Dr. Bill Moreau: Managing Director of Sports Medicine and Chief Medical Officer for the Rio Olympic Games—plus other Olympic alumni
Professional football trailblazer
Dr. Karen Slota is the first woman pro football chiropractor.

Tigers powered by chiropractic
The Clemson Tigers are powered by Dr. Michael Nelson.

Tips from the experts
Advice from four top sports chiropractors on working with all kinds of athletes.

cover story
Dr. Moreau is the top Olympic doc for Team USA, but other alumni also care for Summer Olympians.

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Great things are happening!

This August we’ll all be drawn to our televisions and electronic devices to watch the Summer Olympics and cheer our athletes to victory. In this issue you’ll have a chance to read about a number of our alumni who help care for U.S. Summer Olympians and Paralympians, starting with Dr. Bill Moreau, who heads the U.S. Olympic Committee’s sports medicine team and will serve as the chief medical officer for Team USA at the Rio Games. The list of Palmer grads who’ve helped our Olympic athletes—past and present—is impressive.

As you read through the alumni section you’ll see what some of our alumni have been up to, and in particular the important roles women alumni are filling. In College News you’ll see a tribute to Vickie Anne Palmer, “The Refiner” of chiropractic, whose statue was dedicated at the Port Orange Homecoming, and find out how we’re “going green” in San Jose with rooftop solar panels.

We’re making progress with the structuring of our new alumni association, too. By the Davenport Homecoming in August we should have the state representatives in place for our top 25 states and many district representatives recruited. You’ll see the list of representatives inside, and read about volunteers like Dr. Art Durham, state representative for North Carolina, who’s an excellent example of the work our state reps are doing. If you’d like to learn more about the program, or be part of it, please contact me at mickey.burt@palmer.edu.

This summer the College started phase one of a multi-million dollar, multi-year renovation of the Davenport campus. This endeavor will help us meet our commitment to our students, faculty, staff and alumni on many levels. We’ll reinvigorate the campus and redefine its look for many years to come, while preserving its rich heritage. Work is starting on a complete renovation of the Alumni Auditorium into the new R. Richard Bittner Athletic & Recreation Center (which includes the Paul and Donna VanDuyne Jogging Track) as well as a facelift for the Clinic Garden and north section of campus. We’re also planning to renovate Vickie Anne Palmer Hall; see page 27 for more on these exciting plans.

I invite all of you to come to this year’s Davenport Homecoming to see the progress for yourself. We look forward to sharing with you what the future holds for the Davenport campus, College and profession. As always, thank you for all you do!
Karen Slota, D.C., Davenport ’99, has been blazing new trails since leaving her hometown of Washta, Iowa.

“It’s such an incredible honor to be considered a trailblazer.”

Last year Dr. Slota earned the distinction of becoming the first woman appointed as the full-time chiropractor for a professional football team, the Detroit Lions.

A lifelong chiropractic patient, Dr. Slota, who maintains a multi-office practice in Michigan, earned her appointment after she was invited to adjust players during a spring work-out camp last year. In addition to assessing her clinical skills, another aspect of Dr. Slota’s spring-camp assignment was to determine if she would be a good fit for the training room,
and to see how the players responded to a woman in the role as team chiropractor.

When the camp concluded, the Lions' head trainer informed Dr. Slota that the players had submitted a list of four requests they wanted the organization to approve heading into the regular season—and keeping Dr. Slota as the team's official chiropractor was one of them.

“That was very special,” says Dr. Slota, reflecting on the vote of confidence she received from the Lions' players, which led to her selection as the team's full-time chiropractor. This makes Dr. Slota the first female member of the Professional Football Chiropractic Society (PFCS), which includes each of the 32 professional football team chiropractors (one-third of whom are Palmer graduates), established in 2001.

Dr. Slota's appointment as the Lions' team chiropractor is the latest example of professional football's integrative approach to player care. It also speaks to the number of women drawn to the growing field of sports chiropractic.

During her debut season as team chiropractor for the Lions, Dr. Slota's already-busy practice schedule expanded to include two mornings a week caring for players at the Lions' training facility, two to three nights a week of player care at her office, plus three hours in the locker room before kickoff on game days.

“Dr. Slota's appointment is a great accomplishment and a triumph for our profession,” says Kyle Prusso, D.C., PFCS president, team chiropractor for the Oakland Raiders and director of clinics at Palmer's San Jose campus.

The Detroit Lions organization is undergoing a top-to-bottom restructuring, which will determine whether or not Dr. Slota is retained as the team's chiropractor for the 2016 season.

Regardless of what the future may bring, Dr. Slota enjoyed the challenges of working as part of a multidisciplinary team and lessons learned during her “rookie season,” and is proud of her pioneering appointment. “It's such an incredible honor to be considered a trailblazer,” she says.

Dr. Carrero recognized by Latino American Who’s Who

H. Lester Carrero, D.C., Harmony Clinic, Deltona, Fla., was selected for inclusion in the Volume III edition of Latino American Who’s Who (latinwhoswho.net). Dr. Carrero has a chiropractic practice with an emphasis on nutrition and is the author of the “21-Day Diet.” He's a 2006 graduate of Palmer's Port Orange campus and a member of the Florida Chiropractic Association, American Chiropractic Association and The Florida Conference of Hospitals.

The Latino American Who's Who is a New York-based biographical publication that selects and distinguishes leading Latino professionals throughout the world who have attained a recognizable degree of success in their field of endeavor. The publication promotes an awareness of the achievements of the Latino professional and executive by creating a networking platform to provide recognition of individual accomplishments.
Prior to becoming a chiropractor, Michael Nelson was an athletic trainer for Ohio State University (where he earned a B.S. degree in athletic training), and Clemson University. He also was an athletic trainer for pro football’s Buffalo Bills from 2011–2012.

“As an athletic trainer I felt limited in what I could do to help these elite athletes,” he says. “I knew if I could use my hands to apply manual therapies we could see results instantly. As a chiropractor I now know the power of an adjustment would have helped get them back into action more quickly.”

Today, Michael Nelson, D.C., M.H.R.D., ATC, is the team chiropractor for Clemson University Tigers athletics and co-founder of Carolina Active Health Chiropractic with his wife, Dr. Kelsey Nelson. Both are 2015 graduates of Palmer College of Chiropractic’s Port Orange campus.

“Palmer helped prepare me by providing great mentors with experience in treating athletes, as well as opportunities to treat athletes through the Palmer Sports Council,” Dr. Nelson says. “My experience with the overall clinic system was excellent.”

To current and future Palmer students, Dr. Nelson adds, “Follow what you want to do. At Palmer you’ll be exposed to many different techniques and approaches, which allow you to follow your own path and become the chiropractor you want to be.”
At each stage of her two-decade career, Sherry McAllister, D.C., CCSP®, San Jose ’96, has distinguished herself time and again by demonstrating a dedicated spirit and willingness to go the extra mile to promote Palmer College and advance the chiropractic profession.

While completing her studies at Palmer’s San Jose campus, Dr. McAllister served as Associated Student Government president. She has helped direct the San Jose campus continuing education and 13th Quarter field-training programs, and continues to represent her chiropractic alma mater at various Palmer alumni events.

Dr. McAllister recently became an even greater ambassador for the chiropractic profession when she was appointed executive vice president of the Foundation for Chiropractic Progress (F4CP).

She’s also a competitive triathlete. She’s always on the go—and that includes maintaining a part-time practice in San Jose while raising two sons with her husband, Don.

In addition to having a positive impact on the quality of life for the patients she serves in her practice (which last year received a “Best of San Jose” award), Dr. McAllister derives great pride in helping others enjoy the health benefits of chiropractic care. She advances the profession through her various roles as guest-speaker, Palmer alumni ambassador and F4CP executive vice president.

