

# HISTORY OF PALMER COLLEGE

The history of chiropractic goes hand in hand with the history of its founding school, Palmer College of Chiropractic. Although restoring spinal health has been in existence for thousands of years, the first chiropractic adjustment started when D.D. Palmer believed he could help people by correcting spinal misalignments and restoring proper function to the nervous system, helping the body to heal naturally.

## A CHIROPRACTIC TIMELINE

