Family Practice

For some families, when it comes to attending PALMER, it’s all relative
Winter/Spring 2007

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Share your insights with us by mail at: Editor, Insights, Palmer College of Chiropractic, 1000 Brady Street, Davenport, IA 52803-5287, by phone at (563) 884-5662, by fax at (563) 884-5225, or by e-mail at marketing@palmer.edu.

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Palmer College of Chiropractic does not discriminate on the basis of race, color, sex, national origin, age or handicap in admission or access to programs or activities.

on the cover
Attending Palmer College has been a family tradition for generations.
This past year, a group of College administrators had lunch in Davenport with the director of physical medicine for the Iowa division of a major health insurance company. That one-hour appointment grew into an all-afternoon visit and campus tour. Before leaving, the director remarked on how impressed she was with the quality and depth of education our students received. She then added that she intended to initiate greater awareness of chiropractic within her organization.

Being the leader in chiropractic education comes in part from having so many leaders among our administrators, faculty and staff. I invite you to turn to our “On Site” section to find out about several recent key appointments made at Palmer. Along with these appointments, Palmer also has opened a new office in Washington, D.C., providing us a voice in the nation’s capital.

Another highlight in this issue is the progress being made on the construction of the new Chiropractic Learning Resource Center in Davenport and the upcoming introduction of digital radiology to all three campuses. To learn more about this incredible technology from the person involved in its implementation, read Dr. Ian McLean’s “Spinal Column” on page 19.

Palmer is also an innovator in the area of practice success. This spring, the College is introducing the Palmer Destination Success program with a special day of events on March 31. There’ll be motivational speakers, a Practice Strategies Expo, drawings and entertainment. Check out the ad on the back cover of this magazine for more details on the event.

Palmer’s innovative spirit has been drawing students, along with their spouses, siblings and other loved ones since 1897. You can hear the stories of some of these remarkable families in our features section on page 12.

As we continue to recruit the brightest students, sometimes we manage to recruit a few alumni back to the College along the way. At the West Campus Homecoming last fall, which marked the 25th anniversary of its first graduation, an alumnus commented on how impressed he was with the campus. He also expressed interest in devoting part of his time to teaching in the clinics.

With alumni like that, it’s no wonder that, after more than a century, when people look for the best in chiropractic, they still look to Palmer.
During the October 2006 Clinic Abroad Program (CAP) trips, 75 students from all three campuses, plus eight faculty and three staff members from the Davenport Campus, a faculty member from the West Campus and two Davenport Campus alumni—Helena Lackner, D.C., ’02, and Theresa Pigott, D.C., ’93—traveled to clinic locations in Bahia and Florianopolis, Brazil, as well as Bolivia and India.

Davenport Campus faculty member Moin Ansari, Ph.D., participated in his 25th CAP trip when he went to India in October as a lead faculty member. Dr. Ansari has traveled to Fiji, Brazil, Morocco and Nepal with CAP, but most of his trips have been to India.

“Clinic Abroad offers a good opportunity to serve the poor and needy in this world,” he said. “It provides endless opportunities for our students to examine unusual and difficult cases overseas, which they may not see in the United States. Also, these trips promote cultural interactions between us and people living in these countries.”

Program administrators select CAP trip locations by performing a critical review of the advantages and the challenges of locations based on reports from past participants. New trip locations may also be proposed, with set criteria required of

*Palmer student Milissa Ovitt adjusting a student during the recent Clinic Abroad Program trip to India.*

*Schoolchildren at Dawn High School, in Hyderabad, India, stand in line to pick up roses which they will present to members of the Clinic Abroad Program during a welcoming ceremony.*

*Julie Johnson, D.C., Davenport ’00, was one of several Palmer clinicians who supervised Palmer students as they adjusted elementary, middle and high school students at Dawn High School in late October 2006.*
Palmer on the air in the Quad Cities

Palmer Vice President for Academic Affairs Dennis Marchiori, D.C., Ph.D., and Chief Development Officer Drew Boster were guests on the “Genesis Today” morning radio program on WOC-AM in Davenport on Saturday, Jan. 27. The Palmer administrators were invited to participate in Genesis Health System’s weekly program to discuss the benefits to the community of the Chiropractic Learning Resource Center and the success of the capital campaign.

“It was a great opportunity to participate in a discussion with other health care professionals about our shared focus on patient care rather than the differences between two delivery systems,” said Dr. Marchiori. “It’s a positive sign when practitioners can collaborate and share information about all-around health.”

“I was thrilled that Genesis Health System invited us on their program to talk about the completion of our $35 million Building the Future Fountainhead Capital Campaign,” said Boster, chief development officer. “I appreciate the opportunity to share this accomplishment with our healthcare colleagues and the community.”

The CAP has been in place for more than 10 years. Current CAP sites include Bequia, India, Bolivia, Madagascar, Brazil (Manaus, Bahia and Florianopolis), Morocco, Fiji and Vietnam. During the October 2006 trips, 3,400 patients were seen in Brazil, 1,200 in Bolivia, and 1,250 in India.
For the second year in a row, the West Campus Homecoming commemorated a silver anniversary. While last year’s Homecoming celebrated the 25 years since Palmer’s West Campus was founded, the 2006 program commemorated the 25-year reunion of its inaugural classes. Nearly 300 guests attended events held Oct. 6-7.

“The enthusiasm that was experienced throughout the entire weekend was fantastic,” said Stacey Wiley, College Events manager, whose staff includes Heather Starr, program and EXPO coordinator, and Pamela Landers-Kundel, administrative assistant. “Speakers representing all three Palmer campuses had session rooms that were filled, the hypnotist on Friday night generated a lot of laughter, and on Saturday evening we discovered there are some really awesome dancers at the West Campus.”

A special luncheon was held in honor of members of the classes of 1981. “It was great to see so many of my former classmates, all of whom shared a common goal and worked so hard to help make that dream come to fruition,” said Judith Thurber, D.C., a 1981 graduate.

The West Campus Homecoming also featured a prospective student event. Most of the nearly two dozen attendees were from California, but guests traveled from as far as Hawaii and Georgia.

With the exception of the Saturday evening gala, all other West Campus Homecoming activities took place on the Tasman Drive campus in San Jose. The dinner/dance banquet, which was preceded by a special reunion reception for the Classes of ’81, ’86, ’91, ’96 and ’01, took place at the Santa Clara Hyatt Hotel.

EXPO exhibitors included 10 vendors who all donated prizes for the Casino Night drawings. Scrip, Inc., and NCMIC, Inc., also sponsored the refreshment breaks. Student Kevin Dielman had the lucky ticket for the grand prize package, donated by Lloyd Tables, which included a portable adjusting table, a block board and pelvic blocks.

Members of the inaugural West Campus class at Homecoming include, front row, from left, Judith Thurber, D.C.; Kathryn Riley, D.C.; Marlene Lehr-Perry, D.C.; Patrick Trimble, D.C.; and Dean Yon, D.C. Back row, from left, Floyd Minana, D.C.; Scot DeVoss, D.C.; Merlyn Green, D.C.; Tom Mooney, D.C.; and Jon Mintz, D.C.
Canadian convention draws more than 60 alumni

The Canadian Chiropractic Convention, held Nov. 16-18, in Vancouver, B.C., marked Canada’s first national chiropractic event in 10 years. It also provided an opportunity for Palmer’s Alumni Office to organize a gathering for 61 alumni and guests from Palmer’s West and Davenport campuses.

Chief of Alumni Development Mickey Burt, D.C., Assistant Director of Alumni Lisa Walden and the West Campus’ Special Advisor to Enrollment, Alumni and Marketing, Thomas Milus, D.C., Ph.D., spoke to the group about the Alumni Program and updated them on happenings at all three campuses.

“I found our Canadian alumni are very interested in what is going on at Palmer, whether they graduated from the Davenport Campus or the West Campus,” said Dr. Burt. “We look forward to attending more events in Canada in the future.”

Outside the U.S., more Palmer graduates come from Canada than any other country in the world, with 836 having graduated in Davenport and 220 having earned their degrees in San Jose. Currently, a total of 67 Canadian students are enrolled at all three Palmer campuses. On the West and Davenport campuses, Canadians host their own student clubs and play a significant role in the successes of the Palmer Pride and Palmer Dragons hockey teams.