“Nothing feels better than when you have a patient tell you, ‘I had no idea I could feel this good again,’” she says. In her role as F4CP executive vice president she handles media relations, building relationships with corporate sponsors, and building resources and opportunities for D.C.s.

“I also enjoy meeting with alumni at Homecoming and at state and provincial meetings. They provide opportunities to share the exciting developments at Palmer, and show how alumni can help build a healthy future for chiropractic through similar service to the College and the profession,” she adds.

Dr. McAllister’s reflections of the past 20 years are filled with many pleasant memories and Palmer Proud moments. “I can sum up the past two decades in one word: blessed!” she says. “The patients, alumni, students and faculty I’ve had the pleasure to meet and work with have brought tremendous joy to my life—and I’m confident the next 20 years will be even better!”

Dr. McAllister (third from right) and Dr. Theresa Whitney, faculty adviser to the F4CP student chapter (far left), with students at the San Jose campus.
That event led my parents to pack up the family, move from Detroit to Davenport and become chiropractors,” Dr. Bolton recounted in a 2012 Insights article. Not only did his father and mother become chiropractors, but the three Bolton children were told their education was not complete until they, too, studied chiropractic. Thus began a Bolton family chiropractic legacy, resulting in some 23 chiropractors in the immediate family.

... Dr. Stanley P. Bolton served the profession in a number of leadership roles.

After graduating from Palmer, Stanley W. Bolton, D.C., and Mariette G. Bolton D.C., immigrated to Australia to pioneer chiropractic in that country. Their son Stanley P. Bolton earned his D.C. degree from the Palmer School of Chiropractic in 1948. In addition to practicing in Sydney and traveling to establish and provide regular chiropractic clinics throughout New South Wales and southern Queensland, Dr. Stanley P. Bolton served the profession in a number of leadership roles.

Stanley P. Bolton, O.A.M., Kt.B., D.C., Ph.C., F.P.A.C., FICC, JP, died at the age of 86, in Sydney, Australia, in November 2015. His family’s chiropractic journey started in 1933 when Stanley was four years old and contracted poliomyelitis. Doctor after doctor was brought in to treat him with little success. His parents, Stanley W. and Mariette G. Bolton, were frightened their son would die. They sought chiropractic care, and after three days of adjustments, young Stanley’s temperature fell and he took a few faltering steps. It seemed like a miracle cure.

He worked very closely with John Fraser, D.C., the first federal president of the Australian Chiropractors Association, to secure X-ray licences for chiro-
practors under the Radio-Active Substances Acts in Australia.

Dr. Bolton was elected federal president of the Australian Chiropractors’ Association (ACA) and served from 1960-71. This role included guiding the profession through the period of the first government inquiry into chiropractic in Australia—the WA Honorary Royal Commission on Natural Therapy. He became associate editor for the Chiropractic Journal of Australia and was involved in the establishment of the first scholarships for Australian students wanting to study in the United States.

He was elected foundation president of the Australian Chiropractors’ Association NSW State branch and served what was to become his first term as president from 1960-66. In 1963 he initiated discussions with the NSW government and the University of NSW on education for chiropractors within the university sector.

He worked tirelessly with ACA vice-president Jim Tunney to achieve Australia’s first legislation to register chiropractors, which occurred in Western Australia in 1964. During this time he also led the political action to restore the use of X-ray by chiropractors in Queensland.

He was elected an Honorary Life Member of the Australian Chiropractors’ Association (NSW Branch) in 1974 and was re-elected to serve his second term as NSW Branch President from 1975-1980, playing a key role in the emergence of NSW’s first Chiropractic Registration Act. In 1976 he was the lead in the Australian chiropractic presentations to the New Zealand Commission of Inquiry into Chiropractic.

Dr. Bolton retired from full-time chiropractic practice in 1996, just shy of 50 years in practice. He remained active in the profession, however, continuing his role as associate editor for the Chiropractic Journal of Australia and a member of the editorial advisory board of the U.S.-based Chiropractic History Journal and Archives.

On Australia Day (January 26) 2016, Dr. Bolton was posthumously awarded the Medal of the Order of Australia (OAM) by the Australian Government for his service to chiropractic and the community.

His eldest son, Dr. Philip S. Bolton, Davenport ’80, said: “He will be remembered by those who knew him as a man of principle who lived his life based on the principles of the Baha’i Faith and the tenets of chiropractic, and as a man who loved his family dearly.”

He will be remembered as a man of principle...
San Jose alum blazing new trails in Arizona

When Brandon Boothe, D.C., San Jose ’11, received a call from Ranking Arizona: The Best of Arizona (2016) magazine to inform him that his practice, PROCARE Spine and Sports Therapy in Scottsdale, had been selected as one of the state’s Top 10 therapy clinics, he was more than a bit leery about the credibility of the call. But it was real.

“The fact that a patient took the time to nominate me was an honor in and of itself. Then, to have individuals vote PROCARE as a Top 10 therapy clinic —after only my second year. I still can’t believe it!”

Since opening PROCARE Spine and Sports Therapy in 2013, Dr. Boothe has built his practice through multiple associations that he’s made with other health-care professionals.

“As chiropractors, we possess tools that are beneficial to athletes,” says Dr. Boothe, who graduated with Clinical Excellence honors and participated in multiple Sports Council events during his San Jose campus experience.

“Getting results gains you respect from other health-care colleagues, which will pay you back in your practice with great referrals.” Perhaps the most impactful referral came when Dr. Boothe’s first pro-athlete patient led to a meeting with LeCharles Bentley, who played six years in professional football before retiring in 2008. The two-time Pro Bowl center now maintains Online...
Dr. Boothe (left) with former pro football player LeCharles Bentley, owner of O Line Performance.

Performance, a training facility for professional football offensive linemen, located near PRO-CARE—where Dr. Boothe spends four to five hours twice a week treating 15 to 20 players each day.

“Elite-level athletes are going to be treated by many different practitioners along their professional journey,” he says. “If you’re fortunate enough to be part of that journey, I suggest you act professionally and provide good results—you may be involved in that journey longer than you initially thought was possible.”

Dr. Boothe’s chiropractic journey began while completing his undergraduate studies at Brigham Young University, where he was a pitcher on the baseball team with professional aspirations. However, two major injuries, which required surgical procedures, ended his pro-sport dreams and rerouted his career path in the direction of health care.

Once he made the decision to pursue the chiropractic-career path, Dr. Boothe, a Merced, Calif., native, said Palmer’s San Jose campus was his number-one choice, because of its reputation as a leader in the field of sports chiropractic.

“From the beginning, becoming a sports chiropractor made the most sense to me. I could relate with my patients as an ex-athlete, and also with back pain that patients experience, because of my own surgeries—which was probably the single-worst decision I’ve ever made. Knowing what I know now, I never would have had surgery.”

While Dr. Boothe is honored to provide care for professional and collegiate athletes, he’ll be the first to tell you he takes equal pride in caring for each of his patients. “I’m extremely happy with my career choice—I get to wake up every day and do what I love,” he adds.
Dr. Bill Moreau leads health-care team for U.S. Olympic and Paralympic athletes

When you think about it, it isn’t surprising the managing director of sports medicine for the United States Olympic Committee (USOC) is a chiropractor. Olympic and Paralympic athletes recognize the benefits of chiropractic and have been requesting for years that chiropractors be part of the health-care team during and between the Olympic and Paralympic Games.
Providing gold-medal care for Olympic athletes

“My career at the USOC began nearly eight years ago, when I served as manager of the USOC’s flagship clinic in Colorado Springs,” says the USOC’s Managing Director of Sports Medicine William Moreau, D.C., DACBSP, Davenport ’81.

