

Health Questionnaire

1

Patient Information

Patient Title: (check one) Mr. Mrs. Ms. Miss Dr. Prof. Rev.

First Name _____ **Middle Name** _____ **Nick Name** _____

Last Name _____ **Suffix** _____ **Previous Name** _____

Address 1 _____

City _____ **State** _____ **Zip Code** _____

Primary Phone _____ **Secondary/Mobile Phone** _____

Home Email _____ **Work Email** _____

By providing my email address, I authorize my doctor to contact me via the email address(es) provided.

Referred by: Patient/Friend Physician Advertisement Student Community Event Sports Event
 Community Event Palmer's Reputation **Name of person or event:** _____

Which email address would you like us to use to communicate with you? (check one) Home Work
Contact Method (check one) Primary Phone Secondary Phone Mobile Phone Home Email Work Email

Date of Birth / / **Age** _____ **Gender** (check one) Male Female Unspecified

Marital Status (check one) Single Married Other **Spouse's Name:** _____

Employment Status (check one)
 Employed FT Student PT Student Other Retired Self Employed

Race (check one)
 White Black/African American Hispanic American Indian/Alaskan Native
 Asian Asian Indian Chinese Filipino
 Japanese Korean Vietnamese Native Hawaiian or other Pacific Island
 Samoan Guamanian or Chamorro Other _____ I choose not to specify

Multi-Racial (check one) Yes No Unknown

Ethnicity (check one) Hispanic or Latino Not Hispanic or Latino I choose not to specify

Preferred Language (check one)
 English Spanish American Sign Language Chinese French German
 Tagalog Vietnamese Italian Korean Russian Polish
 Arabic Portuguese Japanese French Creole Greek Hindi
 Persian Urdu Gujarati Armenian I choose not to specify

Verification Question (choose only one question by circling the question, then give the answer to that question)
 What is the name of your favorite pet? In what city were you born? What high school did you attend?
 What is your favorite movie? What is your mother's maiden name? On what street did you grow up?
 What was the make of your first car? When is your anniversary?

Verification Answer to the Chosen question: _____
Answers must be at least 6 characters. This allows Palmer to email encrypted health information securely to the provided email address.

Emergency Contact Information: Full Name _____ **Relationship:** _____

Address: _____ **Phone Number:** _____

City _____ **State** _____ **Zip Code** _____

Have you previously been a patient in any of our Clinics? No Yes; if yes: date and location of last visit:

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Patient Condition

Reason(s) for visit: _____

Is this condition due to an accident? Yes No Auto Work Home Other Date _____

What was the mechanism of accident/injury? _____

When did your symptoms appear? _____ Is it constant or does it come and go? _____

How often do you have this problem? _____ How long does the pain last? _____

Does the pain radiate? Yes No If yes, Explain: _____

Does it interfere with your: Work Sleep Daily Routine Recreation

Activities or movements that are difficult / painful to perform:

- Sitting Standing Walking Bending Lying Down

Mark an "X" on the picture where you continue to have pain, numbness or tingling.

Circle your pain on the below scale of 0 to 10:

(at rest) ☺ No Pain 0 1 2 3 4 5 6 7 8 9 10 ☹ Extreme Pain

(with activity) ☺ No Pain 0 1 2 3 4 5 6 7 8 9 10 ☹ Extreme Pain

What time of day is your current pain/problem worse?

- Morning Late in the day Middle of night As day progresses N/A

My current pain/problem seems to be:

- Getting better ♦ Staying the same Getting worse ♦ N/A Explain: _____

My current pain/problem can be described as (check all that apply):

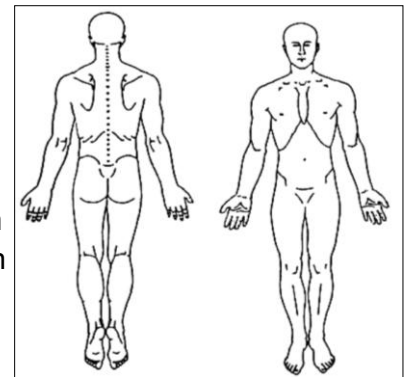
- Electric Sharp Stabbing Knife-like Piercing Shooting Achy Gripping Heavy Cramp-like
 Burning Deep Superficial Stiffness (am >1-2 hours or PM or Both) Spasm Tearing N/A

What treatment have you already received for your condition?