To further encourage enrollment among our northern neighbors, a $72,000 endowed scholarship is in place thanks to contributions from Canadian alumni. Financial incentives are also available to Canadian students. If you’d like to refer a Canadian to the College, call Kathy Franco at (800) 722-3648.

Two alumni tie for Norway’s Chiropractor of the Year

Atle Aarre, Davenport ’91, left, and Atle Torstensen, Davenport ’93, both received Norway’s Chiropractor of the Year award in 2006 by the Norwegian Chiropractors Association (NCA). Both were honored because of their commitment to chiropractic technique, continuing education and for introducing the importance of extremity adjusting to the NCA. Drs. Aarre and Torstensen dedicated their award to Dr. Mitchell Mally, Davenport ’81, for his groundbreaking work in extremity adjusting.
Konovalov brings chiropractic to St. Petersburg, Russia

There was a time when there was no place to go for chiropractic care in Russia’s second largest city, St. Petersburg. That was until September of 2006, when 2004 Davenport Campus graduate Alexandre Konovalov, D.C., became the first person to provide chiropractic care as part of a groundbreaking program to give chiropractic a foothold in Russia.

Dr. Konovalov, a native of nearby Moldova, a former Soviet republic, first became involved in the program in 2005 when he visited St. Petersburg to meet with a group of Russians and Americans, including medical doctors from one of the city’s largest hospitals, St. Elizabeth Hospital.

Among the Americans present was Sherry Durrett, D.C., L.C.P. (Hon.), who has been working to establish chiropractic in Russia since 2004 (see PCC Alumni News, April-June ‘05). She ultimately chose Dr. Konovalov, a 2005 Davenport Campus graduate, to become St. Petersburg’s first chiropractor.

In May 2006, Dr. Konovalov visited St. Petersburg again, this time meeting with Americans Dr. Durrett and Michael Tetrault, D.C., and Russians Boris Taits, M.D., and Alexandre Taits, M.D., both from St. Elizabeth Hospital. In one week, this group and representatives of St. Petersburg’s Public Health Committee, ironed out the details of Dr. Konovalov’s new position, including having his Palmer diploma and transcripts translated into Russian. They also began the setup of the first chiropractic practice there.

Months later, the waiting was over when Dr. Konovalov officially became able to treat patients in his practice for the first time in September 2006. You can contact Dr. Konovalov at drkonovalov@mail.ru. To help with this project, contact Dr. Durrett at drdurrett@msn.com.

On a mission to Peru

On Sept. 29, 2006, Jacalyn Buettner, D.C., Davenport ’85, joined a team of healthcare professionals on a one-week mission sponsored by the Flying Doctors of America, a non-profit group established in 1990 to bring vital help to the “poorest of the poor.” Dr. Buettner and fellow chiropractors, dentists, physicians, nurses and pharmacists, donated their services to the indigenous population at health clinics in the Valle Sagrado de los Incas, or “Sacred Valley of the Incas,” which is located in the Andes. During the three-day stay, the team cared for more than 800 people.

“This was one of the most rewarding experiences and exciting adventures of my life,” said Dr. Buettner, who practices in San Francisco. “Most of the people have back problems as they carry heavy loads on their backs. Many are farmers. Most of their work is done by hand.”

Jacalyn Buettner, D.C., third from left, provided chiropractic care to many people during her mission trip to Peru, including this family from one of the villages the team visited.
West Campus September Graduation

Forty-five graduates received their D.C. degrees at Palmer’s West Campus commencement Sept. 7, in the theater of the Santa Clara Convention Center. This ceremony marked the 25th anniversary of Palmer West’s first graduation in September 1981.

Lisa Goodman and Corrine Willner graduated as co-valedictorians, and Deborah Vitale was the salutatorian of the West Campus’ 99th graduating class. Clinical Excellence honors were presented to Kyle Pittet for the Tasman Clinic and to Vidur Jindal for the clinic in Santa Clara. Dominic Pisaro received the Virgil V. Strang Philosophy Award, and Cuong Huynh received the Student Fellow Award for “unselfish service and dedication to the betterment of Palmer’s West Campus experience.” Louis Sportelli, D.C., a 1963 Davenport Campus graduate and president of National Chiropractic Mutual Insurance Company, delivered the commencement address.
Davenport Campus October Graduation

Commencement ceremonies on Oct. 20, in Lyceum Hall on the Davenport Campus marked the graduation of 163 Doctor of Chiropractic, six Associate of Science in Chiropractic Technology and four Master of Science in Clinical Research degree recipients.

Awards were given to four valedictorians: Melanie Cook, Jordan Linder, Lisa Shefchik and Matthew Taylor. The salutatorians were Michael LaBounty and Coree Snyder. Lee Matthys received the Virgil V. Strang Philosophy Award and Amy Rudder won the Clinical Excellence Award. The John Connolly Memorial Award for scholarship and involvement in Palmer and community organizations was presented to Michael LaBounty. Florida Campus Dean of Academic Affairs Donald Gran, D.C., M.S.Ed., was the commencement speaker, and Davenport Campus Vice President for Student Affairs Kevin Cunningham, D.C., Ph.D., was the Honors Convocation speaker. This graduation was a special occasion for the Judge family, with two members graduating, making a total of 32 chiropractors in the family. (See related story on pages 13-14.)

West Campus December Graduation

Thirty graduates received their D.C. degrees at Palmer’s West Campus graduation in the theater of the Santa Clara Convention Center on Dec. 4. The ceremony was the 100th commencement since the West Campus’ inaugural graduation in September 1981.

Adrienne Young and Brent Brown graduated as valedictorian and salutatorian, respectively. Clinical Excellence honors were presented to Jill Thomson for the Tasman Clinic and to Brent Brown for the clinic in Santa Clara. Aaron Wiegand received the Virgil V. Strang Philosophy Award, and Julie Kruse received the Student Fellow Award. Mark Charrette, D.C., a 1980 graduate of the Davenport Campus, presented the commencement address.

Florida Campus December Graduation

Palmer’s Florida Campus celebrated its fourth graduation on Dec. 15, at Bethune-Cookman College in Daytona Beach. Seventy-two students received their Doctor of Chiropractic degrees during the graduation convocation, which featured a commencement address by Thomas E. Hyde, D.C., DACBSP.

Co-valedictorians were Nicholas Cammarata and Veronica Elko, and the salutatorian was Kenneth Layne Berry. The Virgil V. Strang Philosophy Award was presented to Justin Thomas Ohm, and the recipient of the Clinical Excellence Award was Todd Gregory Mexico.
DAVENPORT CAMPUS

1930

Dr. Thomas Langley, ’30, Dalton, Ga., celebrated his 100th birthday on Dec. 28, 2006. He continues to practice and is recognized as the world’s oldest practicing chiropractor. Phone: (706) 278-7801.

1950

Dr. Bruce C. Hagen, ’53, Sioux Falls, S.D., recently published “How to Live to be 100 in Spite of Your Doctor,” in which he offers advice on how to maintain a healthy lifestyle without drugs or surgery. Phone: (605) 361-6824, e-mail: drbhagen@aol.com.

Dr. Calvin Wenger, ’56, Lancaster, Pa., recently celebrated his 50th year in practice in the business that his late father, S.G. Wenger, D.C., ’37, had established. Phone: (717) 397-5810, e-mail: drwenger@wengerchiropractic.com.

1970

Dr. Mike Shreeve, ’74, was honored by the Florida Chiropractic Society with its Lifetime Achievement Award in August 2006. Phone: (386) 763-3718, e-mail: michael.shreeve@palmer.edu.

Dr. John L. Stump, ’76, Fairhope, Ala., has signed a contract with McGraw-Hill to publish a new anatomy textbook. Dr. Stump recently finished co-authoring an electro-acupuncture textbook for Elsevier Publishers, which is due out this year. Phone: (251) 990-8188, e-mail: bamashogun@aol.com.

Dr. Michael F. Homulka, ’79, Norvelt, Pa., has been using the Cellular Health Cancer and Heart Disease programs developed by Dr. Mattias Rath. Phone: (723) 423-7133.

1980

Dr. Jeffrey C. Mackey, ’80, Madison, Wis., joined LSM Chiropractic Clinic in March 2006. Dr. Mackey is the sole practitioner in LSM’s 10th clinic in Whitewater, Wis. Phone: (608) 249-7657, e-mail: jrfmackey@aol.com.

