scientific peers for our research efforts in the military,” said Palmer’s Vice Chancellor for Research and Health Policy and Co-principal Investigator Christine Goertz, D.C., Ph.D., F.P.A.C., who accepted the award on behalf of co-authors Ian Coulter, Ph.D., Joan Walter, J.D., P.A., Cynthia Long, Ph.D., Robert Vining, D.C., Katherine Pohlman, D.C., M.S., and other members of the ACT I team.

The winner of the Scott Haldeman Award for Outstanding Research was selected from all abstracts accepted for platform presentation at the DC2017 conference that haven’t been previously published. The presentations were judged on the content of the abstract and its platform presentation. The researchers will be awarded a $10,000 prize.
Dr. James P. Duggan, ’65, retired in September 2015 after 50 years of practice. Email: shamusduggan@gmail.com.

Dr. Curt Steinberg, ’66, Caspian, Mich., has retired after 49 years of practice. Email: cwsdc@sbcglobal.net.

Dr. Randall Kurtz, ’70, Saint Marys, Pa., has retired after 44 years of practice to spend more time with his family and travel. Email: kurtzdc@yahoo.com.

Dr. Todd Spieles, ’70, St. Marys, Ohio, retired in August 2016 after 43 years in practice. Dr. Spieles’ son, Zachary Spieles, ’05, took over the practice. Phone: (419) 394-4313, email: stmaryschiro@bright.net.

Dr. Richard Laurino, ’71, Abingdon, Md., retired from practice after 35 years. He is now an associate representative for Standard Process in Maryland and Delaware. Phone: (443) 243-3888, email: richdonna@verizon.net.

Dr. John Florek, ’72, Riverview, Mich., retired on Sept. 7, 2016 after 43 years in practice. Dr. Florek was the past vice president of the district 1 Michigan Chiropractic Association. He was also instrumental in organizing Spinal Health Care Month endorsed by the governor of Michigan. Email: jflorek2@yahoo.com.

Dr. Eileen Isom, ’74, Madison, Wis., was listed in “Best of Madison” 2012-2016. Phone: (608) 221-1597, email: drisom@precisiondc.org.

Dr. Lewis Squires, ’74, Scottville, Mich., was reappointed to the Michigan Board of Chiropractic in December 2016 by Michigan Governor Rick Snyder. Dr. Squires’ new term runs through 2020.

Dr. Robert Ernst, ’75, Windsor, Colo., has retired.

Dr. Steve Sanderson, ’75, Graham, Wash., has retired after more than 40 years of Gonstead practice. Email: dcspine24@gmail.com.

Dr. LeRoy Otto, ’76, Lake City, Minn., is president of the FCLB and the Minnesota Board of Chiropractic Examiners. He is also director of the NBCE District II. Phone: (651) 345-3361, email: lfrankie38@yahoo.com.

Dr. R. Tyler Given, ’78, Poway, Calif., sold his practice and retired in August 2016. Dr. Given and his wife are enjoying their four grandchildren and traveling. Phone: (858) 486-1249, email: tygiven@sbcglobal.net.

Dr. Gregg Helms, ’81, Eugene, Ore., serves on the peer review committee for the state board. Email: gregghelms@msn.com.

Dr. Richard Buchanan, ’84, owns Buchanan Chiropractic at 5124 North Henry Blvd., Stockbridge, GA 30281. Phone: (770) 474-6680, email: Buchananchiropracticclinic@gmail.com.

Dr. Joseph E. Miller, ’84, Ocala, Fla., has been transitioning from Michigan to Florida since September 2016. He has retired but is still taking CE classes to keep up his license. Email: millerje2016@gmail.com.

Dr. Douglas Fasick, ’86, Oxford, Pa., is president of the Delaware Chiropractic Services Network. Phone: (610) 932-9061, email: doug@chiropracticservicespa.com.

Dr. Susanne Lynge Rosing, ’86, Denmark, received the Chiropractor of the Year award in Denmark in 2016. She also initiated and co-designed an RCT investigating the effect of spinal manipulation on children with reoccurring headaches. The trial began a year ago and will continue for another year. Email: sl@kiropraktiskcenter.dk.

Dr. Christopher Stucchi, ’86, Tanzania, left full-time practice in 2006 for overseas humanitarian work and loves it. Email: ccstucchi@gmail.com.

Dr. Tim Warren, ’86, Warwick, R.I., has written a new book “Feet, Fork & Fun: How to Fail Your Way to Fitness.” The book as well as others written by Dr. Warren, can be found and purchased on amazon.com. Email: tim@drtimwarren.com.
Dr. Kory Spear, '92, Stillman Valley, Ill. is proud to have served as the Chamber of Commerce president for three years. Email: spearfc@gmail.com.

