

Topics Covered in the Palmer Curriculum



Palmer College of Chiropractic offers a comprehensive education that covers a wide range of core skills, techniques and competencies that you'll need throughout your chiropractic career. We give you the opportunity to not only receive the knowledge and skill-sets that're necessary for professional success, but hands-on experience and support to enrich your educational experience. The checklist below provides a broad overview of the topics that're covered by our highly-skilled team of accomplished instructors.

CORE COMPETENCIES

These courses are the foundation of our chiropractic school curriculum, which explores the basic sciences, chiropractic techniques and philosophy, and business management. We strive to offer each of our students the tools and information they need to provide the best possible care to their patients, as well as manage a thriving chiropractic practice. The Doctor of Chiropractic program centers on 14 key areas of clinical core competencies, which are set forth by the Council of Chiropractic Education (CCE), in addition to 6 areas that we believe are vital for your professional training.

Some of the core competencies that you'll find in our curriculum include: *Anatomy, Clinical Enrichment/Electives, Chiropractic Procedures, Clinic, Diagnosis, Microbiology and Pathology, Philosophy and Practice, Physiology, and Specialties (which varies based upon your specific area of study)*. Keep in mind that each of these subjects includes a number of different courses that fall under its purview. For example, Anatomy includes Gross Anatomy, Neuroanatomy, Embryology, and a wide range of other coursework.

CCE META-COMPETENCIES

These are mandatory skill sets that have been identified by The Council on Chiropractic Education. Meta-competencies are an essential part of your training as a chiropractor, and all graduates must be able to demonstrate that they've developed these skills to successfully complete their primary care chiropractic education.

CCE meta-competencies vary slightly by location. However, this area of our curriculum typically includes: *Assessment and Diagnosis, Management Plan, Health Promotion and Disease Prevention, Communication and Record Keeping, Professional Ethics and Jurisprudence, Information and Technology Literacy, and Intellectual & Professional Development*.

Chiropractors have the rare opportunity to help patients who're in pain and dramatically improve their quality of life. However, to offer them the care they deserve, future chiropractors must master specific skill sets and competencies. At Palmer College, we make it our mission to offer you the training and techniques that're necessary to ensure a high level of professional and clinical competency.

CCE COMPONENT SKILLS

Palmer students also receive the CCE component skills they need to carry out their meta-competencies. Each skill set that's covered in the curriculum is paired with a cognitive, affective, and psychomotor component, so that students are able to actually apply the knowledge they've learned in their chiropractic practice.

Every student is offered the opportunity to learn skills that pertain to their specialty. Here are some of the CCE component skills that are included in the Palmer curriculum: *Patient History Taking, Physical Examination of Patients, Neuromusculoskeletal Examination, Psychosocial Assessment, Diagnostic Studies, Diagnosis or Clinical Impression, Case Management, Adjusting Competencies, Emergency Care Competencies, Case Follow-up and Review, Record Keeping, Doctor-Patient Relationships, Professional Issues, Wellness and Public Health, Ethics and Integrity, Non-adjustive Therapeutic Procedures, Nutrition, Patient Education, Business Management Issues, Chiropractic History and Philosophy, and Information Literacy*.

ELECTIVE TECHNIQUES (OFFERED IN THE "PALMER PACKAGE")

In addition to the core competencies and meta-competencies, the Palmer College curriculum includes elective techniques, which are known as the "Palmer Package". This group of robust techniques comes with extremely comprehensive training. We understand that each of our students must be able to navigate a wide range of clinical situations after graduating in order to give patients quality care.

For this very reason, we offer instruction for techniques that go beyond the normal scope, but may become an integral part of your patient practice. Some of the elective techniques that our curriculum covers are: *Activator Methods, Advanced Soft Tissue, Craniosacral, Flexion Distraction, Gonstead, Sacro Occipital Technique (SOT), Sports Chiropractic I, Thompson-Terminal Point, and Upper Cervical*. Most chiropractic colleges offer these techniques in informal club settings, but at Palmer students receive formal instruction and supervised clinical training from licensed instructors.



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College of Chiropractic