- Medications Surgery None Physical Therapy Chiropractic Care

Name of other doctor(s) who have treated you for this condition and how _____

Were you satisfied with the results of your treatment? Yes No Explain _____



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Allergies

Are you allergic to any medication(s)?

- Yes No If yes, which medications?

Are you allergic to any of the following?

- Bee Sting Latex Peanuts Shellfish
 Dairy Mold Pollen Wheat
 Eggs Nuts Other _____

Describe the reaction: _____

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Smoking History

Do you currently smoke tobacco of any kind?

- Yes Former smoke Never been a smoker

If yes, how often do you smoke:

- Current every day smoke
 Current sometimes smoker

If yes, what is your level of interest in quitting smoking?

- 0 1 2 3 4 5 6 7 8 9 10

No interest

Very Interested

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Medications

Current medications, including frequency and dosage if known. If there are no current medications, check here:

	Medication Name	Quantity / Dosage (ie. 1 tablet / 5 mg)	Frequency (ie. 2 times / day)	Start Date
1				
2				
3				
4				
5				
6				
7				

Do you currently use any recreational drugs? Yes No

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Social History

WORK ACTIVITY: What is your job description: _____

What do you do most of the day at work? Sitting Standing Light Labor Heavy Labor Other: _____

What job did you do during most of your life? _____

How would you describe the physical stress level at work? Low Medium High

EDUCATION : Mark the highest level of education completed: Elementary school Middle school High School Vocational School GED Associates Degree Bachelors Degree Graduate Degree Doctorate other

DIET/NUTRITION:

Are you on any special diet? Yes No If yes, for what reason? _____

Is your weight a concern for you emotionally or physically? Yes No

Have you gained or lost over 10 pounds in the past 6 months without wanting to? Yes No

My dietary intake consists mainly of the following: (Mark all that apply)

- Fruits Vegetables Whole Grains High Fiber Low Fiber
- High Salt Low Salt High Sugar Low Sugar Low Carbohydrate
- High Fat Low Saturated Fats High Protein Low Calorie

Rate your appetite on the below scale of 1 to 10:

☺Normal Appetite 1 2 3 4 5 6 7 8 9 10 Eat Nothing☹

How many 8 ounce glasses of water do you drink a day? _____

Alcohol Use: Now? Yes No Amount/Weekly _____ How long? _____ Years/Months

In the past? Yes No Amount/Weekly _____ How long? _____ Years/Months

How many coffee caffeine drinks do you drink a day? Cups _____ None _____

How many soda caffeine drinks do you drink a day? Cans _____ None _____

Current Vitamins, Minerals, Herbs, etc. List ANY/ALL non-prescription items you are CURRENTLY taking.

	Vitamin, Mineral, Herbs	Quantity / Dosage (ie. 1 tablet / 5 mg)	Frequency (ie. 2 times / day)	Start Date
1				
2				
3				
4				
5				

Health Review:

How many hours of sleep are you getting per night? Less than 5 6-8 8-10 10 or more hours
 How would you rate your sleep on the following scale? ☉Wake-up Fully Rested 0 1 2 3 4 5 6 7 8 9 10 No/Poor Sleep☉
 How many days a week do you exercise for 30 minutes or more? 0 1-2 3-4 5-6 7
 How would you rate the intensity of your exercise? ☉High Intensity 0 1 2 3 4 5 6 7 8 9 10 No Exercise☉
 How would you rate your physical stress level? ☉No stress 0 1 2 3 4 5 6 7 8 9 10 Very stressed☉
 How would you rate your emotional stress level? ☉No stress 0 1 2 3 4 5 6 7 8 9 10 Very stressed☉
 List your major Stressors: _____
 What are you health goals? _____

In addition, talk to your doctor about other areas which may be affecting your health-such as worries about finances, social support, and alcohol, tobacco and/or drug use.