Dr. Victor Dolan, '93, has been recognized by the New Jersey Chiropractic Council on sports injuries and rehabilitation. He was awarded the Chiropractor of the Year award for 2016. Email: drvictordolan@aol.com.

Drs. Kirk and Sandra Childers, '94, have a new clinic at 2717 Western Bypass #109, Durham, NC 27705. Phone: (919) 493-1940, email: chiropracticuniversity@gmail.com.

Dr. Dan Spencer, '95, Hillsdale, Mich., was named first vice president of the Congress of Chiropractic State Associations in early 2017. Phone: (517) 448-3791, email: drdan@healthchiro.com.

Dr. Dean Ziegler, '95, Allentown, Pa., wrote “Tucker’s Guide to Getting the CDL Medical Card; Maintaining Health & Losing Weight”. His book is available on Amazon. Phone: (610) 432-4401, email: dr_deanz@yahoo.com.

Dr. Julie Bird, '96, Carbondale, Ill., has served on the Illinois Chiropractic Society board since 2001. Phone: (618) 529-5172, email: jandbbird@aol.com.

Dr. Don Roy MacDonald, '97, Edmonton, Alberta, Canada, recently published a book, “The Underdog Curse,” now available on Amazon. He’s been serving patients in Edmonton for the past 19 years. Phone: (780) 439-3444, email: drdon@shaw.ca.

Dr. David Theobald, '97, Mt. Pleasant, S.C., was selected to serve as the chiropractor to the Volvo Cars Open Tennis Tournament. The tournament is the largest women’s only tennis tournament in North America. Phone: (843) 849-3730, email: alaura1@earthlink.net.

Dr. Brian Elwartowski, '98, moved his office, Elwartowski Chiropractic, to 1909 US Hwy. 281 N. Marble Falls, Texas. Phone: (930) 798-9300, email: elwartowski@aol.com.

Dr. Scott Carpenter, '99, faculty clinician at Palmer College’s Davenport campus, was inducted into the Iowa United States Bowling Congress Hall of Fame—for bowling ability—in March 2017 during the 100th Iowa State Bowling Tournament.

Dr. Allen Conrad, '00, North Wales, Pa., is the team chiropractor for the Blackthorn rugby team and is a certified strength and conditioning specialist (CSCS). Phone: (215) 628-2529, email: dr_conrad@msn.com.

Dr. Timothy R. Schmitt, '01, has relocated his practice to 8500 Brooktree Rd., Ste. 140, Wexford, PA 15090, and his wife, Amber Schmitt, is the office manager. Phone: (724) 940-3333, email: schmittdc1@yahoo.com.

Dr. Brenda Holland, '03, Fond Du Lac, Wis., was named second vice president of COCSA.

Drs. Minesh Patel, '03, and Nisha Saggar-Patel, '03, Colonial Heights, Va., own and operate six offices in the Richmond, Va., area. Email: arlyachiropRACTic@yahoo.com.

Dr. Jason Jodoin, '04, Dallas, Texas, is the Dallas Stars youth hockey coach. Phone: (972) 488-9686, email: jasonjodoin@hotmail.com.

Dr. Edward Chun, '05, Champaign, Ill., did a career talk at the University of Illinois. He mentored five students sending three of the five to Palmer College to become D.C.s. Phone: (217) 355-5922, email: champignchniro@gmail.com.

Dr. Zachary Spieles, '05, St. Marys, Ohio, took over his dad’s practice (Dr. Todd Spieles. '70) when he retired in August 2016. Phone: (419) 394-4313.

Dr. Jennifer Rayburn, '06, Grinnell, Iowa, has a second office location at 207 E. Church St. Marshalltown, IA 50158. Phone: (641) 328-1957, email: drjenn1980@yahoo.com.

Dr. Lamar Fox, '08, Rock Springs, Wyo., was named vice president of the Wyoming Chiropractic
Drs. William and Stephanie Perry, '08, moved their office, Bakersfield Family Chiropractic, to 3900 Truxtun Ave., Bakersfield, CA 93309. Phone: (661) 805-1125, email: wperrydc@yahoo.com.

Dr. Brett Crawford, '10, Australia, is working in a group practice. He also runs health-care seminars for patients and the public. Phone: +61363343411, email: brett.crawford@tamarchiropractic.com.au.

Dr. Luke Gibson, '10, 8520 Pinefield Rd., Apex, N.C. 27560, has just opened his own practice after being an associate of a Palmer graduate for five years. Phone: (919) 757-4410.

Dr. Michael Jones, '10, has moved his practice, Jones Chiropractic, from Springfield, Ill., to 1209 N. Main, Suite A, Chatham, IL 62629. Phone: (217) 483-2207, email: drjones103@yahoo.com.