Dr. Craig E. Cheple, ’81, Olympia, Wash., welcomed his first grand-daughter, Dwemynn Ruth, on Nov. 6, 2005. Phone: (360) 943-2358, e-mail: drcheple@aol.com.

Dr. Bev Foster, ’81, Little Rock, Ark., was recently appointed by Arkansas Governor Huckabee to a third term on the Arkansas State Board of Chiropractic Examiners. Phone: (501) 371-0152, e-mail: www.fosterchiro.com.

Dr. Ira Shapiro, ’83, Old Bridge, N.J., was recently awarded a Special Service Award by the Association of New Jersey Chiropractors and named the Sports Doctor of the Year by the ACA Council on Sports Injuries & Physical Fitness, for his 20-year commitment to chiropractic excellence and his work with the U.S. Olympic team. Phone: (732) 723-0023.

Sports Doctor of the Year by the ACA Council on

1990

Dr. Linda Lorenz, ’90, and her husband, Vincent, La Cross, Wis., had a daughter, Aaliyah, on Nov. 1, 2005. Phone: (608) 784-2227, e-mail: dr7lorenz@aol.com.

Dr. Val Svetich-Plumley, ’91, and her husband Richard Plumley, had a son, Aiden, in July 2006. Phone: (510) 717-7702, e-mail: dsvetich@aol.com.

Dr. Charles Bennett, ’92, Lititz, Pa., had a son, Zefan Mackenzie, on May 22, 2006. Phone: (717) 627-6059, e-mail: bcn95@dejazzd.com.

Dr. Kayla Ranger-Dean, ’92, has moved her practice to 55475 N. Main St, Mattawan, MI 49071. Phone: (269) 668-4521, e-mail: kmchiro@verizon.net.

Dr. Mark Lindholm, ’93, and his wife, Lisa, Elkhart, Ind., recently had a daughter, Mary Grace. Phone: (574) 262-4402, e-mail: health@lindholmchiropractic.com.

Dr. John Giugliano, ’94, Hewlett, N.Y., had a daughter, Ava Faith, on Oct. 4, 2005. Phone: (516) 679-3100, e-mail: thedocinme@optonline.net.

Dr. Kathryn Mandich, ’95, had a son, Nikola David, on Sept. 4, 2006. Phone: (845) 895-1131, e-mail: kathynvdc@aol.com.

Dr. Julie Niedwick, ’95, and her husband, Mark, Camp Hill, Pa., had a daughter, Katelyn Louise, on Oct. 6, 2005. Phone: (717) 766-9700, e-mail: jmadnied@paonline.com.

Dr. Dennis Vonnahme, ’95, and his wife, Kelly, Pocahontas, Iowa, had a daughter, Jenna, on Nov. 1, 2005. Phone: (712) 335-4900, e-mail: drvonnahme@qwest.net.

Dr. Leanne Cupon-Jahn, ’96, Roswell, Ga., married Dr. Warren Jahn on Oct. 21, 2006. Along with practicing together in Roswell, the two have developed a number of postgraduate programs for Chiro-Credit.com. In 2006, Dr. Cupon-Jahn obtained the Diplomate of the American Board of Forensic Professionals. Phone: (770) 740-1999, e-mail: drfcupon@ix.netcom.com.

Dr. Patrick Gottfried, ’96, and his wife, Nancy, Flora, Ill., had a son, Jantzen Patrick, on Dec. 7, 2005. Phone: (269) 395-9131, e-mail: gottfried1@verizon.net.

Dr. Joe Herbert, ’96, and Dr. Lisa Desroches-Herbert, ’97, recently participated in the Akron Marathon with two all-patient teams, one all-female, the other all-male. The women’s team ranked 11th overall for the five-member female relay and the men’s team ranked 19th for the five-member male relay. Phone: (330) 722-7709, e-mail: medinachiro@verizon.net.

Steven Saro, D.C., ’88, left, receives the 2006 Massachusetts Chiropractic Society (MCS) Chiropractor of the Year Award, from MCS Director Steven Sculino, D.C., ’86, during the annual MCS convention in Sept. 2006. Phone: (978) 970-2222.

Dr. William Stephen Orr, ’88, and his wife, Judy, have opened Back to Health Chiropractic at 2110 McCulloch, Suite 3, Lake Havasu City, AZ 86406. Phone: (928) 453-7570, e-mail: orrschores@npgrcable.com.
Todd Hubbard, '96, and his wife, Amy (Hoefler), C.T. '92, Bettendorf, Iowa, had a son, Owen Cooper, on Aug. 8, 2006. Phone: (309) 786-2663, e-mail: todd.hubbard@palmer.edu, amytoodd53@msn.com.

Drs. Greg and Nancy Klepetka, '96, Alexandria, Minn., are celebrating 10 years in practice this February. In 2004, the couple changed the name of their practice, Klepetka Chiropractic Clinic, to Integrated Health Center and added a family practice M.D., an orthopedic surgeon, an acupuncturist, three certified massage therapists and an R.N. that specializes in aesthetic and anti-aging face care. Phone: (310) 762-2311, e-mail: integratedhealthcenter@earthlink.net.

Dr. Francine Laipoie, '96, and her husband, Jay Walsh, North Adams, Mass., had a daughter, Naomiie Jade Walsh, on Oct. 16, 2006. Phone: (413) 663-5500, e-mail: drlaipoie@usa.net.

Dr. John Patenaude, '96, and his wife, Heather, had a son, Luke James, on July 17, 2006. Phone: (973) 344-3344, e-mail: jphjuly12@yahoo.com.

Dr. Gary Greve, '97, and his wife, Jody, New Holland, Pa., had a son, Joshua Michael, on Nov. 25, 2005. E-mail: elancochiro@frontiernet.net.

Dr. Brent Cullinan, '98, Ottumwa, Iowa, was selected as the 2006 Outstanding Alumnus by Indian Hills Community College (IHCC) where he earned his Electronics/Telecommunications Technology, and Arts and Sciences degrees. Phone: (641) 682-8219.

Dr. Andrew Krueger, '98, and his wife, Donna, Antigo, Wis., recently had a daughter, Kailee Jo. Phone: (715) 623-4687, e-mail: krueger@charterinternet.com.

Dr. Hiroy Nakamura, '98 has moved his practice to 652 S. Roselle Rd., Schaumburg, IL 60193. Phone: (847) 891-1112, e-mail: hiroya_n@hotmail.com.

Dr. Derren Slindal, '98, and his wife, Rhonda, Stoughton, Wis., had their second son, Corbin Grayson, on Oct. 15, 2006. Phone: (608) 877-8465, e-mail: derren@erthlink.net.

Dr. Derren Slinde, '98, and his wife, Rhonda, Stoughton, Wis., had their second son, Corbin Grayson, on Oct. 15, 2006. Phone: (608) 877-8465, e-mail: derren@erthlink.net.

Dr. Travis Tessendorf, '98, and his wife, Abbie, Columbus, Neb., had a daughter, Cambell Kay, on Aug. 31, 2006. Dr. Tessendorf recently celebrated the seventh anniversary of his practice, Tessendorf Chiropractic. Phone: (402) 564-0193, e-mail: drt@tessendorfchiro.com.

Dr. Andrew F. King, '99, Grovetown, Ga., was appointed Chief of Chiropractic Clinic at the Dwight David Eisenhower Army Medical Center in Fort Gordon, Ga., in May, 2006. Phone: (706) 787-6041, e-mail: andrew.kings@us.army.mil.

Dr. Claire Staehler-Lapenski, '99, and her husband, Dr. Craig Lapenski, '99, Graham, Wash., had a daughter, Sophia Grace, on Aug. 21, 2006. Phone: (253) 445-8818.

2000

Dr. David Pfau, '00, Sterling Heights, Mich., is now promoting chiropractic in Detroit, Mich., and around the world, Monday through Friday at 5 p.m. (EST) at www.wrds560.com. Phone: (586) 268-6868, website: www.health1stchiro.com.

Dr. Laurie Suthard, '00, and her husband, Detective Kevin Suthard, had a daughter, Riley Margaret, on May, 30, 2006. E-mail: chirolaur@hotmail.com.

Dr. Jennifer Drake, '01, and her husband, Jeremy, Longmont, Colo., had a son, Lincoln Marshall, on June 17, 2006. Phone: (630) 584-5200, e-mail: drkleinfelter@yahoo.com.