“As the athletes and staff came to recognize the benefits of conservative, multiple-disciplinary musculoskeletal care, the athletes drove the demand for a team approach to the care needs. The USOC is unique in the delivery of high-performance care at the Olympic and Paralympic levels.”

Today, Dr. Moreau oversees all USOC sports-medicine clinics, Olympic and Paralympic Games planning and staffing, and the USOC National Medical Network. He’ll also be the first doctor of chiropractic to serve as a chief medical officer for an Olympic team at the upcoming Olympic Games in Rio de Janeiro, Brazil.

Life should be an adventure. “In my opinion, there are two ways to live our lives: take the most comfortable path in front of us, or challenge ourselves and take risks,” he says. “The concept that we can never become more if we don’t try changed my life. I’m committed to making life an adventure, and it’s been a great trip so far. I’m looking forward to continuing the adventure!”

That adventure includes leading the team of interdisciplinary health-care professionals who provide care to Team USA athletes through more than 25,000 Olympic and Paralympic clinical interactions each year. Team USA uses chiropractic care for many reasons, Dr. Moreau says. “Sometimes the care is for the daily ache and grind of the professional athlete, for sport performance outcomes or to treat injuries. Both summer and winter Olympic and Paralympic athletes have common injuries, as well as sport-specific injuries. You need to fully understand the demands of sport in order to best help the athletes.”

Chiropractic care helps drive high-performance outcomes, Dr. Moreau adds, “by helping the athlete to reload and get ready for the next day of practice or competition grind. If we can help them recover and physically perform the next day, the target is for the athlete to reach the pinnacle of their potential at the Olympic or Paralympic Games.”

Access to conservative care such as chiropractic is important to the athletes. “The athletes vote with their feet by choosing those providers who can help them the best,” he says. “The conservative health-care providers are in high demand.”

As for his upcoming “adventure” as the chief medical officer for the U.S. Olympic Team, Dr. Moreau is gearing up to help his team of health-care providers focus on each athlete’s needs.

“The job is both challenging and rewarding,” he says. “I enjoy the opportunity to build teams of providers. When we work together and focus on the athlete, we can move mountains to help that individual achieve greatness. There will be more than 100 health-care providers supporting Team USA in Brazil, including approximately 15 chiropractors, and my job is to bring them together as The Team Behind the Team.”

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While Dr. Moreau is the “top Olympic doc” for Team USA, he’s one of a number of Palmer alumni who care for America’s most elite athletes. We’re featuring several of those alumni with ties to the Summer Olympics.

Dr. Ira Shapiro: an early groundbreaker

Ira Shapiro, D.C., Davenport ‘83, vividly recalls his experiences as an attending chiropractic physician for the 2004 U.S. Olympic Team at the games in Athens, Greece. Based on a lengthy evaluation process, Dr. Shapiro was chosen by the USOC as only the ninth chiropractor named to the medical staff of a U.S. Olympic Team. That August he met the needs of nearly 550 American athletes participating in the competition.

This involved long days before and during the three-week games. “As a member of the U.S. Olympic Team medical staff, you arrive about 10 days before the opening ceremonies,” he says. “The day starts at about 8 a.m. and can end at 11 p.m. For instance, from 8 until 8:45 a.m. the volleyball team comes to the clinic to prepare for their 9 a.m. morning practice. Then the swimmers might come in from 8:30 to 9:15 a.m. to prepare for their 9:30 a.m. practice. By the time the last team goes out for their morning practice, the group that arrived at 8 a.m. is already back for their after-practice care. When you’re finished with everyone’s after-practice care around 2 p.m., the group that came in at 8 a.m. is now back in the clinic to prepare for their afternoon practice. There’s a constant flow of athletes throughout the day.”

Some of the athletes attributed their success, at least in part, to chiropractic care. “There’s no greater feeling than when an athlete comes to you wearing a gold medal and says, ‘Thank you. I couldn’t have done this without your help.’”

Chiropractors are part of the medical team because the athletes want them there, Dr. Shapiro adds. “After a lifetime of training and treating pain and injuries, they understand the benefits of chiropractic care. First-hand experience has told them our expertise helps them perform bet-
They realize the chiropractorcorrectsthe biomechanical misalignments that hinder performance, and through correction of these misalignments they gain the ability to perform at much higher levels."

What words of advice does he have for chiropractors who want to work with elite athletes? “The ability to treat elite athletes starts at the very basic level,” he says. “The chiropractor should begin with the sports they’re most familiar, including the ones they’ve played. This knowledge will provide a deeper understanding of the biomechanics and injuries associated with that sport.”

He also advocates becoming proficient in soft tissue and functional taping techniques along with spinal and extremity manipulation skills. “Chiropractors should be certified in sports injury techniques to learn the basics and then work actively in the field to further the principles taught in those programs. As your skills and reputation for treating sports injuries grows, so will the opportunities for treating more diverse athletes, and even those competing at the highest levels.”

Dr. Karla Solum: Team Chiropractor, USA Beach Volleyball

Achieving one’s goals often comes after personal sacrifice.

For Karla Solum, D.C., CCSP®, San Jose ’10, achieving her goal of developing a sports-focused practice and working with elite athletes not only required a hefty investment of volunteer time, but also the costs incurred when traveling from her home state of Minnesota to California, Florida, Illinois and Louisiana to provide care at events sponsored by the Association of Volleyball Professionals (AVP) and USA Beach Volleyball.

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Treating and earning the respect of these world-class volleyball players led to an invitation to travel and provide care for the team at U.S. and international events. During the past five years, Dr. Solum, who now maintains her primary practice at Elevate Human Potential in Moorhead, Minn., has traveled to provide care at AVP and FIVB (Federation of International Volleyball) tournaments in Brazil, China, Finland, Guatemala, Norway, Puerto Rico, Switzerland and other global destinations.

“Our athletes are very in tune with their bodies, and are great about seeking our help when they don’t feel quite on their game,” says Dr. Solum. She also has provided care for USA teams in track and field, weight lifting and luge, in addition to sharing her sports-chiropractic skills at extreme-sport events such as the Dew Tour in Colorado.

“We’ll do whatever we can to help them elevate their game—and any time you can help an athlete reach his or her full potential, then you’ve done your job.”

Dr. Solum credits her Palmer education, and the experience she gained from multiple Sports Council events, for helping her develop the necessary skills to care for world-class athletes.

“The main reason I was selected by USA Volleyball was due to all the on-field experience I gained from Sports Council events as a student, and the amount of time I volunteered as a young doctor,” says Dr. Solum. “I had to pay a lot of money to volunteer at times—but the learning experience I gained from volunteering for those events is what helped me gain the confidence in treatment methods and on-field procedures, which I needed to move up to the professional level.”

At press time, Dr. Solum, who served as medical director of the Sea Otter Classic cycling festival in Monterey (2007-2009) and the Kaiser Half-Marathon (2007-2008), was among the group of USA Volleyball chiropractors awaiting confirmation regarding travel to Brazil to provide care at this summer’s Olympic Games.

“I absolutely love working with athletes—and it just so happens I get to work with some high-caliber athletes,” she says. “I would love to treat at an Olympic Games someday, if not Rio in 2016, then hopefully in 2020!”
As he watched the raising of the American flag while the U.S. national anthem roared from the arena speakers, Dr. Glass found himself reflecting on his days as a Palmer student, when he spent many less-than-glamorous evenings picking up dirty athletic tape and sweaty towels and delivering water to the field as a volunteer assistant for the San Jose Sabercats of the Arena Football League.