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Personal Health History

Are you currently under the care of a Healthcare Provider or any other doctor? Yes No
 If yes, for what condition(s) _____

Provider's Name _____ Phone Number _____

Has any doctor diagnosed you with Hypertension recently? Yes No
 If yes, describe: _____

Has any doctor diagnosed you with Diabetes recently? Yes No
 If yes, was your blood lab-work test for hemoglobin A1c >9.0% Yes No Not Sure
 If yes, other comments regarding Diabetes: _____

Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days? Yes No

Do you wear any of the following? Heel Lifts Innersoles Arch Supports Orthotics Other _____
 For how long? _____ Were they prescribed by a doctor? Yes No

Have you seen a chiropractor in the past? Yes No Date of last visit _____
 If yes, name and location of previous Chiropractor _____ Phone Number _____
 Were you satisfied with your care? Yes No Why? _____

Date of last:	Chiropractic Exam	Prostate/PSA
	Cholesterol	Mammogram
	MRI	Pap Smear
	CT-Scan	Colon
	Spinal X-ray	Stool check for blood
	Bone Density Scan	

Childhood Illnesses:

- | | | |
|---|--|---------------------------------------|
| <input type="checkbox"/> ADD | <input type="checkbox"/> depression | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> atopic dermatitis | <input type="checkbox"/> diabetes | <input type="checkbox"/> Rash |
| <input type="checkbox"/> allergies/hayfever | <input type="checkbox"/> ear infections | <input type="checkbox"/> scoliosis |
| <input type="checkbox"/> anemia | <input type="checkbox"/> fetal drug exposure | <input type="checkbox"/> seizures |
| <input type="checkbox"/> asthma | <input type="checkbox"/> headaches | <input type="checkbox"/> sickle cell |
| <input type="checkbox"/> bedwetting | <input type="checkbox"/> hepatitis | <input type="checkbox"/> spina bifida |
| <input type="checkbox"/> cerebral palsy | <input type="checkbox"/> HIV | <input type="checkbox"/> other: |
| <input type="checkbox"/> chicken pox | <input type="checkbox"/> measles | |
| <input type="checkbox"/> crohn's/colitis | <input type="checkbox"/> mumps | |

Immunization:

- | | |
|--|---|
| <input type="checkbox"/> All recommended vaccines | <input type="checkbox"/> Not vaccinated |
| <input type="checkbox"/> adenovirus | <input type="checkbox"/> DTaP(diphtheria,tetanus,pertussis) |
| <input type="checkbox"/> haemophilus B | <input type="checkbox"/> hepatitis B |
| <input type="checkbox"/> Influenza | <input type="checkbox"/> IPV(polio) |
| <input type="checkbox"/> MMR(measles,mumps, rubella) | |
| <input type="checkbox"/> pneumococcal | <input type="checkbox"/> rotavirus |
| <input type="checkbox"/> tetanus | <input type="checkbox"/> varivax(chicken pox) |
| <input type="checkbox"/> other:_____ | |

Adult Illnesses:

- | | | | | |
|---|--|--|---|---|
| <input type="checkbox"/> ADD | <input type="checkbox"/> CVA(stroke) | <input type="checkbox"/> heart disease | <input type="checkbox"/> Parkinson Disease | <input type="checkbox"/> suicide attempt(s) |
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> chicken pox | <input type="checkbox"/> hepatitis | <input type="checkbox"/> Unspecified pleural effusion | <input type="checkbox"/> thyroid problems |
| <input type="checkbox"/> arthritis | <input type="checkbox"/> cystic kidney disease | <input type="checkbox"/> HIV | <input type="checkbox"/> pneumonia | <input type="checkbox"/> vertigo |
| <input type="checkbox"/> asthma | <input type="checkbox"/> depression | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> psoriasis | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> cancer | <input type="checkbox"/> diabetes | <input type="checkbox"/> influenza pneumonia | <input type="checkbox"/> psychiatric condition | |
| <input type="checkbox"/> cerebral palsy | <input type="checkbox"/> eczema | <input type="checkbox"/> liver disease | <input type="checkbox"/> scoliosis | |
| <input type="checkbox"/> chicken pox | <input type="checkbox"/> emphysema | <input type="checkbox"/> lung disease | <input type="checkbox"/> seizures | |
| <input type="checkbox"/> colitis | <input type="checkbox"/> eye problems | <input type="checkbox"/> lupus erythema | <input type="checkbox"/> shingles | |
| <input type="checkbox"/> CRPS(RSD) | <input type="checkbox"/> fibromyalgia | <input type="checkbox"/> multiple sclerosis | <input type="checkbox"/> STD's (unspecified) | |