Dr. Kyrie Kleinfelter, '01, and her husband, Marc, St. Charles, Ill., had a son, Max Sherwood, on June 17, 2006. Phone: (309) 762-9292, e-mail: kstrawnik@hotmail.com.

Dr. Kristine Strawnik-Louth,'01 and her husband Drake, Mendon, Ohio, had a daughter, Madison Riley, on Dec. 15, 2005. Phone: (419) 795-1197, e-mail: kstrawnik@hotmail.com.

Dr. Lucas and Amy Watters, '01, Morgantown, W.V., are in their second year of hosting a live talk radio show called “BackTalk.” It airs on WAGR 1440 AM at 8:35 a.m. on the third Friday of each month or can be heard live at www.wagr.com. To listen to archived programs visit www.mtnstate.com. Phone: (304) 292-7740, e-mail: lucas@kstrawnik.com.

Dr. Angela Engel, '02, and her husband, Travis, Abbotsford, Wis., had a daughter, Reagan Marie, on Jan. 14, 2006. Phone: (715) 223-2126, e-mail: aengelcd@hotmail.com.

Dr. Travis Hites, '02, has opened a new clinic at 2712 Bee Caves Rd., Suite 112, Austin, TX 78746. Phone: (512) 533-1730, e-mail: info@hitesfamilychiropractic.com.

Dr. Tim Joy, '02, and his wife, Donia, Tacoma, Wash., had a son, Matthew Thomas, Dec. 30, 2005. Phone: (253) 475-0550, e-mail: office@docjoy.com.

Dr. Joseph Spaulding, '02, and Brandy Parsons Spaulding, '02, Chillicothe, Ohio, had twins, Aiden and MiKayla, on March 8, 2005. Phone: (740) 775-1900, e-mail: bparsonsdc@yahoo.com.

Dr. Renee Weir-Fisher, '02, opened Discover Chiropractic in Iowa City, Iowa, on Aug. 21, 2006. Phone: (515) 248-1111.

Dr. Claire Staehler-Lapenski, '99, and her husband, Dr. Craig Lapenski, '99, Graham, Wash., had a daughter, Sophia Grace, on Aug. 21, 2006. Phone: (253) 445-8818.

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Dr. Jennifer Drake, '01, and her husband, Jeremy, Longmont, Colo., had a son, Lincoln Marshall, on June 17, 2006. Phone: (630) 584-5200, e-mail: drkleinfelter@yahoo.com.

Dr. Kyrie Kleinfelter, '01, and her husband, Marc, St. Charles, Ill., had a son, Max Sherwood, on June 17, 2006. Phone: (309) 762-9292, e-mail: kstrawnik@hotmail.com.

Dr. Kristine Strawnik-Louth,'01 and her husband Drake, Mendon, Ohio, had a daughter, Madison Riley, on Dec. 15, 2005. Phone: (419) 795-1197, e-mail: kstrawnik@hotmail.com.

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Dr. Angela Engel, '02, and her husband, Travis, Abbotsford, Wis., had a daughter, Reagan Marie, on Jan. 14, 2006. Phone: (715) 223-2126, e-mail: aengelcd@hotmail.com.

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Dr. Renee Weir-Fisher, '02, opened Discover Chiropractic in Iowa City, Iowa, on Aug. 21, 2006. Phone: (319) 248-1111.
In August 2006, Clay Morton, D.C., ’05, attended the USA National-Karate Federation National Championships in Fort Lauderdale, Fla. After competing against 20 other entrants in the adult black belt mandatory kata division, Dr. Morton won first place. In November 2006, he went up against 140 competitors in the Shotokan Karate International World Championships in Japan and took first place, becoming the first American to win a medal in the 20-39 age category.

Dr. Jessica Allen, ’06, Anchorage, Alaska, completed her ICA Pediatric Diplomate in June 2006. Phone: (907) 764-1391, e-mail: pedstdc@yahoo.com.

Dr. Clint Dickason, ’06, and his wife, Mindy (Metz), C.T., ’06, Castle Rock, Colo., had a daughter, Grace Ellen, on Aug. 19, 2006. E-mail: dickasonchiropractic@yahoo.com.

Dr. Tiffany Ming Kao, ’06, Savanna, Ill., had a daughter the day she graduated, Sadie Raie Schumann, on June 16, 2006.

**WEST CAMPUS**

1990

Dr. Dusko Surla, ’97, and his wife, Adrian, Stoney Creek, Ont., Canada, had a son, Marko, in 2005. Phone: (905) 664-0999, e-mail: dcsurla@on.aibn.com.

2000

Dr. Lisa Goodman, ’06, opened Washington Park Chiropractic, in Denver, Colo., in October 2006. Phone: (303) 744-7100, e-mail: drlisagoodman@washparkchiro.com.

**Made any “adjustments” lately?**

Keep your College and fellow alumni up-to-date with what’s going on in your life by filling out the following form and sending it to: Insights, Palmer College of Chiropractic, 1000 Brady Street, Davenport, IA 52803. Or e-mail your information to marketing@palmer.edu.

Name (please print)____________________________________________________ Campus_________________________ Class_____________

Business or Home Address_______________________________________________________________________________________

City, State/Province__________________________________ Country____________ ZIP/Postal Code____________________

E-mail Address________________________________________________________________________________________________

Work Phone____________________________________________ Home Phone___________________________________________

Information (practice openings, address changes, births, marriages, appointments, current military service, honors, etc.)

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Chiropractic has always been a family affair. The father of chiropractic, Daniel David Palmer, was also the father of future chiropractor Bartlett Joshua (B.J.) Palmer, who married chiropractor Mabel Heath. B.J. and Mabel’s son David, also became a chiropractor, before marrying chiropractor Agnes High. Vickie Palmer, a daughter of David and Agnes, continues her family’s tradition of promoting chiropractic while honoring the Palmer legacy.

Today, Palmer College is a place a number of families call home. Recently we spoke to members of the Schroeder, Molthen, Judge and Meylor families to find out why their families—and the many others they represent—have made Palmer College a part of their own legacies.

In an account he wrote on how chiropractic has played a big role in the histories of the Shroeder and Molthen families, Dr. Alfred Schroeder, Davenport ’48, recalls how one side of his family, the Molthens, began its long association with Palmer College.

In the early 1900s, John Molthen took the advice of a friend and enrolled in the Palmer School of Chiropractic. He also persuaded his three brothers, Frank, Luke and William, to join him. All four graduated from Palmer in 1921.

That early commitment to Palmer has culminated in 45 members of both families earning their degrees on the College’s Davenport and West campuses. When graduates of other chiropractic colleges are added, the number of chiropractors in the family grows to more than 60.

On the Schroeder side of the family, Alfred’s father, Frederick, gained an interest in becoming a chiropractor while a dock worker in New York City. One day at lunch, a coworker who’d served prison time told him a story. He said, ‘You learn who belongs in prison, and one man did not belong in jail. He called himself a chiropractor and was trying to help sick people with this new profession.’ Frederick Schroeder took this to heart, earning his chiropractic degree at nearby Columbia Institute of Chiropractic. Dr. Frederick Schroeder then practiced in New York—an unlicensed state—for 33 years. He would be just one of a number of pioneers in a family that has graduated four generations of chiropractors.

In the 1930s, Frank Molthen, D.C., opened the first chiropractic practice in Hong Kong. One of his patients was none other than Chiang Kai-shek, the leader of the Republic of China. Then, while serving in the U.S. Army in World War II, he became a prisoner of war for four years. During his time in a Japanese concentration camp, he gave adjustments “to prisoners and guards alike.”

Frank’s daughter, Rita Molthen Schroeder, Davenport ’49, made history in her own right in 1980 by becoming the first female president of a chiropractic college, Pacific States Chiropractic College—today’s Life Chiropractic College West. And it was her marriage to Richard Schroeder, D.C., Davenport ’48, that joined the Schroeder and Molthen families together. When she passed away in 2005, she was survived by six children, all graduates of Palmer’s Davenport Campus.
One of Rita’s nephews is a true leader, too. Terry Schroeder, D.C., West ’86, is a four-time Olympian who led his U.S. Water Polo team to win silver medals in the 1984 and 1988 Summer Games, and fourth place in the 1992 Summer Games. Currently he’s the assistant coach for the team that will compete in the 2008 Games in Beijing. When he’s not running his practice, he coaches the water polo team at Pepperdine University, in Malibu, Calif.

