Chiropractic is SAFE, EFFECTIVE, AFFORDABLE care.

A Doctor of Chiropractic is ...

a primary care doctor who specialize in SPINAL HEALTH and WELL-BEING, maximizing patient function through conservative care. They use adjustments to restore joint function and support the nervous system.

An adjustment is ...

a very safe, specific, controlled force applied to a joint to restore PROPER FUNCTION AND ALIGNMENT. Chiropractic adjustments reduce pain, increase movement and improve performance.

Chiropractic care costs ...

the same as, or less than, other types of health care. The national median out-of-pocket cost for a CHIROPRACTIC APPOINTMENT IS $35. Your cost may be less if you have insurance or more if you do not.

Chiropractors collaborate ...

with your other doctors. Chiropractors strive to improve your health WITHOUT DRUGS OR SURGERY.

www.palmer.edu

Source: 2017 Gallup-Palmer College of Chiropractic Annual Report: Americans’ Views of Prescription Pain Medication and Chiropractic Care
(10/17)