Injuries: (List date next to injury)

- | | | |
|---|--|---|
| <input type="checkbox"/> back injury | <input type="checkbox"/> fracture | <input type="checkbox"/> laceration (severe) |
| <input type="checkbox"/> broken bones | <input type="checkbox"/> head injury | <input type="checkbox"/> motor vehicle accident |
| <input type="checkbox"/> disability (ies) | <input type="checkbox"/> industrial accident | <input type="checkbox"/> soft tissue injury |
| <input type="checkbox"/> fall (severe) | <input type="checkbox"/> joint injury | <input type="checkbox"/> Other: _____ |

Surgeries:

	Date	Procedure (ie knee repair)	Description	
1				In Patient/Out Patient
2				In Patient/Out Patient
3				In Patient/Out Patient
4				In Patient/Out Patient
5				In Patient/Out Patient

Review of systems

Please indicate if you have any of the following by checking the box.

Constitutional	<input type="checkbox"/> None <input type="checkbox"/> chills	<input type="checkbox"/> daytime drowsiness <input type="checkbox"/> fatigue	<input type="checkbox"/> fever <input type="checkbox"/> loss of appetite	<input type="checkbox"/> night sweats <input type="checkbox"/> weight gain / loss
Eyes/Vision	<input type="checkbox"/> None <input type="checkbox"/> blindness <input type="checkbox"/> blind spots	<input type="checkbox"/> cataracts <input type="checkbox"/> double vision <input type="checkbox"/> eye problems	<input type="checkbox"/> itching <input type="checkbox"/> photophobia <input type="checkbox"/> tearing	<input type="checkbox"/> wears contacts/glasses
Ears, Nose & Throat	<input type="checkbox"/> None <input type="checkbox"/> dizziness <input type="checkbox"/> ear discharge <input type="checkbox"/> ear pain	<input type="checkbox"/> fainting <input type="checkbox"/> frequent sore throats <input type="checkbox"/> headaches <input type="checkbox"/> hearing loss	<input type="checkbox"/> history of head injury <input type="checkbox"/> loss of sense of smell <input type="checkbox"/> nosebleeds <input type="checkbox"/> nasal congestion	<input type="checkbox"/> runny nose <input type="checkbox"/> sinus infection
Respiration	<input type="checkbox"/> None <input type="checkbox"/> asthma	<input type="checkbox"/> cough <input type="checkbox"/> coughing up blood	<input type="checkbox"/> shortness of breath <input type="checkbox"/> sputum production	<input type="checkbox"/> wheezing
Cardiovascular	<input type="checkbox"/> None <input type="checkbox"/> claudication (leg pain and ache) <input type="checkbox"/> heart problem <input type="checkbox"/> heart murmur	<input type="checkbox"/> high blood pressure <input type="checkbox"/> low blood pressure <input type="checkbox"/> orthopnea (difficulty breathing lying down) <input type="checkbox"/> palpitations	<input type="checkbox"/> paroxysmal nocturnal dyspnea <input type="checkbox"/> shortness of breath with exertion <input type="checkbox"/> ulcers	<input type="checkbox"/> varicose veins
Gastrointestinal	<input type="checkbox"/> None <input type="checkbox"/> abdominal pain <input type="checkbox"/> abnormal stool (Color/consistency)	<input type="checkbox"/> belching <input type="checkbox"/> black/tarry stool <input type="checkbox"/> constipation <input type="checkbox"/> diarrhea	<input type="checkbox"/> difficulty swallowing <input type="checkbox"/> heartburn <input type="checkbox"/> hemorrhoids <input type="checkbox"/> indigestion	<input type="checkbox"/> jaundice <input type="checkbox"/> ulcers <input type="checkbox"/> rectal bleeding <input type="checkbox"/> loss of bowel control
Female	<input type="checkbox"/> None/N/A <input type="checkbox"/> abnormal vaginal Bleeding	<input type="checkbox"/> birth control <input type="checkbox"/> breast lump/pain <input type="checkbox"/> burning urination	<input type="checkbox"/> frequent urination <input type="checkbox"/> hormone therapy <input type="checkbox"/> irregular menstruation	<input type="checkbox"/> vaginal discharge <input type="checkbox"/> urine retention/incontinence <input type="checkbox"/> cramps

