

Palmer Provides a Team of Experts for Rehabilitation and Sports Injury Care

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You may not be aware that the Palmer Chiropractic Clinics have a Chiropractic Rehabilitation and Sports Injury Department staffed by three full-time doctors who specialize in the field. The 2,000-square-foot facility has state-of-the-art equipment and is located in the Palmer Academic Health Center at 1002 Perry St., Davenport.

If you're thinking of seeing a health professional about a sports injury or need to see someone for post-surgical care, consider coming to Palmer's Chiropractic Rehabilitation and Sports Injury Department. The department specializes in this field with two board-certified rehabilitation specialists and another clinician in residency preparing for board certification. Drs. Dave Juehring and Ranier Pavlicek have both completed a three-year residency in the specialty of rehabilitation. They also have successfully completed their board certifications through the American Chiropractic Rehabilitation Board that abides by the standards set out by the National Commission for Certifying Agencies.

Dr. Dave Juehring graduated from his residency and completed his board certification in 1997. He is the director of the department and residency program. He has worked at Olympic and international athletic levels for the U.S. Bobsled organization for three winter Olympics and numerous World Championships. He has many years of practical experience in the sports performance and strength and conditioning world and also has taught for the National Strength and Conditioning Association as well as the National Academy of Sports Medicine. In addition, he has spoken on the national level regarding rehabilitative approaches and topics and has published articles on these topics in peer-reviewed journals. He brings a European influence through his training in developmental stabilization methods from the German and Czech rehabilitation schools. He also is certified in Active Release Technique and specializes in working with people who have running and weightlifting injuries.

Dr. Ranier Pavlicek graduated from his residency and completed his board certification in 2000. He has an extensive athletic background with 10 years of clinical working experience in the athletic arena and private sector as a certified athletic trainer. He also has taught an athletic training course along with hands-on rehabilitation classes within the Palmer curriculum. Additionally, Dr. Pavlicek currently teaches the clinical application of the Graston soft tissue approach in the clinic system. He is certified as a strength and conditioning specialist through the National Strength and Condition Association and specializes in soft tissues approaches.

Dr. Mike McQueen is the newest of the clinicians to the department and is currently involved in his residency. He has practical knowledge in the field of swimming, biking and participating in triathlons with many years of personal experience. Clinically he is certified as a McKenzie practitioner specializing in spinal care and has completed many hours of independent studies in the area of spinal stability and spinal ergonomics.

Sport injuries, no matter how big or small, simple or extensive, need the best possible care. Our staff welcomes the opportunity to get you back to 100% and reaching your performance goals. When you think of sport and rehabilitative care in the Quad Cities, remember the team of experts in Palmer's Chiropractic Rehabilitation and Sports Injury Department.