Dr. Raymond Moore, Jr., '11, Las Vegas, Nev., is excited to be featured by the International Association of HealthCare Professionals in their publication Worldwide Leaders in Healthcare. Phone: (702) 243-8100, email: drmoorespine@gmail.com.

Dr. Elizabeth Washak, '11, 1835 Friendly St., Eugene, OR 97402, celebrated one year at her new location in March. Phone: (541) 632-3540, email: drbethwashak@gmail.com.

Dr. Abbey Crouse, '12, Canton, Ohio, is the OSCA district 14 treasurer and assistant district director. She is also on the ACA Rehab Council Symposium Committee. Phone: (330) 494-5533, email: drabbey@powellchiropractic.com.

2010s

Dr. Abby Crouse, '12, Canton, Ohio, is the OSCA district 14 treasurer and assistant district director. She is also on the ACA Rehab Council Symposium Committee. Phone: (330) 494-5533, email: drabbey@powellchiropractic.com.

Dr. Spencer Charlet, '06, was pleased to have his clinic, Active Spine N.C., voted Best Chiropractic Office in Lake Norman N.C. in 2016. Phone: (704) 663-7625.

Dr. David Ackerman, '09, Commack, N.Y., is the founder and president of the L.I.F.E. Alliance (Long Island Fitness Experts). Phone: (631) 499-6018, email: dr.ackerman@theactivechiro.com.

Dr. Matthew Weik, '10, Wilmington, Del., purchased and renovated a 5,200 sq. ft. building in March of 2016. He moved Diamond Sport & Spine Clinic into the first floor in September 2016. Phone: (302) 427-8999, email: weik.matthew@gmail.com.

Dr. Brittany Blake, '14, opened Optimum Performance Chiropractic at 1030 S. Colony Way, Palmer, AK 99645 in February 2016. Phone: (907) 469-0195, email: dr.blake@opchiro.com.

Dr. Loni Neilson, '14, is owner and head chiropractor of In Touch Chiropractic in Portsmouth, N.H. Phone: (603) 501-0645, email: drlonineil@gmail.com.

2000s

Dr. Jerry Mendez, '05, Hackensack, N.J., received his gonstead diplomat and basic certification in CBP. Phone: (201) 965-0534, email: mendezdc@precisionfamilyhealth.com.
Davenport Campus

1940s
Dr. Juanita R. Crowder, '47
Marietta, Ga.
Dr. Laury Munson, '47
Long Beach, Calif.
Dr. Eugene C. David, '48
Lackawanna, N.Y.
Dr. Arthur G. Gaucher, '49
Norwich, Conn
Dr. Leola G. Hatcher, '49
Decatur, Ga.

1950s
Dr. James A. Kelso, '50
Canterbury, N.H.
Dr. Charles E. Spears, '50
Lubbock, Texas
Dr. Robert D. Hurst, '51
Angleton, Texas
Dr. William P. Webb II, '51
Orlando, Fla.
Dr. Ralph P. Gingerich '53
Salem, Ore.
Dr. Paul J. Farrell, '55
Salinas, Calif.
Dr. James E. Canerday, Jr., '56,
Florence, Ala.
Dr. Hazel C. Cotney, '57
Thomaston, Ga.
Dr. Irwin S. Grodner, '58
Pompano Beach, Fla.

1960s
Dr. Jack R. Ogden, '60
Paso Robles, Calif.
Dr. Eugene A. Sultze, '60
Bakersfield, Calif.
Dr. Vernon E. Hanson, '61
Monona, Iowa
Dr. David M. Hensley, '62
Jackson, Mich.
Dr. John M. Kelley, '62
Waterloo, Iowa
Dr. William H. Meredith, '62
Cape Neddick, Maine
Dr. Hewett (Mack) Alden, '64,
Stone Mountain, Ga.
Dr. William H. Cunico, '64
Las Vegas, N.M.
Dr. Richard A. DeSarbo '64
Rocklin, Calif.
Dr. Melanie L. Gramzow, '65
Clinton Township, Mich.
Dr. Herbert L. Babcock, '67
Louisville, Ky.
Dr. C. Gerald St. John, '67
Houston, Mo.

1970s
Dr. Frederick G. Croutworst,
Bernardston, Mass.
Dr. Foy G. Johnson, '74
Deming, N.M.
Dr. Gerald W. Lizer, '74
Eagle River, Ark.
Dr. Edward L. Thomas II, '76
Fort Scott, Kan.
Dr. William A. Zindt, '76
Lakewood, Wash.
Dr. Edward K. Sarver, '79
Hot Springs, Ark.

