

<p>If you test positive for COVID-19 or are sick and suspect you have COVID-19 but do not yet have test results, regardless of your vaccination status or you have had a past COVID-19 infection</p>	<p><u>Isolate immediately for at least five days</u></p> <ul style="list-style-type: none">• If you have NO symptoms, Day 0 is the day you were tested (not the day you received your positive test result). Day 1 of isolation is the first full day following the day you were tested.• If you have symptoms, Day 0 is the day of symptom onset, regardless of when you tested positive. Day 1 of isolation is the first full day after the day your symptoms started.• Ending isolation if you had symptoms:<ul style="list-style-type: none">◦ End isolation after day five, if you're fever free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.◦ If you had a moderate illness (shortness of breath or difficulty breathing) or severe illness (hospitalized due to COVID or have a weakened immune system), you need to isolate through Day 10.• Ending isolation if you did NOT have symptoms:<ul style="list-style-type: none">◦ End isolation after Day 5.• After isolation, continue to take precautions through day 10. Wear a well-fitted mask for 10 full days any time you are around others or in public. <p>https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html</p>
<p>If you were exposed to COVID-19, regardless of vaccination status</p>	<p><u>No Quarantine: You don't need to stay home unless you develop symptoms.</u></p> <ul style="list-style-type: none">• Take precautions as soon as you find out you were exposed; Day 1 is the first full day after your last exposure and continue precautions through day 10.• Day 6: Get tested even if you don't develop symptoms at least five days after you last had contact with someone with COVID-19.• Even If you test negative after day 5, continue taking precautions through Day 10.• Wear a well-fitted mask for 10 full days any time you're around others or in public.• Watch for symptoms up to 10 days after you last had close contact with someone with COVID-19.• If you develop symptoms, isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others. <p>https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html</p>