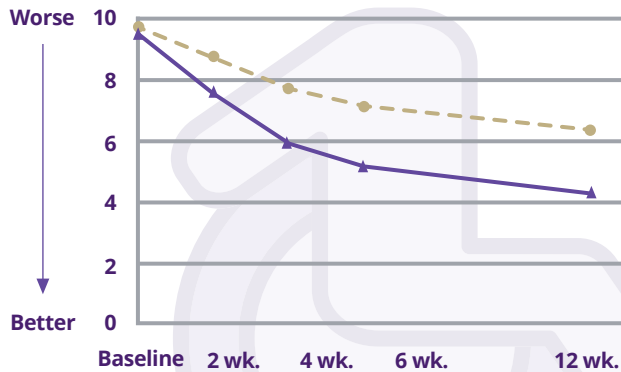


Adding chiropractic care

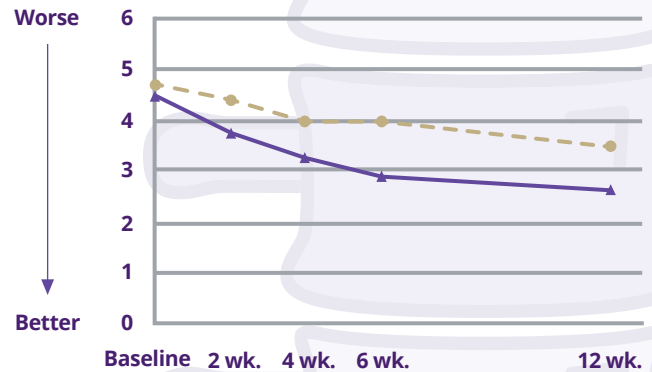
to usual medical care (UMC) provides greater relief for low-back pain than UMC alone



Decreased low-back pain **disability**.



Decreased low-back pain **intensity**.



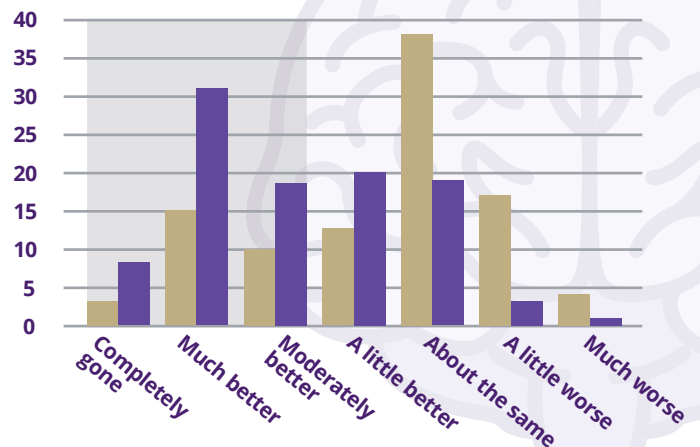
■ UMC
■ UMC + Chiropractic Care

Decreased pain **medication** use.

↓ **27%**

UMC+CC were **27%** less likely to take **pain medications** at 6 weeks

Increased **perceived improvement** for low-back pain.



PALMER

Center for Chiropractic Research

About the study

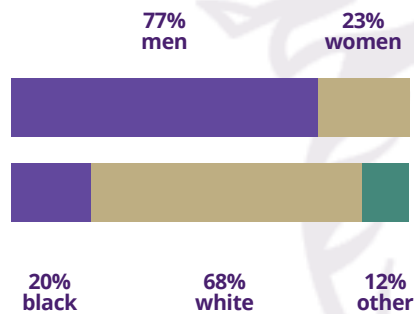
Sites

- Bethesda, MD
- Pensacola, FL
- San Diego, CA

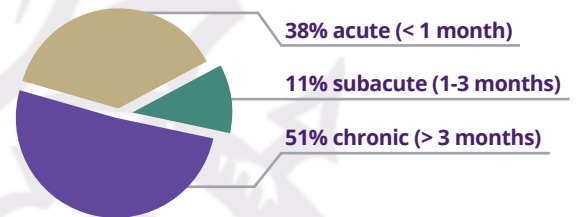


Study demographics

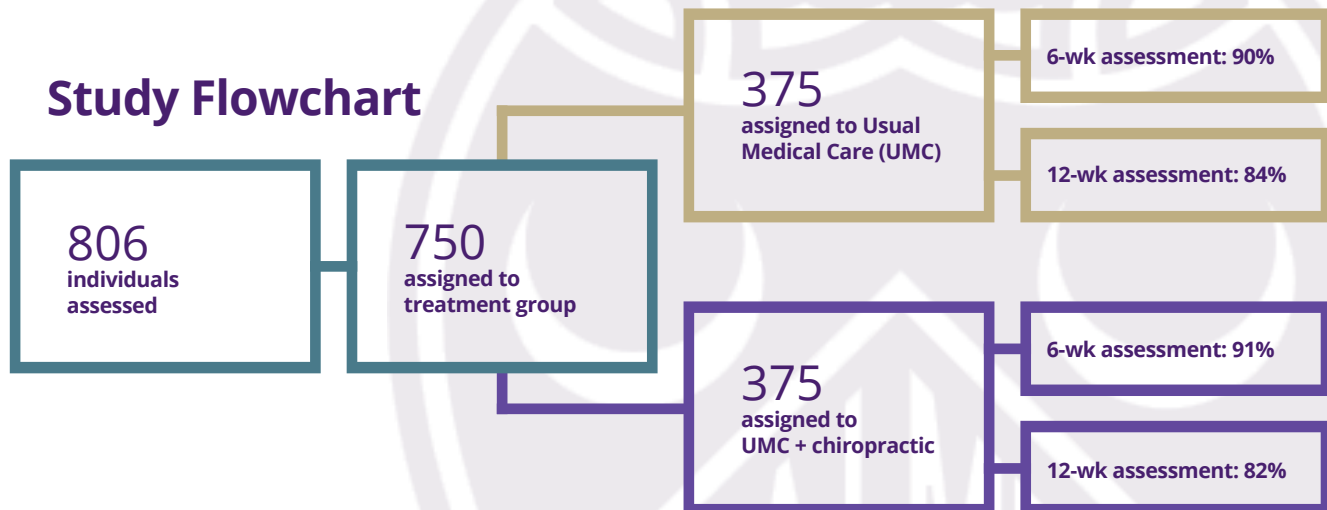
- 18 to 50 years old
- Average age: 31



Low-back pain duration



Study Flowchart



Funding Source: Department of Defense Office of Congressionally Directed Medical Research Programs, Defense Health Program Chiropractic Clinical Trial Award (W81XWH-11-2-0107).



PALMER
Center for Chiropractic Research