“As a former athlete, I’m all about teamwork—and for the team to win, each member has to put in the work, and put your ego and pride to the side,” says Dr. Glass, who maintains his primary practice at Competitive Edge Chiropractic & Sports Wellness in southern California, where USA Volleyball is headquartered.

Dr. Glass has served as a member of the sports-medicine team for USA Volleyball (men’s and women’s) since 2010. After two months of demonstrating strong treatment skills and developing a good working relationship with the athletic trainers for the men’s and women’s
teams, he earned the appointment as the official chiropractor, which has included trips to provide care at events in Brazil, the Dominican Republic, Italy and Japan.

During the USA Volleyball season (May to October), Dr. Glass visits the team’s training facility in Anaheim once or twice each week. He meets with the head athletic trainer for player evaluations and to determine the appropriate treatment protocol for each athlete.

“Being on the same page and communicating a lot is the key to working as a member of any sports-medicine team,” says Dr. Glass, who also is team chiropractor for the LA KISS of the Arena Football League, and serves as chiropractic consultant for the Anaheim Ducks of the National Hockey League.

“It starts with the trainer or doctor in charge of the medical team. If they see a benefit in what you do, so will the athletes. Since I provide some type of care to about 90 percent of the players, that illustrates the degree to which they recognize how chiropractic benefits their bodies and on-court performance.”

At press time, Dr. Glass wasn’t sure if he’d be traveling with Team USA to the Summer Olympics in Brazil. Regardless, he’s proud to have a hand in the team’s on-court performance and keeps on striving toward his ultimate goal.

“I remember telling one of my former Palmer instructors, who was one of the first chiropractors to treat Olympic athletes, that I was going to follow in his footsteps,” adds Dr. Glass. “He just smirked and gave me a ‘good luck’ smile of encouragement. From that moment, every decision I’ve made in my career has been predicated upon putting myself in positions to help my dream come true.”

Dr. Heather Bowyer: Treating elite and everyday athletes

“Taking what we learn in the clinic and classroom out into the sports field or arena is really where the students get a chance to see how chiropractic can make a difference in an athlete’s health and performance. This hands-on experience is what helps Palmer grads excel in careers that involve sports and chiropractic.”
In the winter of 2011, a group of track-and-field athletes hopeful of making the 2012 Summer Olympics teams began training at Embry-Riddle Aeronautical University in Daytona Beach, Fla. Their coach, a Florida native, moved the team from Atlanta where they had previously been training.

These athletes, who competed in events such as the heptathlon, women’s 100- and 200-meter sprints and relays as well as the long- and triple-jump, were representing the U.S. and other countries. While in Atlanta, they were treated by a chiropractor on a regular basis. It was through a network of D.C.s and CCSPs that their coach found Heather Bowyer, D.C., San Jose ’06, a faculty clinician at Palmer’s Port Orange Clinic and faculty adviser for the Port Orange Campus Sports Council.

“Chiropractic was a required part of their training regimen,” she says. “All the athletes we treated were required to meet with a team of health-care providers on a regular basis.” In total, Dr. Bowyer and her clinic interns treated 14 athletes as they prepared for the Olympic Games. “Out of the four U.S. athletes who qualified for the summer games, two won gold medals. It was a wonderful opportunity for the students to work with elite-level athletes in a learning environment.”

Since coming to Port Orange from Palmer’s San Jose campus, Dr. Bowyer has helped build the Port Orange Sports Council. Many of the students seeking a career in sports chiropractic end up working with her either in the clinic or at a sports-related event in the community.
In July 1992, prior to the Summer Olympics in Barcelona, Spain, Sports Illustrated magazine published a profile on four-time Olympic water-polo player (and San Jose ’86 alumnus) Terry Schroeder, D.C., (front and center) which heralded him as “The Consummate Olympian.”

The article featured a photo of Dr. Schroeder flanked by members of the Schroeder chiropractic family (totaling more than twice the amount pictured) standing adjacent to the Palmer Spine. To the casual eye it appears there are 35 chiropractors standing with the spine. However, the photo features 38 members of the Schroeder chiropractic family—you just have to look hard to spot the other three.
The three most-recent additions to the Schroeder chiropractic family (which now totals 78 doctors) were children at the time of the Sports Illustrated photo: San Jose campus alumna Allison (Schroeder) Mankey, D.C. (who graduated in 2011 as Schroeder family chiropractor number 74); Rebecca Schroeder, D.C. (2015 graduate and number 78); and Torrey Schroeder, D.C. (2015 graduate and Schroeder family chiropractor number 77).

“From what my dad (Dr. Thomas Schroeder, Davenport ’85) tells me, part-way through the photo shoot, Torrey, Ali and I were getting bored, and wandered onto the set and found our way to our fathers’ feet,” says Dr. Rebecca Schroeder, who’s now practicing with her father in Fresno, Calif. “We were just horsing around, having fun, as kids do,” she says. “My dad wasn’t too concerned with keeping us out of the photo, so he simply nudged us behind the sacrum and let us be. If you look closely at the Sports Illustrated photo (pictured on page 18), you can see our heads peeking out from small openings in the segment.”

“I don’t remember the day, because we were very young, so it’s fun to listen to stories, and learn the background of the photo from the adults’ point of view. It just makes me so proud to be part of this family tradition,” says Dr. Torrey Schroeder, who practices at Midtown Natural Health in Palo Alto, Calif.

“We’re all so grateful, blessed and proud to be part of my family’s history, passion and love for chiropractic,” said Dr. Allison Mankey, who practices with her husband, Graham Mankey, D.C., San Jose ’11, in Paso Robles, Calif.

Perhaps proudest of all is their second cousin, Dr. Terry Schroeder, who earned silver and bronze medals as a member and three-time captain of the U.S. men’s water-polo teams of the ’80, ’84, ’88 and ’92 Summer Olympics. He also coached the U.S. men’s team that won the silver medal at the 2008 Summer Games in Beijing, China.

“I often show patients the girls’ faces hiding in the photo and tell them with great pride they’re all now chiropractors,” says Dr. Terry Schroeder, who practices with his wife, Lori Bell-Schroeder, D.C., San Jose ’86, in Agoura Hills, Calif. He’s entering his 24th season as the head coach of the water-polo program at his undergraduate alma mater, Pepperdine University.
Almost every chiropractor will care for competitive athletes during his or her career. Those who focus on sports often seek post-graduate education such as a diplomate from the American Chiropractic Board of Sports Physicians. But for chiropractors who simply need advice for the occasional athlete, we’ve gathered suggestions from some of the best sports chiropractors in the field.

**Communication is key**

“Elite athletes have a pretty good sense of their bodies. Listen carefully to get a clear understanding of the athlete’s needs, goals and expectations.”

—Dr. Edward Feinberg

“Remember, just as the athlete is part of a team, so is the chiropractor. It’s important to have strong communication skills and be able to work as a team player. When I’m working with an athlete I always try to make sure I’m on the same page as their other health-care providers.”

—Dr. Michael Tunning

**Common mistakes to avoid**

“When working with a new athlete, it’s common to try to do too much at first. Remember that a small change to the biomechanics of an elite athlete can have big results. Take into consideration their training and competition schedules and find a good time to implement changes.”

—Dr. Lisa Goodman

“Never eliminate the athlete from their training environment. You must always find ways to substitute some form of training to keep them psychologically in the game and minimize deconditioning.”

—Dr. Dave Juehring

“Though the chief complaint should be carefully assessed, it is also important to evaluate the entire kinetic chain associated with their particular athletic endeavor as well as their particular complaint. Sometimes subtle lesions distant from the complaint can create complicating stresses and limitations of performance.”

