

PALMER MAIN CAMPUS Return-to-Campus Protocols for Students, Faculty, Staff and Guests

This document was created by Palmer College of Chiropractic's Emergency Operations Team to guide the limited resumption of on-campus educational activities. It's subject to change based on recommendations from local, county, state and federal public-health officials.



The Trusted Leader in Chiropractic Education®

During the past two weeks, 28 Palmer College main-campus students and employees have tested positive for COVID-19. Additionally, another 45 have reported direct exposure. All are under quarantine.

In addition, the first-trimester cohort has been disproportionately impacted. As a result, we've **suspended all in-person labs for the first-trimester cohort from Nov. 9-17**. We're actively monitoring the situation in all trimesters and will respond accordingly.

Due to the increase in cases, effective immediately, Palmer College is requiring that face masks must be worn in all interior public spaces at all times. Social distancing without a face mask isn't sufficient. Face masks must cover your nose, mouth and chin. Face shields, gaiters and bandanas are no longer acceptable PPE. Failure to comply may result in ethics charges and sanctions.

The College's ability to offer on-campus instruction relies on everyone practicing safe and responsible behavior. Should you experience any COVID-related symptoms, don't come to campus for any reason.

If you suspect you've been exposed to COVID-19, or you have tested positive, please submit the <u>Potential Exposure Form</u> and/or the <u>Positive Diagnosis Form</u> immediately, as you'll be subject to isolation/quarantine protocols. It's important that everyone follow college policies and directives.

In addition, we understand many students have questions about common symptoms, how to get tested, and how to inform the College if you have symptoms or are exposed. You'll find this information on the following pages.

As future health professionals, we ask that you demonstrate respect and concern for your peers, your faculty and the College community by conducting daily self-monitoring and by holding each other accountable for responsible behavior.

Should numbers continue to increase, the College may have no choice but to suspend all in-person instruction for the remainder of the term. Please help us limit the spread of COVID-19 so we can continue in-person instruction.

Please direct any questions regarding expectations for reporting to the Senior Director of Safety and Security, Mr. Brian Sharkey.

Sincerely,

Dennis M. Marchiori, D.C., Ph.D.

Chancellor



COVID-19 Reporting Information

If you've been exposed to or have tested positive for COVID-19, follow the steps below. The student attendance policy is still in effect but we'll work with students as they report.

EXPOSURE

Potential exposure is defined as household contact, or health department notification that you were in close contact with someone who has tested positive for COVID-19.

If you have been exposed to COVID-19, please do the following:

- 1. Complete the Report Potential Exposure Form
 - A representative from the College will contact you with additional information and instructions.
- 2. **STUDENTS:** Report your absence as soon as possible to the Campus Registrar, who will notify faculty of your absence from registered courses.
- 3. **EMPLOYEES:** Report your absence as soon as possible to Human Resources.
- 4. If Palmer College is notified of a positive case, we'll take the appropriate action to sanitize the affected areas. We'll also directly notify members of the campus community who were known to be in close contact with the individual.

SYMPTOMS

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. **Symptoms may appear 2-14 days after exposure to the virus.** People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches

- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



HOW TO GET TESTED

- **TEST IOWA**: Anyone can get tested at Test Iowa **for free**. Simply visit <u>testiowa.com</u> and scroll down to the section labeled "How do I get tested?" Complete the questionnaire and schedule your appointment. No insurance card is necessary.
- **YOUR DOCTOR**: You can also call your doctor for a test. We've received reports that there is a fee to get tested by your doctor.

POSITIVE DIAGNOSIS

If you have tested positive for COVID-19:

- 1. Complete the Report Positive Diagnosis Form
 - A representative from the College will contact you with additional information and instructions.
 - Prior to returning to campus, employees and students must have completed the quarantine period, be fully recovered and complete the <u>Request to</u> <u>Return to Campus Form</u>.
- 2. **STUDENTS:** Report your absence as soon as possible to the Campus Registrar, who will notify faculty of your absence from registered courses.
- 3. **EMPLOYEES:** Report your absence as soon as possible to Human Resources.

REGISTRAR'S OFFICE CONTACT INFORMATION

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