For Terry and siblings Lance and Tammy—all 1986 West Campus graduates—an interest in chiropractic has always been close to home. Their father, Robert Schroeder, D.C., Davenport ’51, provided care in their house in the early years of his practice.

“We watched patients who could oftentimes barely walk into the treatment room walk out smiling and laughing with my father,” Terry said. “We believed that what Dad did was very special and as we learned more about it, it became something that we felt we wanted to do also.”

The same feeling is shared by Terry’s cousin, Carol Schroeder Hamby, D.C., Davenport ’85, whose father practiced chiropractic with Terry’s father for 30 years. For her, being a chiropractor was a natural choice. “It was just the thing we did,” she said. “No one pushed you to be one. It was a way of life in our family.”

As for how it feels to be part of the fourth generation of a chiropractic family, Carol doesn’t hold back. “It makes you proud,” she said. “I brag to all of my patients about it. It’s fun.”

Dr. Terry Schroeder, holding a water polo ball, stands in front of other Schroeder family chiropractors in a 1988 Sports Illustrated photo.

The legacy of chiropractic runs strong in some families, continuing through multiple generations. When Drs. James E. and Christopher Michael Judge crossed the stage to receive their Palmer College of Chiropractic diplomas at Palmer’s Davenport Campus on Oct. 20, 2006, they became the newest chiropractors in their family. With the graduation of Dr. James and his cousin, Dr. Christopher, 32 members of the Judge family are chiropractors, nearly all of them Palmer College graduates, spanning four generations.

“It was definitely a huge milestone for our family,” said James E. Judge, D.C. “It’s kind of hard to realize the impact that my grandfather and his uncles left on all of us, but seeing us all on stage really hit home. It is a big family, but we manage to stay really close through the years and chiropractic and Palmer truly have a lot to do with that. It is our fountainhead and I don’t know what life would be like if things were different.”

The jury is in: The Judge family is dedicated to CHIROPRACTIC

Surrounded by the Judge family graduates of Palmer College, Dr. Kern, front row, fourth from right, welcomes two new Judge graduates after the ceremony that took place Oct. 22, 2006, on the Davenport Campus. To the left of Dr. Kern is James E. Judge, and to the right is Christopher Michael Judge.

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Around a hundred members of the Judge family came to Davenport for the October graduation to honor its two newest chiropractors. Many of them hail from the LaSalle-Peru, Ill., and Phoenix, Ariz., communities. Seventeen members of the family, all Palmer alumni, were on stage to participate in the diploma award ceremonies for Drs. James and Christopher Judge. To honor the Judge family's legacy at Palmer, the College hosted a reception following graduation for the 100 or so family members.

“Today’s graduation is a continuation of a family tradition—serving people and helping them to become healthier,” said Daniel K. Judge, D.C., a 1970 Davenport Campus graduate practicing in Apache Junction, Ariz., and a member of the third generation of Judges in the profession. “Chiropractic is a way of life for our family. My father and all four of his brothers were chiropractors after World War II, and came to Palmer on the GI Bill.”

The first generation of Judges to become chiropractors was represented by James Bernard Judge, D.C., a 1925 graduate of the then Palmer School of Chiropractic. He died in 1956, after practicing first in Iowa, then in British Columbia, Canada, and finally in his hometown of Albia, Iowa.

According to a family history, “whenever illness occurred among the nine brothers and sisters and their spouses and progeny, there was never a question of where to go. ‘Doc’ took care of everything except obstetrics and broken bones. If a patient wasn’t up to a trip to town, he would hang a sign on his office door and make a house call.”

While serving in the Navy in World War II, Dr. James B. Judge’s nephew, John J. Judge, decided to enter the profession, and the second generation made its entrance. Dr. John’s brother-in-law, George Dickerson, entered Palmer, then a few months later, John’s brother, Thomas, became a student, too. Eventually, all four of John’s brothers, three in-laws and one cousin graduated from Palmer following the war.

There will be even more Judges practicing chiropractic in the years to come. Currently, there are three members of the fourth generation of Judges at Palmer’s Davenport Campus: Kalie Elizabeth Judge, T.J. Sheedy and Zack Sheedy.

It seems that some families have a kind of chiropractic gene. Donald Kern, D.C., president of Palmer’s Davenport Campus and a member of a five-generation Palmer family, had this to say: “I think that generations of families who’ve become chiropractors are a continuing testimony of the attraction of service to humankind. A person must embrace a specific value system before considering the healing arts as a career choice. Then, in many cases, that same value system is passed on to their children.”

For the Meylors, CHIROPRACTIC is all in the family

Author Alex Haley once said, “Family is the link to our past (and the) bridge to our future.” For the Meylors, family and chiropractic are the links to their past and future.

“In our immediate family, we have 25 Doctors of Chiropractic,” said Dean Meylor, D.C., Davenport ’74, of Greensboro, N.C. “With extended family members—through marriages and such—we number close to 40.” Last year alone, the Meylor family had eight students working toward chiropractic degrees, so the legacy continues.

“We’re all Palmer graduates,” Dr. Meylor said. “Two of us graduated from Palmer’s West Campus, while the rest of us graduated from Palmer in Davenport.”

Members of the Meylor family, all Davenport Campus graduates, welcome Molly Meylor, fifth from left, as their latest Palmer chiropractor during the October 2006 Davenport Campus convocation. From left, Jade Meylor, D.C., ’04, Cliff Meylor, D.C., ’77, Davenport Campus President Dr. Kern, Dean Meylor, D.C., ’74, Molly, Wayne Meylor, ’79, and Lee Meylor, ’83.
The Meylor family continued

It all started with R.J. “Jay” Meylor, D.C., Dean’s uncle from LeMars, Iowa, who graduated from Palmer in 1958. He started a trend that would continue for nearly 50 years. So far.

To a young Dr. Dean Meylor, chiropractic was an important part of growing up. “Any time we went out with my Uncle Jay, I can’t recall a time when people didn’t come over and pat him on the back,” he said. “It was really something to see him have the respect of his peers in the community. Every time we went out to eat at a restaurant, someone would approach my uncle and pat him on the back or otherwise acknowledge the help he had given him through chiropractic.”

It wasn’t until he came to Palmer that he learned not everyone held chiropractors in such high esteem. In 1976 LeMars, Iowa, where Dr. R.J. Meylor and his brother Dr. Don Meylor practiced, there were more chiropractors than medical doctors in practice.

“Most of our family are from small towns in northwest Iowa, such as LeMars, Cherokee, Storm Lake and Sioux City,” he said. “It’s the little bitty towns with chiropractors that can make a big difference. For example, my brother Wayne (Davenport ’79) was recognized in 2004 as having referred the most students to Palmer.”

Incidentally, Dr. Dean Meylor’s daughter, Jessica Meylor-Benningfield, D.C., Davenport ‘05, also married into a chiropractic family. Her father-in-law, Robert Benningfield, D.C., Davenport ’75, of Peoria, Ill., was the top referral doctor for 2005.

Why are there so many chiropractors in the Meylor family and beyond? “I think chiropractors are good role models. When I was growing up, the ones I knew had sterling reputations and helped a lot of people,” said Dr. Dean Meylor. “My three brothers and I followed in our uncle’s footsteps and became chiropractors. My daughter just graduated last year, and my son, Adam, is currently a student at the Davenport Campus.

“My dad’s two brothers and sister went to Palmer, too,” he continued. “Then add in the nieces and nephews and cousins … and those chiropractic family members through marriage. For three generations, we’ve been involved in chiropractic. It’s a way of life for us.”

Do you have family ties to PALMER College?

We’re collecting stories on families with a multi-generational connection to Palmer and would love to hear yours. Send your stories to Insights at 1000 Brady Street, Davenport, IA 52803-5287. Or e-mail them to marketing@palmer.edu. We’ll post the stories we feature on our website later this year.
Administrative appointments announced

Dr. William Meeker named West Campus president

William Meeker, D.C., M.P.H., has been named president of Palmer College of Chiropractic’s West Campus in San Jose, Calif., effective Jan. 3, 2007. With Dr. Meeker’s appointment, Peter Martin, D.C., now serves exclusively as president of Palmer’s Florida Campus. Dr. Martin was named interim president of the West Campus in 2004, and then president of both the West and Florida campuses in 2005.