—Dr. Edward Feinberg

**Marketing your skills to athletes**

“The current interest in concussion provides a great opportunity for chiropractors to connect with teams. Educating athletes, coaches, trainers, parents, teachers and school boards on this subject can be a great way to infuse our skills into athletic teams.”

—Dr. Edward Feinberg

“The best way to get involved in elite sports is to start participating in or working with athletes at a lower level of the same sport. You also have to offer the techniques they’re looking for and market them online. Get your message on your website and social media.”

—Dr. Lisa Goodman

“Being an advocate for the athlete with parents/coaches/administrators is helpful. Word-of-mouth goes a long way toward building your practice.”

—Dr. Dave Juehring
As Dr. Goodman puts it, “Don’t aim to treat Tom Brady, aim to treat the young athlete who may become Tom Brady.” Treating elite athletes starts with having the skills they need. Then combine those skills with effective communication, savvy treatment plans, and community education to grow your practice.

About the Experts

Edward Feinberg, D.C., DACBSP, San Jose ’83, is a professor at Palmer’s San Jose campus. He’s taught sports chiropractic seminars on three continents, written two book chapters and serves as faculty adviser liaison for the American Chiropractic Association Sports Council. He was named ACA Sports Council Chiropractor of the Year in 2011.

Lisa Goodman, D.C., CCSP, CACCP, San Jose ’06, is owner of Washington Park Chiropractic in Denver, Colo. She has a strong interest in high school and collegiate athletes.

Dave Juehring, D.C., CSCS, CES, PES, DACRB, Davenport ’94, has directed the Chiropractic Rehabilitation and Sports Injury Department on Palmer’s Davenport campus since 1998. He has worked with Olympic and international athletes for the U.S. Bobsled Organization for three Winter Olympics and numerous World Championships.

Michael Tunning D.C., ATC, M.S., Davenport ’06, is the Associate Dean of Clinical Sciences on Palmer’s Davenport campus.

Meet the team: College External Relations (CER)

The CER team has been busy making strides nationwide. The team continues to promote the profession and bridge the gap between communities who know little about the profession and the value of a Palmer education. This is accomplished by coordinating events, alumni participation and other enrollment initiatives.

Support interested students in their chiropractic discovery! Get involved by providing relevant information, hosting an open house or attending an event. For more details and complimentary resources, please contact Tasha Rucker directly at tasha.rucker@palmer.edu.
## PCCAA state reps building momentum

State representatives for the Palmer College of Chiropractic Alumni Association (PCCAA) are growing in number. They’re also busy outlining the district boundaries for their states and selecting district representatives. List is as of 5/1/16.

### Current PCCAA State (S) and District (D) Representatives

<table>
<thead>
<tr>
<th>State</th>
<th>Representative(s)</th>
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<tbody>
<tr>
<td>California</td>
<td>Dr. Tracy Cole, San Jose ’89 (S)</td>
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<td></td>
<td>Dr. Lisa Goodman, San Jose ’06 (S)</td>
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<tr>
<td>Colorado</td>
<td>Dr. Orland “Lance” Armstrong, Davenport ’96 (D)</td>
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<td>Dr. Michael D. Baum, Davenport ’80 (D)</td>
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<td></td>
<td>Dr. Michael D. Chance, Davenport ’78 (D)</td>
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<td></td>
<td>Dr. Susan Welsh, Davenport ’80 (S, D)</td>
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<td>Florida</td>
<td>Dr. Eric Hartman, Davenport ’02 (D)</td>
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<td>Dr. Robert Levine, Davenport ’85 (D)</td>
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<td>Dr. Steven Simmons, Davenport ’99 (D)</td>
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<td>Dr. Daniel Spencer, Davenport ’95 (D)</td>
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<td>Dr. Lewis Squires, Davenport ’74 (S, D)</td>
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<td>Dr. Bruce Turino, Davenport ’78 (D)</td>
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<td>Minnesota</td>
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<td>Dr. Harold “Mike” Olson, Davenport ’11 (D)</td>
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<td>Dr. Seth Sazama, Davenport ’11 (S)</td>
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<td>Nebraska</td>
<td>Dr. Kimberly Adams, Davenport ’09 (S)</td>
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<td>Dr. Lance Earhart, Davenport ’79 (D)</td>
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<td>Dr. Chelsie Englund, Davenport ’13 (D)</td>
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<td>Dr. Tiffany Leonida, Davenport ’08 (D)</td>
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<td>Dr. Alesa Melcher, Davenport ’93 (D)</td>
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<td>Dr. Jeffrey Wolf, Davenport ’84 (D)</td>
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<td>Dr. James Zielinski, Davenport ’07 (D)</td>
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<td>New Jersey</td>
<td>Dr. Joseph Nappi, Davenport ’89 (S)</td>
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<td>New York</td>
<td>Dr. Michael DeAngelo, Davenport ’92 (S)</td>
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<tr>
<td>North Carolina</td>
<td>Dr. Chad Anderson, Port Orange ’06 (D)</td>
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<td>Dr. Devlin Atkinson, Davenport ’04 (D)</td>
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<td>Ohio</td>
<td>Dr. Kirk Childers, Davenport ’94 (D)</td>
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<td>Dr. Sandra (Hase) Childers, Davenport ’94 (D)</td>
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<td></td>
<td>Dr. Arthur Durham, Davenport ’75 (S)</td>
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<td></td>
<td>Dr. Chris Kiefer, Davenport ’02 (D)</td>
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<td>Dr. Landon Ortiz, Davenport ’09 (D)</td>
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<td>Dr. Robert Weitzin, Davenport ’97 (D)</td>
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<td>Dr. Robert Ault, Davenport ’07 (D)</td>
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<tr>
<td>Tennessee</td>
<td>Dr. Sarah Dumas-Sochaki, Davenport ’10 (D)</td>
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<td>Dr. Anton Keller, Davenport ’15 (D)</td>
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<td>Utah</td>
<td>Dr. Dr. Christopher Raymond, Davenport ’08 (D)</td>
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<tr>
<td>Virginia</td>
<td>Dr. A.J. LaBarbera, Davenport ’99 (S)</td>
</tr>
<tr>
<td>Washington</td>
<td>Dr. Mark Houk, Davenport ’80 (S)</td>
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<tr>
<td>Wisconsin</td>
<td>Dr. William Spontak, Davenport ’90 (S)</td>
</tr>
</tbody>
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### ‘FIND A D.C.:’ has been renamed ‘FIND A CHIROPRACTOR’

This change makes it easier to navigate, which helps patients find the right doctor for them in their community. Another important change is that alumni who provide or update their information can add a link to their practice website. Visit [www.palmer.edu](http://www.palmer.edu).
Dr. Durham shows Palmer Pride

Art Durham, D.C., Davenport '75, of Newport, N.C., who’s the PCCA state representative for North Carolina, hosted a Palmer booth at the 2015 North Carolina Chiropractic Association Fall Convention in November.

“We sent him some materials, and he did a great job of representing Palmer at the event,” says Executive Director of Alumni and Development Dr. Mickey Burt. “He was also very successful in recruiting district representatives for the Alumni Association. This is an example of the amazing work our alumni are doing.”

Vickie Anne Palmer statue recognizes ‘The Refiner’ of chiropractic

A bronze statue of Vickie Anne Palmer on the Port Orange campus was dedicated during a special event, honoring her work as “The Refiner” of chiropractic. The event was held on Feb. 26, during the 2016 Port Orange campus Homecoming and was attended by dozens of family members, friends and Homecoming attendees.