1980s
Dr. Lawrence L. Jansen, '80
Wichita, Kan.
Dr. William R. Glaccum, '81
Loganville, Ga.
Dr. Troy R. Guthridge, '81
Sigourney, Iowa

Dr. John H. Hackett, '58
Duanesburg, N.Y.
Dr. Carston J. Norelius, '59
Escanaba, Mich.
Dr. Lester J. Turk, '59
Lansing, Mich.

Dr. Walter Williams, '67
Upper Hutt, New Zealand
Dr. Jewel N. Witherbee, '67
Edmonton, Alberta, Canada
Dr. Rodney S. Bisbee, '68
Sheridan, Wyo.
Dr. Edward C. Stevens, '68
Millard, Neb.
Dr. John H. Tallis, '68
Horton, Mich.
Dr. Homer R. Thompson, '68
Springfield, Mo.

Dr. Walter Williams, '67
Upper Hutt, New Zealand
Dr. Jewel N. Witherbee, '67
Edmonton, Alberta, Canada
Dr. Rodney S. Bisbee, '68
Sheridan, Wyo.
Dr. Edward C. Stevens, '68
Millard, Neb.
Dr. John H. Tallis, '68
Horton, Mich.
Dr. Homer R. Thompson, '68
Springfield, Mo.

in memoriam
Dr. Gregg W. Helms, ’81
Eugene, Ore.

Dr. Gregory L. Grant, ’82
Fargo, N.D.

Dr. James G. Moellendorf, ’83, Sturgeon Bay, Wis.

Dr. Karl K. Floser, ’85
Slingerlands, N.Y.

Robin Peters (York), A.S.C.T., ’85
Davenport, Iowa

Dr. Coralee Van Egmond, ’86
Arlington, Va.

Dr. Todd D. Lavengood, ’87
Kokomo, Ind.

Dr. Michael W. Tafreshi, ’87
Syosset, N.Y.

Dr. Gregory R. Lillie, ’88
Pensacola, Fla.

Dr. David A. Orme, ’88
Moline, Ill.

1990s
Dr. Ferdinand Mejilla, ’93
Mississauga, Ontario, Canada

Dr. Walter I. Klepper, ’97
Yorkville, Ill.

Dr. Thomas H. Smith, Jr., ’97
Swartz Creek, Mich.

Dr. Jeffrey M. Snyder, ’97
Chillicothe, Ohio

Dr. Todd A. Wilson, ’99
Charlotte, N.C.

2000s
Dr. Thomas A. Welch, ’01
Springfield, Mass.

Dr. Steven K. Choy, ’02
Galloway, Ohio

Dr. Robert D. Tallman, ’02
Bettendorf, Iowa

West Campus

Dr. Carol Shinmoto, ’89
Sunnyvale, Calif.

West campus student
Joshua S. Jagirdar passed away in February 2017.

Made any “adjustments” lately? Simply fill out this form and mail it to Insights, Palmer College of Chiropractic, 1000 Brady Street, Davenport, IA 52803; or fax it to (563) 884-5393. You can also email your information to marketing@palmer.edu. Or go to palmer.edu/insights and click on “Alumni Adjustments.” For official name change requests on Palmer College of Chiropractic records, please complete the name change request form at www.palmer.edu (search for “name change”) or contact the Registrar’s Office at (563) 884-5685.

Name (please print) ___________________________________________ Campus ___________ Class ___________

Business or Home Address _________________________________________________

City, State/Province ________________________________ Country ____________ ZIP/Postal Code _________________

Email Address __________________________________________________________

Work Phone ________________________________ Home Phone ________________________________

Information (practice openings, address changes, births, marriages, appointments, current military service, honors, etc.)

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Mr. Shilo Harris, wounded veteran and author of “Steel Will”
Dennis Marchiori, D.C., Ph.D., Chancellor and CEO
Mr. Tom Rath, author of six influential best-sellers
Alan Sokoloff, D.C., DACBSP®, renowned sports chiropractor
Dan Weinert, D.C., Ph.D., College Provost

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JOIN PALMER NEXT MARCH FOR A CARIBBEAN CRUISE

Don’t miss our seven-night cruise March 3-10, 2018, on a Holland America cruise ship departing from Ft. Lauderdale, Fla., with ports of call in Key West; Grand Turk, Turks and Caicos; Amber Cove, Dominican Republic; and Half Moon Cay, Bahamas.

Contact Tami Dickinson at tdickinson@shortstravel.com or (563) 285-8663 for travel bookings. Cabins are limited, so call today.

Twelve CE hours will be provided by Tracey Littrell, D.C., DACBR, DACO, CCSP®, on “Diagnostic Diversity: Combining History, Orthopedic and Neurological Examination, and Diagnostic Imaging.” Dr. Littrell is associate professor of Diagnosis and Radiology at Palmer.

Questions? Contact the Advancement Office at alumni@palmer.edu or (800) 722-2586