After graduating from Palmer’s West Campus in 1982, Dr. Meeker maintained a private practice in San Jose and served as assistant professor in the Division of Research with the West Campus from 1983 until 1986. He was named associate dean of research in 1986. In 1988, he earned his master’s degree in Public Health from San Jose State University. Dr. Meeker became dean of research at the West Campus in 1989 and served in that role until 1995. At that time, he was named director of the Palmer Center for Chiropractic Research on Palmer’s Davenport Campus. Since 2001, he has served as Palmer College’s vice president for research.

Dr. Goertz Choate is new executive director of Research Center

Christine Goertz Choate, D.C., Ph.D., has been hired to succeed Dr. Meeker as executive director for the Palmer Center for Chiropractic Research. She oversees the College’s research efforts from Palmer’s new Washington, D.C., office, where she also monitors and coordinates government relations activities pertaining to the chiropractic profession.

Dr. Goertz Choate comes to Palmer from the Samueli Institute for Information Biology in Alexandria, Va., where she was director of clinical research from 2003 to 2005, until being named deputy director in 2005. Previously, Dr. Goertz Choate was the first chiropractor hired by the National Institutes of Health as a health sciences administrator at the National Center for Complementary and Alternative Medicine in Bethesda, Md.
Dr. Wood appointed dean of Clinics on Davenport Campus

Kurt Wood, D.C., has been appointed dean of Clinics at Palmer’s Davenport Campus. He comes to Palmer after 20 years at Northwestern Health Sciences University in Bloomington, Minn., where he was a staff clinician and professor in the College of Chiropractic. He also served as department chair, program chair, associate dean of academics, associate dean of clinical services, and as Northwestern’s compliance, privacy and security officer.

Prior to graduating from Palmer College of Chiropractic’s Davenport Campus in 1979, Dr. Wood completed Bachelor of Science degrees in biology and chemistry at Upper Iowa University. He maintained a private practice in Wisconsin from 1979 to 2005, then practiced in Minnesota until accepting his current position at Palmer.

Dr. Owens named director of CLRC

James Owens, D.C., has been named director of the Chiropractic Learning Resource Center (CLRC) on the Davenport Campus. Reporting to Dr. Wood, Dr. Owens manages the CLRC’s operations and is responsible for the quality and delivery of patient care, as well as intern education. A 1982 graduate of Palmer’s Davenport Campus, in 2003, Dr. Owens was named assistant director of the Main Clinic and served as a faculty clinician, then was named the Main Clinic’s interim director in November 2005.

Dr. McDonald becomes assistant chancellor

Clay McDonald, D.C., M.B.A., J.D., has joined Palmer College as assistant chancellor to Larry Patten. Mr. Patten’s original position, chief executive officer, has been revised to chancellor to match guidelines in place with the Commission on Accreditation of the Council on Chiropractic Education. Dr. McDonald works with Mr. Patten and the College administrative team to develop and implement operational systems and a program of continual improvement. He also assists with monitoring chiropractic education issues at various government levels.

Dr. McDonald graduated from Logan College of Chiropractic in 1982. He earned a Master of Business Administration degree from St. Ambrose University, Davenport, Iowa, in 1997, and a Juris Doctorate from Valparaiso University School of Law in 2001. Beginning in 1990, Dr. McDonald spent nearly a decade at Palmer College’s Davenport Campus as an associate professor, faculty clinician and director of Ancillary Procedures. He then served as dean of clinics before being named special advisor to the president. Beginning in 2002, Dr. McDonald served as New York College of Chiropractic’s dean of academic affairs, before becoming executive vice president of academic affairs.
On December 25, 2006, a series of tornadoes and powerful storms hit the Port Orange/Daytona Beach area of Florida, striking the Florida Campus’ Outreach Clinic. Along with receiving significant damage including the loss of its roof, several interior walls and much of the equipment inside was damaged or destroyed. Fortunately, because it was Christmas Day, the Clinic was closed and absent of any clinicians, staff members, interns and patients. Outreach patient care has since been transferred to the Outpatient Clinic located in the Allen Green Civic Center.

These days, more chiropractors are seeking graduates of Palmer’s Chiropractic Technology (C.T.) program than the program can supply. “Usually, the people who refer an individual plan on hiring that person after they graduate,” said Lisa Gisel, Associate of Science in Chiropractic Technology admissions representative and placement coordinator.

“I was already enrolled in the Palmer D.C. program when I referred my friend,” said Mark Morningstar II, D.C., Davenport ’02, who hired Darin Weeks, C.T., ’01, to assist with his practice.

The C.T. program encompasses all front and back office training for chiropractic practices, with the exception of performing adjustments and conducting reports of findings. Students also take a chiropractic philosophy and history course, and must complete 120 hours of unpaid externship in a chiropractic practice.

“The main thing D.C.s need to know is that we are coming to them already trained,” said Mr. Weeks, who joined Dr. Morningstar’s clinic in 2002. “We can walk into their office and start right up.”

Graduates of the C.T. program sit for the American Chiropractic Radiographic Registered Technologist (ACRRT) exam, which upon successful completion, allows them to take X-rays in approximately 30 states. In 15 other states, graduates are required to pass state-administered exams similar to the ACRRT exam.

“I would recommend a new graduate who decides to open his or her own office to get a C.T. from Palmer,” said Dr. Morningstar. “They can step right into the office from day one and take X-rays, supervise patient rehabilitation and perform financial consultations with patients.” To refer a student to the C.T. program, call Lisa Gisel at (563) 884-5743 or e-mail her at lisa.gisel@palmer.edu.

On the Davenport campus in December 2006, there were 16 nominees for Outstanding Staff of the Year and six nominees for Outstanding Faculty of the Year, including Casey Crisp, D.C., Main Clinic; David Hannah, D.C., Main Clinic; Phyllis Harvey, M.Ln., Library; Cyndy Long, Ph.D., Research; Roger Hynes, D.C., Technique; and Glenn Sorgenfrey, D.C., Technique. The Staff Award went to Kim Kent of the Marketing & Communications Department, and the Faculty Award went to Dr. Cyndy Long.

On the Florida campus, there were six nominees for Outstanding Staff of the Year and five nominees for Outstanding Faculty of the Year, including Sally Bobo, D.C., Outreach Clinic; Donald Dishman, D.C.; Veronica Dishman, Ph.D., Academic Affairs; Maxine McMullen, D.C.; and Dewan Raja, M.B.B.S. The Staff Award went to Kris Ford, Student Services, and the Faculty Award went to Maxine McMullen, D.C.

West Campus faculty were honored by the Associated Student Government on April 19, 2006. Outstanding Teachers of the Year were: Dale Nansel, Ph.D., Dept. of Life Sciences; Richard DeSarbo, D.C., Dept. of Practice & Principles; Makani Lew, D.C., Dept. of Diagnosis; Theresa Whitney, D.C., Clinics: Student Clinic; James Kubinec, D.C., Clinics: Tasman Clinic; and Randy Water, D.C.: Benton Clinic.
Right now Palmer College is installing digital radiographic systems in the Chiropractic Learning Resource Center (CLRC), which is scheduled to open later this year on the Davenport Campus. But what does that mean to faculty such as myself? Or to the students who will be using a technology that is currently available in only a limited number of chiropractic clinics?

The greatest benefit of digital radiology over film-based radiology is that it can be viewed almost immediately after a patient’s examination through computer networks by radiologists, the patient’s doctors and student interns.

In practice, this means that the X-ray images will be available to clinicians in any of the clinic treatment rooms, which is particularly valuable in the management of a patient who may present with acute symptoms after trauma. Plus, since these same images can be e-mailed at a moment’s notice, clinic radiologists and clinicians can review images obtained after-hours at home as immediately as if they were on campus.

Can you imagine a system where all radiology reports and studies are constantly available without films being lost? This is part of the advantage of utilizing a computerized picture archival and communication system (PACS). The PACS represents a significant component of a digital radiology department and allows studies to be captured, distributed and stored in digital format and consequently retrieved at any time. After the X-ray images are obtained from the patient, the images can be sent to any computer within the network.