“I am grateful and honored by the dedication of this statue,” Ms. Palmer says. “Palmer College has always been part of my life, and it’s my family’s living legacy. I’m proud to be part of it.”

Born in Davenport, Iowa, Vickie Palmer is the great-granddaughter of D.D. Palmer, chiropractic’s founder, the granddaughter of Drs. B.J. (The Developer of chiropractic) and Mabel Heath (The First Lady of chiropractic) Palmer, and the daughter of Drs. David (The Educator of chiropractic) and Agnes Palmer.

In a ceremony highlighting Ms. Palmer’s lifetime of contributions to Palmer College of Chiropractic and the chiropractic profession, Palmer Chancellor Dennis Marchiori, D.C., Ph.D., Davenport ’90, said, “Being The Refiner means enhancing and making fine distinctions to bring something closer to perfection. In both service to chiropractic and community involvement, Vickie followed in her father’s footsteps.”

Like her father, Dr. David Palmer, Vickie Palmer literally grew up on Palmer’s cam-

continued ...
... ‘The Refiner’ of chiropractic, continued ...

pus in Davenport. She worked at Homecoming events and as a switchboard operator, Little Bit O’ Heaven tour guide, elevator operator and assistant librarian. She had a front-row seat for the history of Palmer College, attending countless banquets, graduations, homecomings and meetings. Her heritage meant the issues of chiropractic, state of the College and future of the profession were the main course at almost every family meal.

A graduate of Sawyer Business College, Ms. Palmer was named to the Palmer College of Chiropractic Board of Trustees in 1978 and was elected chairman in 1987. She was named a Fellow in the Palmer Academy of Chiropractic and in 1987 was granted an honorary Doctor of Chiropractic Humanities degree. During her tenure as chairman of the Board, there were many significant accomplishments at Palmer, including: major facilities improvements on the Davenport campus, including building the Palmer Academic Health Center and opening the Palmer Center for Chiropractic Research and the Palmer Center for Business Development; the growth, development and stabilization of Palmer’s San Jose campus; the creation of the Palmer Foundation for Chiropractic History; the establishment of Palmer’s Port Orange campus in 2002 and its continued growth and success; and the continued increase of Palmer chiropractors, especially women, who today make up about 40 percent (and growing) of Palmer students.

She continues in her role as The Refiner of chiropractic today. After 20 years as chairman of the Palmer Board of Trustees, Vickie Palmer concluded her tenure as chairman but remains active on the Board. She currently serves on the executive committee and is co-chair (with Board Chairman Trevor Ireland, D.C., Davenport ’70) of the Palmer Identity Committee.

Other special events during the Port Orange Homecoming included: Donald Gran, D.C., M.S.Ed., Davenport ’78, Port Orange campus dean of Academic Affairs, was awarded a Fellowship in the Palmer Academy of Chiropractic; and Jenny Wren Palmer Sutton was awarded an honorary Doctor of Chiropractic Humanities degree. To see Homecoming photos, go to: http://bit.ly/1ThVShi

FIFTY YEARS of educating the best C.T.s

In 1966, Palmer began a fledgling program to train assistants to work in chiropractic offices. Fifty years later, more than 2,000 students have graduated from Palmer’s program, now known as the Associate of Applied Science in Chiropractic Technology (A.A.S.C.T.) program. The first group of students
took courses from Drs. Virgil Strang, Donald Kern and Galen Price in philosophy and other chiropractic topics. Radiographic training was emphasized.

In 1969, the three-year-old program was formalized as the School of Chiropractic Assistants after receiving a government grant to help women develop job skills leading to positions in chiropractic practices. Dr. Dave Palmer asked Drs. Roy Hildebrandt and Edith Cronk to set up the curriculum. The 1,440-hour curriculum consisted of clerical, health and radiology classes.

Recently, the C.T. program increased the number of classes in insurance and Electronic Health Record documentation. The C.T. students must complete 120 hours of clinical experience, usually in a field doctor’s clinic. The Palmer C.T. is trained to manage patient schedules and build relationships with patients; take histories and radiographs; perform physiotherapy and exams; handle coding and billing; manage the front office; help build a practice; and reinforce patient education—making the program the most comprehensive staff training program available.

For more on the C.T. program, go to www.palmer.edu/news.

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Celebrate 50 years of Palmer’s comprehensive, high-level C.T. program at this year’s Davenport Homecoming, Aug. 11–13.

Port Orange campus receives Anatomage tables

The Anatomage Table is the first life-sized, 3-D virtual dissection table with a fully interactive, multi-touch screen. The table makes it possible to virtually “slice” through all layers of the human body and also view the body in X-ray mode. The table is portable and adaptable to many environments. In addition to the large table touch screens, scans can be projected or exported to external monitors or onto any flat surface.

There are now two tables available on Palmer’s Port Orange campus. One is housed in the David D. Palmer Health Sciences Library and the other in the dry-anatomy lab. All scans come from frozen, non-chemically treated cadavers.

The Anatomage Table is a collaboration between the Stanford University’s Division of Clinical Anatomy and the California-based, 3-D medical technology company, Anatomage. Currently there are only about 150 full-sized tables in use worldwide. Until now, only the University of Central Florida and the Mayo Clinic were using the table in central Florida.
San Jose alumna’s mission of care touches many

As a full-time member of the San Jose campus faculty and a doctor with a part-time practice, Tammi Clark, D.C., San Jose ’94, embodies the healing power that comes from the relational element of health care. She has traveled the world to make a difference in the quality of life for the disenfranchised and disheartened.

Dr. Clark has ventured to Fiji, India, Laos and Mexico to provide chiropractic care for those most in need. To facilitate this type of care worldwide, she and Nick Grant, D.C., San Jose ’14, recently initiated a non-profit venture called Global Outreach Healthcare Initiative.

For the past four years, Dr. Clark also has participated in a special program enabling her to join other health-care practitioners and take chiropractic care to a truly unique patient population—at San Quentin State Prison. The T.R.U.S.T. Program health fair is organized by the Alameda County Health Department, and inmates must demonstrate good behavior for the entire year in order to participate.

Dr. Clark understands how some people may feel incarcerated individuals don’t deserve any special treatments. “I went there the first time with an open heart and open hands,” she says. “And, from the experience, I’ve come to realize, more than ever, that the human experience is so much more complex than I could ever hope to truly comprehend—and while I’m there, they are simply my patients.”

Support Palmer through AmazonSmile

When you shop at smile.amazon.com, you’ll find the same experience as shopping at Amazon.com, with the added bonus that Amazon will donate 0.5 percent of the purchase price from your eligible AmazonSmile purchases to your selected charitable organization. To shop, go to smile.amazon.com and sign in as usual. Enter “Palmer College Foundation” in the charity search box.

As long as purchases are made at smile.amazon.com, Palmer will receive the donations.
Palmer College is launching a capital campaign for improvements to the Davenport campus, including upgrades to Vickie Anne Palmer Hall.

To further enhance and beautify the building’s historic architecture, the renovation will focus on improvements to the auditorium, ballroom and museum. The auditorium, used for graduation and other events, will be updated to include an integrated sound system, improved lighting and larger seats. The downstairs ballroom’s upgrades will focus on new electrical wiring, acoustics and building systems.

The Museum of the Palmer Family will be located in the Gothic Room, which is the first room noticed by visitors upon entering the lobby. The space will be designed to house smaller meetings and College receptions. The museum will become a focal point and anchor activity for a building that celebrates Palmer traditions.

Sign up for Davenport Career Fair 2016

Have an associate position open or a practice for sale? Make plans to attend the Palmer Center for Business Development’s Davenport Career Fair 2016 on Friday, Sept. 23, from 8 a.m.–1 p.m. on campus.