	<input type="checkbox"/> ... <input type="checkbox"/> am currently pregnant <input type="checkbox"/> am NOT currently pregnant <input type="checkbox"/> ... <input type="checkbox"/> currently have menses <input type="checkbox"/> currently DO NOT have menses My menses... <input type="checkbox"/> are regular <input type="checkbox"/> are NOT regular _____ age of first menses _____ age when menopause began Date of last menstrual period ___/___/___			
	If you have been pregnant in the past, please fill in the appropriate information below. _____ Number of complicated pregnancies _____ Number of uncomplicated pregnancies _____ Number of C-sections _____ Number of vaginal deliveries _____ Number of miscarriages _____ Number of terminated pregnancies			
Male	<input type="checkbox"/> None/N/A	<input type="checkbox"/> burning urination	<input type="checkbox"/> frequent urination	<input type="checkbox"/> prostate problems
	<input type="checkbox"/> erectile dysfunction	<input type="checkbox"/> hesitancy/dribbling	<input type="checkbox"/> urine retention/incontinence	
Sexual Health	Do you have any concerns about your sexual health? <input type="checkbox"/> Yes <input type="checkbox"/> No Are you or have you ever been a victim of domestic or sexual abuse? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Skin	<input type="checkbox"/> None	<input type="checkbox"/> change in skin color	<input type="checkbox"/> history of skin disorders	<input type="checkbox"/> rash
	<input type="checkbox"/> change in nail texture	<input type="checkbox"/> hair loss	<input type="checkbox"/> itching	<input type="checkbox"/> skin lesions/ulcers
		<input type="checkbox"/> hives	<input type="checkbox"/> numbness	<input type="checkbox"/> varicosities
Nervous System	<input type="checkbox"/> None	<input type="checkbox"/> limb weakness	<input type="checkbox"/> seizures	<input type="checkbox"/> stroke
	<input type="checkbox"/> dizziness	<input type="checkbox"/> loss of consciousness	<input type="checkbox"/> sleeps disturbance	<input type="checkbox"/> unsteadiness of gait/loss of balance
	<input type="checkbox"/> facial weakness	<input type="checkbox"/> loss of memory	<input type="checkbox"/> slurred speech	
	<input type="checkbox"/> headache	<input type="checkbox"/> numbness	<input type="checkbox"/> stress	
Psychological	<input type="checkbox"/> None	<input type="checkbox"/> bi-polar disorder	<input type="checkbox"/> depression	<input type="checkbox"/> memory loss
	<input type="checkbox"/> anxiety	<input type="checkbox"/> confusion	<input type="checkbox"/> insomnia	<input type="checkbox"/> mood change
	<input type="checkbox"/> behavioral change	<input type="checkbox"/> convulsions	<input type="checkbox"/> loss or change of appetite	
Hematologic	<input type="checkbox"/> None	<input type="checkbox"/> bleeding	<input type="checkbox"/> blood transfusion	<input type="checkbox"/> fatigue
	<input type="checkbox"/> anemia	<input type="checkbox"/> blood clotting	<input type="checkbox"/> bruising easily	<input type="checkbox"/> lymph node swelling

Please check the appropriate response. If you are not sure, check the “?” box.

No	Yes	?	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Do you have a past history of cancer?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Have you had any unexplained weight loss?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Your pain does not improve with rest?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are you over 50 years old?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Failure to respond to a course of conservative care (4-6 weeks)?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Have you had spinal pain greater than 4 weeks?
No	Yes	?	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Prolonged use of corticosteroids (such as organ transplant Rx)?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Intravenous drug use?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Current or recent urinary tract, respiratory tract or other infection?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Immunosuppression medication and/or conditions?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are you currently or have you used blood thinners?
No	Yes	?	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	History of significant trauma?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Minor trauma in person >50 years old?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Do you have osteoporosis (weak bones)?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Are you over 70 years old?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Any history of prolonged use of corticosteroids?
No	Yes	?	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Acute onset urinary tract retention or overflow incontinence (wet underwear)?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Loss of anal sphincter tone or fecal incontinence (bowel accidents)?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Saddle anesthesia (numbness in the groin region)?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Global or progressive muscle weakness in the legs (legs give out)?