For clinicians, the benefits of PACS are an increased availability of images and the images can be available to any clinician within a prescribed network. This latter aspect can be quite important in forming communications and consultations between clinicians and radiologists, especially across a large multi-campus college such as Palmer.

Digital radiology is also expected to have a positive impact on patient education. Not only can images be displayed to patients on high-resolution monitors in adjusting rooms, but the images can also be annotated to include information such as clinical data and radiographic measurements. The radiologist’s reports will also be immediately available with the images during the report of findings to the patients.

While digital radiology’s image quality is equal to that of conventional radiographic systems, only digital radiology provides healthcare professionals the ability to fine tune an image’s grayscale and contrast as well as make edge enhancement and image sharpening alterations.

Computer aided measurement also represents an integral aspect of image evaluation. This includes the ability to measure linear distance, angles and anatomical volumes. In the clinical arena these images can be easily reviewed on standard flat panel monitors.

Everyone using the digital imaging process and its associated software at the CLRC will undergo appropriate training, including student interns. This will include hands-on experience with both the direct capture and computed radiography systems. Students will also be expected to interpret images and correlate the data with the patient’s clinical presentation.

The digital images themselves will also allow us to provide students with expanded radiology libraries from which to study. And because of digital radiology’s adaptable nature, we will be able to quickly remove identifying images to make them compliant with patient privacy regulations.

In the future, we anticipate the CLRC’s digital radiology department will supply radiology services to chiropractic clinicians within the surrounding community. It will also serve as a learning resource for students on our branch campuses. Because of the advantage of digital radiology, referring chiropractors will have direct access to their patients’ images even before those patients leave the radiology facility.

If you have questions about digital radiology, including direct capture and computed radiography, please e-mail me at ian.mclean@ Palmer.edu.
End-of-campaign contributions help capital campaign surpass $35 million goal

Several major contributions and pledges received in the final months of Palmer’s $35 million Building the Future Fountainhead capital campaign resulted in the campaign exceeding its goal by Dec. 31, 2006. This achievement is significant since several large challenge grants and pledges were earned because of it. These include a $750,000 grant from The Kresge Foundation and a $3 million pledge from Drs. Maurice and Laurel Pisciottano. The Kresge Foundation grant is the first ever awarded to a chiropractic college, and the challenge pledge from Drs. Maurice and Laurel Pisciottano is the largest single alumni contribution to the campaign. Contributions received in the final months of the campaign included a $1 million anonymous pledge and a $500,000 pledge from the Bechtel Trusts. These donations helped to build momentum as the campaign drew to a close and motivated others to make additional pledges to ensure that Palmer met its $35 million goal by the deadline. The successful completion of the campaign and the opening of the Chiropractic Learning Resource Center will be celebrated at Homecoming 2007 on the Davenport Campus. While the unofficial end of the campaign was Dec. 31, 2006, the Development staff will welcome gifts from those who want to be a part of this history-making event through the end of Palmer’s fiscal year on June 30, 2007.

“Reaching our goal for this capital campaign is an historic achievement for Palmer College of Chiropractic and for the chiropractic profession,” said Executive Director of Development Drew Boster. “Our alumni, employees, students, friends and members of the Quad-City community were generous beyond our hopes and dreams. On top of all of this, my incredible staff in the Development Office has worked tirelessly over the past five years to ensure the success of this campaign.”

CLRC time capsule will preserve a moment in history

To commemorate the completion of the Chiropractic Learning Resource Center (CLRC), Palmer College is coordinating the placement of a time capsule behind a sealed compartment in a wall of the building. While a complete list of items to be included in the capsule has not been finalized, the initial list includes a 2006 alumni directory, a recent copy of Insights, a Homecoming program, a list of current students and employees, facts about the CLRC, a DVD with various recruitment videos, and photos documenting the building’s construction. The time capsule will be placed in the building during a dedication ceremony at the Davenport Campus Homecoming 2007. Above the capsule, a plaque listing the capsule’s contents will be displayed.

Get a minute-by-minute look at the construction of the CLRC by logging on to www.palmer.edu/webcam
Pension Protection Act makes transferring charitable gifts easier

Under the Pension Protection Act of 2006, if you're 70-and-a-half or older, this year you can transfer up to $100,000 from your Individual Retirement Account (IRA) to a qualified charity—such as Palmer College—without having to claim it as taxable income.

Before now, individuals making withdrawals from their IRAs had to include each withdrawal as part of their taxable income but were entitled to a charitable income tax deduction to offset the inclusion. However, for many people, the deduction did not fully offset the income so there was some income tax liability associated with the withdrawal.

With the new law, no charitable income tax deduction is allowed for gifts made this way. However, the law has made charitable giving from an IRA beneficial for a variety of people, including those who—even though they don't need the additional income—are required to take minimum withdrawals because the amounts gifted to charity in this way count against the required minimum withdrawal.

For more information on the IRA charitable distribution provision, including the types of IRAs which qualify for this benefit, talk to a qualified financial planner.

For assistance on how you can use this provision to lend your support to Palmer, contact Senior Development Officer Lois Kundel, toll-free at (800) 722-2386. At the prompts, press #3 and #4, or e-mail Lois at lois.kundel@palmer.edu.

Parts of CLRC cast in stone

Masons attach a concrete panel to the east side of the Chiropractic Learning Resource Center on the Davenport Campus. The sand-colored concrete panels on the CLRC are known as “cast stone” because they’re made of a finer aggregate or rock than the type usually found in concrete slabs.
Mark Heslip, D.C., graduated from Palmer College of Chiropractic’s West Campus in 1992. He has been in practice in San Francisco, and Novato, Calif. since then. He received his Diplomat in Applied Spinal Biomechanical Engineering in 1994. In 1996 he became certified as a Qualified Medical Examiner, earning Ergonomic Specialist Certification a year later, providing him the opportunity to act as an injury prevention consultant for United Airlines, Marriott Hotels and Lockheed Martin Corporation. Other responsibilities include testing candidates for the Part IV exam of the National Board of Chiropractic Examiners and serving as chiropractic director for the American Conservatory Theatre in San Francisco. Dr. Heslip is a member and past president of the California Chiropractic Association’s San Francisco Chapter. Outside of his profession, Dr. Heslip is involved in various homeless shelters and food banks in his community and runs a small family winery. Active in alumni programs at Palmer, Dr. Heslip was appointed to the Palmer Board of Trustees in 2006.

Tell us what strengths you bring to the Board?

I bring a high level of enthusiasm and a healthy dose of optimism to any endeavor I take on. Additionally, I have always been a solution-oriented person and am relentless in the pursuit of finding common ground amongst those with differing opinions and perspectives.

What issues in the chiropractic profession or in education concern you most?

The healthcare delivery system of the future will increasingly demand that treatment be evidence-based. The responsibility of meeting these criteria for chiropractic lies with its teaching institutions. I want to make sure Palmer’s curriculum, as well as the research it conducts, reflects this objective. If we do this well, not only can we better define our position in the healthcare spectrum, we will better convey to other professions and the public at large exactly how we can help them. I don’t believe that as a profession we have always done a very good job of this.

What is your vision of the three campuses of Palmer College in 25 years?

Having three campuses with different learning environments is a major strength of Palmer and offers students choices no other chiropractic school can. Twenty-five years from now I envision that there will be enough flexibility that we can utilize three different methodologies to deliver the same strong chiropractic program that is second to none.

What are your favorite memories of your time at Palmer?

In 1989, during my first quarter at Palmer’s West Campus, we had the Loma Prieta Earthquake. It was devastating to the entire Bay Area and quite disruptive to our daily living. We had no power for two weeks and no hot water for a month. At times, we even held class outside because classmates were afraid to be inside due to the aftershocks. It brought a new class closer together and made us feel if we could get through that experience, we could get through anything.
Nelson R. Peet Jr., D.C., Davenport ’50, died Aug. 19, 2006, in Vermont. Dr. Peet and his wife, Helen Peet, D.C., who died in 2003, were known throughout the chiropractic profession as mentors through their chiropractic post-graduate School of Higher Learning. Dr. Nelson Peet continued to see patients until May 2006 in Pompano Beach, Fla. He was also working on a book for the chiropractic profession.

Dr. Nelson Peet played a vital role in the passage of a law to license chiropractors in New York. He was a past president of the New York Chiropractic Association and a post-graduate faculty member of Life University in Marietta, Ga. He was a member of the American Chiropractic Association, the International Chiropractors Association, New York State Chiropractic Association and the International Pediatric Chiropractors Association.