“The results we experienced at the 5th Annual Davenport Career Fair were fantastic,” says Larry Mitchell, recruiting manager, Airrosti Rehab Centers. “We met and spoke with several very good candidates. The staff were professional and we were equally impressed with the way the event was organized.”

Register at www.palmer.edu/palmer/forms/careerfairregistration.aspx. Email penny.hoker@palmer.edu for more information.

Going green in San Jose

New solar panels have been installed on the roof of the San Jose campus. The campus now uses solar power as its primary energy source.
In 2011, scientists at the Palmer Center for Chiropractic Research (PCCR), the RAND Corporation and the Samueli Institute received a grant totalling nearly $7.5 million from the Department of Defense. The purpose of this grant was to Assess Chiropractic Treatment (ACT) for military readiness in active-duty personnel through three studies, ACT I, ACT II and ACT III.

ACT I is the largest clinical trial evaluating chiropractic to date. This randomized controlled trial (RCT) for low-back pain has been conducted at three sites: Naval Medical Center San Diego, Calif.; Walter Reed National Military Medical Center in Bethesda, Md.; and Naval Hospital Pensacola, Fla. The primary aim of this study is to evaluate if chiropractic treatment in addition to standard medical care is better than standard medical care alone in treating pain and physical function in active-duty military personnel with acute, sub-acute and/or chronic low-back pain.

At the end of 2015, the PCCR had reached its recruitment goal of 750 active-duty military personnel, representing 250 participants at each site. Study leaders are finishing long-term data collection to determine study outcomes at one year, in addition to beginning to analyze the vast amount of data collected during the study.

Study findings will be reported in peer-reviewed scientific journals within the coming months. The first publication, describing the study methods, was published in Trials and can be accessed at http://bit.ly/1TCjoM0. Results of this study have the potential to guide future studies and to inform military practice, particularly as to how chiropractic care is incorporated into overall medical care. For more information about all three ACT projects and others, please see www.palmer.edu/research/grants-projects.

Third in a series of key research-article summaries from the PCCR:

Dose-Response and Efficacy of Spinal Manipulation for Care of Chronic Low-Back Pain: a Randomized Controlled Trial

Very little is known about the average number of chiropractic visits required to provide the highest quality of patient care possible for chronic low-back pain. This is an important question scientifically, but perhaps even more important clinically. That’s why we’ve chosen to highlight a study published by our colleagues at Western States University in 2014.

This study is the only one to examine “dosing” of chiropractic for low-back pain. The authors examined whether spinal manipulative therapy (SMT)
or a light-massage control delivered three times per week for six weeks had a differential impact on patient outcome. The 400 participants all had 18 sessions of care but were randomized to four different “dose levels” of SMT. Primary outcomes were the changes in pain intensity and functional disability, measured at 12 and 24 weeks. Secondary outcomes included days with perceived pain and function disability, pain unpleasantness, global perceived improvement, non-prescription medication use and general health status.

The authors found the following:

- 12 sessions of SMT seemed to be the best “dose” at 12 weeks.
- 18 sessions of SMT resulted in slightly improved outcomes relative to light (five-minute) massage early on, but not at the 24-week endpoint
- Participant improvement following 12 sessions was sustainable to 52 weeks

**TAKE-HOME MESSAGE**

Twelve sessions of SMT over six weeks produced the best results in pain and functional disability at 12 weeks compared to zero, six, or 18 sessions of SMT with or without light massage.

**ACCESS FULL ARTICLE**


If you enjoy reading the latest on chiropractic research, please consider donating $20 (or more!) per year to Palmer’s 20 for 20 in 20 fundraising campaign. Your generosity will create opportunities to advance chiropractic research and health policy.

Find and follow the Palmer Center for Chiropractic Research

www.palmer.edu/20

Follow us on @PalmerResearch
DAVENPORT CAMPUS/1940s

Dr. Keith D. Bailey, ’48, Brentwood, Tenn., was granted Honorary Membership by the Tennessee Chiropractic Association (TCA) in honor of his exemplary, lifetime service to the chiropractic profession in Tennessee. In granting the award, TCA officials noted Dr. Bailey has been a long-time TCA member, even throughout his retirement, and “he always has an open door for doctors who reach out to him.”

1970s

Dr. James Caballero, ’74, Oxnard, Calif., announces his grandson, Blake Kilgore, has earned a full-time scholarship for football to Dixie State University in St. George, Utah. Blake’s friends and family are all very proud of him. Phone (805) 485-0161, email: cdocrose@aol.com.

Dr. Andrew Solomon, ’77, is enjoying his 10th year in retirement. He’s been able to take extended trips to Switzerland, Italy, Israel, Spain and Mexico. Email: aisolomon@wi.rr.com.

Dr. Carmel-Ann Mania, ’78, announces the birth of granddaughter Gwendolyn Rose in December 2015. Her parents are Valerie and Lou Colangelo, New Milford, N.J., and she joins big brother, Matthew. Dr. Mania was named to the inaugural class of Top Chiropractors in Bergen County, N.J. by “201 Magazine,” announced in the Oct. 2015 issue. She has joined the National Association of Women Business Owners, Central Jersey Chapter, and in Nov. 2015 celebrated 36 years in a family and wellness-based practice.

Dr. Ronald Tripp, ’79, Norman, Okla., is a current member of the Board of Directors of the National Board of Chiropractic Examiners. Phone: (405) 321-8530, email: DrRobTripp@aol.com.

1980s

Dr. Randall Roffe, ’80, is currently serving as a volunteer military, security, police and health-care adviser in Ukraine. Phone: (38) 093-482-9948, email: dr_roffe@hotmail.com.

Dr. Dallas Humble, ’82, has published a book, “The Greatest Chiropractor in the World,” to “reveal ‘forgotten’ practice management principles from the most successful D.C.s, decrease insurance dependence and reignite passion in chiropractors worldwide.” It’s available on Amazon.com.

1990s

Dr. Ken Cairns, ’94, opened Maple Chiropractic Clinic at 3 Viewpoint Office Village, Babbage Rd., Stevenage, Herfordshire SG1 2EQ United Kingdom, in December 2015. Phone: 011 44 07885519659, email: docken@btconnect.com.

Dr. Michael Burak, ’96, Huntingdon Valley, Pa., is celebrating 20 years in practice in May 2016.

2000s

Drs. Scott and Mary Colman,’01, purchased Hetrick Center in Middletown, Pa., from Dr. Paul Hetrick, ’77. The new business entity, The Colman Center, P.C., will continue doing business as The Hetrick Center in four central Pennsylvania locations: Middletown, Mechanicsburg, Mount Joy and Harrisburg. Dr. Hetrick will continue to see patients at The Hetrick Center. Phone: (717) 944-2225.

Drs. David, ’01, and Tiffany Clark, ’00, Arlington Heights, Ill., had a son, Donovan, on May 18, 2015. Donovan was welcomed by his brother, Dawson, and his two sisters, Amelia and Brianna. Phone: (847) 577-5400, email: clarkfamilychiro@hotmail.com.

Dr. Brookh Lyons (was Susan Robinson), ’01, Green Bay, Wis., has published a book, “The Envelope System: Create Your Legacy through Letters to your Daughter.” For more information go to www.theenvelopesystem.net. Phone: (920) 347-4884, email: brookh@drbrookhlyons.com.

Dr. Sloane Hunter, ’03, Calgary, Alberta, Canada, moved practice locations in Dec. 2014 to continue working with Dr. Cody Gordon, ’04. Dr. Hunter and her husband, Mitch Wegmann, had their third boy, Marshall, in June 2015. Phone: (403) 452-4290.