Family History

<u>Relation</u>	<u>Age</u> (now or at death)			<u>Serious illness/cause of death</u>
Father		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Paternal grandfather		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Paternal grandmother		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Mother		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Maternal grandfather		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Maternal grandmother		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Brother(s)		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Sister(s)		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Son(s)		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	
Daughter(s)		<input type="checkbox"/> alive <input type="checkbox"/> deceased	<input type="checkbox"/> no significant disease <input type="checkbox"/> has/had _____	

All the answers I have given are correct to the best of my knowledge, and I agree to continue with my Chiropractic evaluation at the Palmer Clinics at this time.

Patient Signature

Date

Signature of Parent or Legal Guardian

Relationship

While we will work closely with you to resolve your chief complaint, as health professionals we are also concerned about your overall wellness. On future visits we will discuss issues with you that may impact your overall health.

Name of your health insurance company: _____

Insurance policy number: _____ Social Security Number _____

Group number: _____

Complete if applicable to your current health condition:

Personal Injury Auto Accident Worker Compensation

If you have consulted an attorney, please provide attorney's name and address:

Name: _____ Phone: _____

Address: _____

Dear Patient:

For our records and for your convenience, please check the appropriate box for the following questions.

Thank you and welcome to the Palmer Clinics.

1. Are you a Medicare Patient? YES NO

If so, please state your secondary insurance carrier: _____

2. Are you a Medicaid Patient? YES NO

3. Are you filing for a Worker's Compensation case? YES NO

4. Are you filing for a Personal Injury case? YES NO

5. Are you a minor (under the age of 18)? YES NO

Please state the Parent/Legal Guardian's name _____

*** Questions 6-12 to be completed ONLY if patient is associated with Palmer College:**

6. Employee of Palmer College Employee Spouse Employee Dependant Child

If so, please state which department _____

Please state student's name _____

7. Palmer Alumni Alumni Spouse Alumni Dependant Child

Please state the alumni's name _____

8. Employed by one of Palmer's contractors: (i.e. ARAMARK, PerMar, etc.)

Please state which company _____

9. Prospective Student Prospective Student Spouse Prospective Student Dependant Child

If so, please present your prospective student card to the front desk.

Please state student's name _____

10. Graduate/Undergraduate Student at Palmer Student Spouse Dependant Child

If so, please state your starting date _____

As well as your anticipated graduation date _____

Please state student's name _____

11. Palmer DC Student Student Spouse Student Dependant Child Student Parent

If so, please state your starting date _____

As well as your anticipated graduation date _____

Please state student's name _____

12. Palmer CT Student Student Spouse Student Dependant Child

If so, please state your starting date _____

As well as your anticipated graduation date _____

Please state student's name _____

All the answers I have given are correct to the best of my knowledge, and I agree to continue with my Chiropractic evaluation at the Palmer Clinics at this time.

Patient Signature

Date

Signature of Parent or Legal Guardian

Relationship

Palmer Chiropractic Clinics

Consent for Purposes of Treatment, Payment and Healthcare Operations

I, _____ [Name of Individual] consent to Palmer Chiropractic Clinics' ("the Practice's") use and disclosure of my Protected Health Information for the purpose of providing treatment to me, for purposes relating to the payment of services rendered to me, and for the Practice's general healthcare operations purposes. Healthcare operations purposes shall include, but not be limited to, clinical education, quality assessment activities, credentialing, business management and other general operation activities. I understand that the Practice's diagnosis or treatment of me may be conditioned upon my consent as evidenced by my signature on this document.

For purposes of this Consent, "Protected Health Information" means any information, including my demographic information, created or received by the Practice, that relates to my past, present, or future physical or mental health or condition; the provision of health care to me; or the past, present, or future payment for the provision of healthcare services to me; and that either identifies me or from which there is a reasonable basis to believe the information can be used to identify me.

