

Biography – Lia Nightingale

LIA NIGHTINGALE, PH.D., ASSISTANT PROFESSOR, NUTRITION, MAIN CAMPUS
(DAVENPORT, IOWA)

(Short version)

Lia (LEE-uh) Nightingale, Ph.D., earned her Ph.D. in food science and human nutrition from the University of Illinois at Urbana/Champaign in 2006. Dr. Nightingale is an assistant professor in the Division of Life Sciences at Palmer's main campus in Davenport, Iowa, where she teaches Biochemistry, Nutrition, and Clinical Nutrition. She was named Palmer's Outstanding Faculty of the Year in 2011 and has been awarded the Thelma Fordyce-Mack Award for innovation in teaching four times.

(Extended version)

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Dr. Nightingale has worked in research and development for the Pepsi-Cola Company, Tate & Lyle North America, and Whitey's Ice Cream. She's volunteered as an educator for several nanotechnology camps, and was co-investigator for a \$265,000 grant funded by the U.S. Department of Agriculture to use her doctorate research to entice junior-high students to choose a science-based career.

She's been published in the Journal of Agricultural and Food Chemistry, Journal of Food Science, Journal of Chiropractic Education, Journal of Clinical Chiropractic Pediatrics, and Journal of Texture Studies. Dr. Nightingale has presented at many professional conferences, including ACC-RAC, ICA/ACA Joint Pediatric Conference and the Institute of Food Technologists.