Dr. Jennifer Clark, ’05, Peoria, Ill., had twin boys, Brady and Connor, in Dec. 2015. Phone: (309) 692-4704, email: clarkchiroctr@yahoo.com.

Dr. Brett Casanova, ’06, Ottawa, Ill., is the president of the Illinois Prairie State Chiropractic Association. Phone: (815) 313-5474, email: drbrett@casanovachiropractic.com.

Dr. Tara Stateler, ’08, joined Monroe Chiropractic Associates in Monroe, Wis., in Jan. 2016. Phone: (608) 328-8304, email: drstateler@yahoo.com.

Dr. Jarod Rehmann, ’09, opened a new clinic at 13037 B Lee Jackson Memorial Hwy., Fairfax, VA 22033. Phone: (703) 996-4391, email: jarodrehmann@gmail.com.

2010s

Dr. Lacee Carr, ’10, and her husband, Mitch Hughes, made Team USA, placing at Stage I World MAS Wrestling in Kyrgyzstan last July, then went on to compete in the finals in Moscow in Nov. 2015. Phone: (701) 774-5036, email: willistonndchiro@gmail.com.
Dr. Ashley Saylor, ’10, Arvada, Colo., received the Phoenix Award and the Citizen Heroism Award for performing life-saving CPR and AED use for a man who had collapsed at a local gym. Phone: (303) 868-6461, email: asaylordc@gmail.com.

Dr. Christopher Bassler, ’12, Burlington, Iowa, and his wife, Ali Bassler, D.D.S., had a son, Ian Christopher, on Nov. 13, 2015. Dr. Bassler works for Dr. Amy Cler, ’09, at Absolute Wellness in Burlington, Iowa. Phone: (319) 754-1400, email: doctorbassler@gmail.com.

Dr. Samantha Raczkowski, ’14, opened Generations Chiropractic Wellness at 205 Cadillac Ct., Ste. 8, Belvidere, IL 61008. Phone: (815) 547-6333, email: gcwbelvidere@outlook.com.

Dr. Jason Walsh, ’08, Sarasota, Fla., had a son, Landon Kady, on Nov. 1, 2015. Phone: (941) 487-8118, email: drjason@itgdiet.com.

Dr. Dr. Ken Weber, ’09, earned his Ph.D. in neuroscience from Northwestern University, Chicago, Ill. He’s now serving as a postdoctoral scholar in the Department of Anesthesiology, Perioperative and Pain Medicine at Stanford University, Palo Alto, Calif. Phone: (847) 994-6299, email: kenweber@stanford.edu.

Dr. J. Adam Metzger, ’10, has relocated from Vero Beach, Fla., back home to Cincinnati, Ohio, and opened a new practice in Madeira, Ohio. Phone: (513) 428-9355, email: cincinnatispine@gmail.com.

Dr. Robert Martines, ’89, had his practice, Chiropractic Wellness Center, honored as “Business of the Year” at the Downtown Campbell Easter Parade on March 26, 2016. The practice includes offices in Campbell and Los Gatos, Calif.

Dr. Jarrett Grunstein, ’05, recently launched Dr. J’s Sleep Solution Pillow, which is the “first pillow to keep the head and neck in a neutral position when lying on one’s side or back.” The pillow is available on Amazon.com, Bed Bath and Beyond and JC Penney’s websites. Email: jgspineez@gmail.com.

Dr. Edward C. Camacho, ’13, an associate at the Plaza Chiropractic Center in Old Bridge, N.J., earned first place honors at the 2015 Moorestown Fall Open Weightlifting Championships Nov. 7, 2015, at the Moorestown Weight Lifting Club. Phone: (732) 723-0023, website: www.plazachiro.com.

Dr. Cameron Stewart, ’14, Jacksonville, Fla., is the secretary, trainer and instructor for Grostic Procedure Society. Phone: (904) 615-6622, email: cameronstewartdc@outlook.com.

Drs. Rachel Steiner Freeman, ’14, and William Joseph Freeman, ’14, were married in Oct. 2014. They opened Freeman Chiropractic at 9770 Highway 69 South Unit A, Tuscaloosa, AL 35405 in January 2016. Phone: (205) 409-6333, email: freemanchiropracticandwellness@gmail.com.

Dr. Ryan Goodman, ’14, had a son, Jacob, on March 15, 2015. Dr. Goodman opened a new office in Palm Harbor, Fla., in Dec. 2015. Phone: (727) 722-7700, email: ryangoodmandc@gmail.com.

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Dr. Jarrett Grunstein, ’05, recently launched Dr. J’s Sleep Solution Pillow, which is the “first pillow to keep the head and neck in a neutral position when lying on one’s side or back.” The pillow is available on Amazon.com, Bed Bath and Beyond and JC Penney’s websites. Email: jgspineez@gmail.com.

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in memoriam

Davenport Campus

1940s
Dr. Richard J. Morra, ’47
West Harrison, N.Y.

Dr. George R. Pennebaker, ’47
Mount Ayr, Iowa

Dr. William H. Bagbey, ’48
Mounds, Ill.

Dr. Stanley W. Bolton, ’48
Sydney, New South Wales, Australia

Dr. Paul D. Syftestad, ’48
Waunakee, Wis.

1950s
Dr. Thomas Moore, ’50
Saint James, N.Y.

Dr. Albert C. Allam, ’51
Sterling Heights, Mich.

Dr. Dominick J. Nuccio, ’51
Rome, N.Y.

Dr. Robert W. Turino, ’53
Ishpeming, Mich.

Dr. Julius Millman, ’55
Cedar Lake, Ind.

Dr. Phillip B. Smith, ’55
Naples, Fla.

Dr. Bernard A. Howarth, ’57
Frankston, Victoria, Australia

Dr. John M. Zimmer, ’57
Dayton, Ohio

Dr. Louis J. Brighi, ’59
Greeley, Colo.

1960s
Dr. James E. Rhodes, ’61
Salem, N.H.

Dr. Walter Elwartowski, ’62
Sun City, Ariz.

Dr. Cecil R. Quaintance, ’62
Glendale, Ariz.

Dr. Otwon Watkins, ’62
Sardis, Miss.

Dr. George W. Johnston, ’63
Beloit, Wis.

Dr. Ghislain “Chris” R. Berube, ’64
Laval, Quebec City, Canada

Dr. Samuel S. Haywood, ’64
Sumter, S.C.

Dr. Leonard Dale Koenen, ’65
Bella Vista, Ark.

Dr. V. Duane Brown, ’66
Valley City, N.D.

Dr. Trevor D. Creed, ’69
Warrnambool, Victoria, Australia

1970s
Dr. Joseph R. McQuaite, ’72

Dr. James Staub, ’72
Valparaiso, Ind.

Dr. Kenneth S. Casey, ’74
Wickenburg, Ariz.

Dr. John P. Lakin, ’74
Parsons, Kan.

Dr. Wilfred Enders, ’75
Port Byron, Ill.

Dr. Merlin L. Haas, ’75
Calabash, N.C.

Dr. Rodney V. Floyd, ’77
Deland, Fla.

Dr. Glenn P. Weyble, ’77
Amherst, Va.

1980s
Dr. Miles Hamaoka, ’82
Honolulu, Hawaii

Dr. Lawrence Rydholm, ’84
Thunder Bay, Ontario, Canada

1990s
Dr. William R. Cummins, ’94
Muskegon, Mich.

2000s
Dr. Arman Bert, ’00
Perryville, Mo.

Dr. Gloria Gleason-Hughes, ’01
Valley, Neb.

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