I understand I have the right to request a restriction on the use and disclosure of my Protected Health Information for the purposes of treatment, payment or healthcare operations of the Practice, but the Practice is not required to agree to these restrictions. However, if the Practice agrees to a restriction that I request, the restriction is binding on the Practice.

I understand I have a right to review the Practice's Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes my rights and the Practice's duties regarding the types of uses and disclosures of my Protected Health Information.

I have the right to revoke this consent, in writing, at any time, except to the extent that the Chiropractor or the Practice has acted in reliance on this consent.

Signature of Patient or Personal Representative

Name of Patient or Personal Representative

Date

Description of Personal Representative's Authority

Palmer Chiropractic Clinics

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I, _____, [patient's name] acknowledge that I have received, reviewed, understand and agree to the Notice of Privacy Practices of Palmer Chiropractic Clinics, which describes the Practice's policies and procedures regarding the use and disclosure of any of my Protected Health Information created, received or maintained by the Practice.

Date

Signature

Print Name

FOR OFFICE USE ONLY IF NOTICE NOT PROVIDED TO PATIENT

The Practice has made a good-faith effort to obtain an acknowledgement of _____ [patient's name] receipt of our Notice of Privacy Practices. In spite of these efforts, the Practice has been unable to obtain a signed acknowledgement of receipt for the following reasons (check all that apply):

- Patient Unavailable
- Patient Physically Unable
- Patient Unwilling

In an effort to obtain the patient's acknowledgement, the Practice has attempted to provide the patient with a Notice of Privacy Practices in the following manner (check all that applies) :

- Personally Mail Phone Follow Up
- Other: _____

Date

Signature

Print Name of Chiropractor

Palmer Chiropractic Clinics
Name of Practice

Acceptance Agreement — Palmer Clinics

The Teaching Clinics:

The Palmer Clinics are the foremost chiropractic teaching clinics in the world. Student interns, in their last year-and-a-half of clinical education, study under some of the finest professional doctors of chiropractic in order to further develop and enhance their skills. As a patient in the Palmer Clinics, you will be assigned to a licensed and experienced Doctor of Chiropractic (D.C.) who will directly oversee your care. Your D.C., also called a “faculty clinician,” will assign a student intern to work with your case under his/her direct supervision.

In each of these clinic settings it is probable that your chiropractic care will be observed by students in training. Information about your case may be shared with students learning about the care process and with licensed chiropractors overseeing your care. In some situations, your care will occur in an open environment where others can share in this learning experience. Conversations between your faculty clinician and you regarding your health care may be overheard by others in the vicinity of the conversation.

Statement of Understanding:

I, _____, was informed about the setting in which my care is to be performed and, as indicated by my signature below, acknowledge my understanding that:

- The Palmer Chiropractic Clinics are teaching clinics.
- My personal healthcare information may be overheard by others in the clinic setting and my health care information may be shared with others as an educational tool for learning.
- The chiropractic assessment and chiropractic care provided in the Palmer Clinics may occur in an open environment where others may observe in this learning experience.

Patient Records:

Patient records, including X-rays, are the property of Palmer Clinics. These records are only released with your written permission or as required legally. As a teaching institution, data is occasionally gathered for research purposes. Patient confidentiality is always maintained.

Financial Matters:

Payment is due at the time services are provided unless prior arrangements have been made. All charges will be explained to you prior to any service being performed.

Insurance: The Clinics accept assignment for most insurance coverage and will be happy to pre-verify your insurance coverage. You will need to provide your insurance card for this process.

Medicare/Medicaid: Palmer Chiropractic Clinics will accept assignment for Medicare/Medicaid. Patients are responsible for their co-payment and payment for any services not covered by Medicare/Medicaid.

Personal Injury: In most cases, Palmer Chiropractic Clinics will accept assignment for payment. If Palmer Chiropractic Clinics accepts assignment for payment the patient is still legally responsible for their account balance. Patients will be required to sign a lien in the case of personal injuries. In this situation, you are asked to authorize direct payment to the clinic through your attorney or the insurance company, and permit the endorsement of co-issued checks.

Workers' Compensation: Work-related injury cases are accepted on assignment with permission of the employer and prior authorization from the employer's compensation insurance carrier.

I have read the above statements and accept these conditions.

Print Name: _____

Signature: _____ Date: _____