Four of the Nelson’s children became chiropractors: Palmer Peet, D.C., Paula Peet, D.C., Parry Peet, D.C., and Jennifer Peet, D.C. Dr. Nelson Peet was directly responsible for helping more than 14 of his family and friends to become Doctors of Chiropractic.

Marvin Klaes, D.C., Davenport ’48, passed away Oct. 13, 2006, at the age of 83 in Seymour, Ind. During World War II, he served in the U.S. Army in Britain and Japan. Dr. Klaes then earned his chiropractic degree at Palmer College and joined the original faculty of the Gonstead Clinic in Mount Horeb, Wis.

From 1957 until his retirement in 1989, Dr. Klaes practiced chiropractic in Seymour, Ind. He was past president of the Indiana Bureau of Chiropractic and the Indiana Chiropractic Association. He also was president of the International Chiropractors Association of Indiana and served as the Indiana representative to the International Chiropractors Association.

A member of Palmer College’s President’s Club, Dr. Klaes received the D.D. Palmer Scientific Award in 1974 and became a Fellow of the Palmer Academy of Chiropractic in 1980. He is survived by his wife, Lena Couch-Hawn; four daughters, Kathy Clark, Julie Bradley, Dr. Marian Klaes-Lanham, Davenport ’86, Patricia Hurley; three sons, Dr. Chris Klaes, Davenport ’80, Bill Klaes, and Don Klaes; as well as grandchildren, great-grandchildren, step-grandchildren, and one stepsister.

H. Dale “Doc” Evans, D.C., Davenport ’49, passed away Sept. 25, 2006, in Kennewick, Wash. He was 90 years old. Originally an Iowa native, Dr. Evans served as a Palmer faculty member from 1953-59 and later opened his own practice. He was also a Navy veteran.

He is survived by his wife of 67 years, Marie; son, Jerry, of Nevada Springs, Nev.; three grandchildren and three great-grandchildren. He was preceded in death by sons Richard and Gregory Evans.

**Davenport Campus**

**1930**

Agnes Rutherford, D.C., ’36
Tualatin, Ore.

**1940**

Dr. Robert Null, ’42
Independence, Kan.

Dr. James Rasmussen, ’42
La Jolla, Calif.

Dr. Jan Figley, ’44
Brooklyn, N.Y.

Dr. James Dedrick, ’47
Erlanger, Ky.

Dr. Olaf Cooper, ’48
Russell Springs, Ky.

**1950**

Dr. Robert Bright, ’53
Scottsdale, Ariz.

Dr. Donald Witte, ’53
Ottumwa, Iowa

Dr. William Conner, ’58
Decatur, Ind.

Dr. Bobby Davis, ’58
Wooster, Ohio

Dr. Vernon Miller, ’59
Bettendorf, Iowa

**1960**

Dr. Francine DeVigne, ’60
Mont-Saint-Hilaire, Que., Canada

Dr. Thomas Fox, ’60
Ankeny, Iowa

Dr. Gerald Gerleman, ’60
Henderson, Nev.

Dr. James Bissland, ’62
Titusville, Fla.

**1970**

Dr. Stephen Kelman, ’71

Dr. Philip Gast, ’74
Valparaiso, Ind.

Dr. Terry Holder, ’76
York, Pa.

Dr. Elizabeth DeVore, ’77
Kenneth City, Fla.

Dr. Joseph Fiorenzo, ’78
Ashtabula, Ohio

**1980**

Dr. Richard O’Neal, ’80
Tempe, Ariz.

Dr. Jason Rosenberg, ’99
Wahpeton, N.D.

**2000**

Guy Robert L’Abbe, C.T.
Cedar Rapids, Iowa

**West Campus**

**1980**

Dr. Gregory James Volesky, ’87
Fort Collins, Colo.
Head Repositioning Errors in Normal Student Volunteers: A Possible Tool to Assess the Neck’s Neuromuscular System

AUTHORS: Edward Owens, Jr., D.C., M.S.; Charles Henderson, D.C.; Ram Gudavalli, Ph.D.; Joel Pickar, D.C.

Joint pain can interfere with the ability to position body parts accurately. We tested whether repositioning errors could be induced in a normal population by contraction of the neck muscles. In the study, volunteers free of neck problems found a comfortable neutral head posture with eyes closed. They deconditioned their cervical muscles by moving their heads in either flexion/extension or lateral flexion and then attempted to return to the same starting position. Two conditioning sequences were interspersed within the task: hold the head in an extended or laterally flexed position for 10 seconds; or hold a 70 percent maximum voluntary contraction for 10 seconds. The difference between the initial and final head orientation was calculated in three planes. Forty-eight chiropractic students participated. During the neck extension test, actively contracting the posterior neck muscles evoked an undershoot of the target position by 2.1° (P<0.001). No differences in repositioning were found during the lateral flexion test. The results suggest that the recent cervical paraspinal muscle contraction can influence head repositioning in flexion/extension. This is the first time that muscle history has been shown to influence proprioceptive accuracy in the human neck. This finding may be used to elucidate the mechanism behind repositioning errors seen in people with neck pain.

A Randomized Clinical Trial and Subgroup Analysis to Compare Flexion–Distraction with Active Exercise for Chronic Low Back Pain.


Flexion distraction (FD) is a commonly used form of chiropractic care. No previous clinical trial has assessed its effectiveness. This study compared two treatment protocols. The objective was to compare the outcome of chiropractic FD procedures to an active trunk exercise protocol (ATEP) performed by physical therapists. A randomized clinical trial study design was used. A 100-mm visual analogue scale (VAS) for perceived pain, the Roland Morris (RM) Questionnaire for low back function, and the SF-36 for overall health status served as primary outcome measures. The FD intervention consisted of the application of flexion and traction applied to the low back, using a specially-designed table. The ATEP intervention included exercises, modalities and cardiovascular training. Study patients perceived significantly less pain and better function after intervention, regardless of which group they were in (P<0.01). Subjects in the FD group had greater relief from pain than those in the exercise program (P=0.01). Subjects categorized as chronic improved most with the FD protocol. Subjects with recurrent pain and moderate to severe symptoms improved most with exercise. Patients with radiculopathy did better with FD. There were no significant differences between groups on the RM and SF-36 outcome measures. Overall, FD provided more pain relief than active exercise; however, these results varied based on stratification of patients with and without radiculopathy and recurrent symptoms.
### March

- **9** West Campus Graduation Convocation, Santa Clara Convention Center, Santa Clara, Calif.
- **9-11** ICS Annual Convention, Des Moines, Iowa
- **10** Men’s Rugby, Davenport Campus v. Cincinnati Wolfhounds, Cincinnati, Ohio
- **23** Florida Campus Graduation Convocation, Bethune-Cookman College, Daytona Beach, Fla.
- **31** Palmer Destination Success 2007: A Journey from Within, Lyceum Hall, Davenport Campus
- **31** Men’s Rugby, Region 3 Crossovers, Location to be announced

### April

- **7** Men’s Rugby, Davenport Campus v. Clinton Muddy River, Credit Island Park, Davenport
- **21** Men’s Rugby, Region 3 Championship, Chicago, Ill.
- **28** Men’s Rugby, Davenport Campus v. Chicago Lions, Chicago, Ill.

### May

- **5** Men’s Rugby, All-Iowa Rugby Tournament, Iowa Falls, Iowa
- **12** Men’s Rugby, Sweet 16 tournament, Columbia, S.C.

### June

- **1-3** AAC Convention, Phoenix, Ariz.
- **15-17** CCA Summer Convention & Exposition, San Diego, Calif.
- **16** Davenport Campus Graduation Convocation, Lyceum Hall, Davenport

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**Calendar**

Mark your calendar

**Davenport Campus**

**August 9-11, 2007**

**West Campus**

**October 12-13, 2007**

For information on events and registration, contact the College Events Department by calling toll-free at (866) 592-3861 or visiting [www.palmerhomecoming.com](http://www.palmerhomecoming.com).

For Development and Enrollment travel schedules, visit [www.palmer.edu](http://www.palmer.edu).

For Continuing Education programs, visit [www.palmerinstitute.net](http://www.palmerinstitute.net).
www.palmer.edu

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