

Palmer Florida Student Clubs and Organizations Descriptions

Active Rehab

The Active Rehab Club meets to learn and expound on how to treat a patient with active care and how to integrate active care into the lives of patients. Active Rehab Club understands chiropractic as a three-pronged entity. There is the adjustment that addresses the joint and creates new ranges of motion, there is the passive care that addresses tight musculature surrounding the joints, and there is the active care that helps to solidify the passive care and adjustments. The active care is what utilizes and integrates the new range of motion into the patient's everyday life. The active care trains the body to move in a way that does not cause dysfunction and keeps patients from getting stuck in the same cycle of pain that often will present.

Applied Kinesiology (AK)

Applied Kinesiology is a chiropractic technique that identifies dysfunction in the human body using functional muscle testing. AK addresses the structural, chemical and emotional components of the vertebral subluxation to ensure the nervous system is functioning at its highest performance.

Campus Guides

The Campus Guides organization was founded in 1959 by Dr. David Palmer to promote the betterment of the College and advance the philosophy, science and art of chiropractic. Student members volunteer their time to give campus tours and to participate in several on-campus events such as Homecoming and graduation.

Chiropractic BioPhysics (CBP)

Chiropractic Biophysics focuses on correcting global structure of the spine to optimize the health & function of our patients. During club you will learn adjusting set-ups, exercises, postural analysis, X-ray analysis and more, all with an emphasis on proper alignment of the spine. This club will prepare you to address everything from "text neck" to scoliosis and to have a beneficial impact on patients' lives through chiropractic.

Chiropractic Neurology

The objective of the Chiropractic Neurology Club is to provide students the opportunity to develop the skills required to become highly proficient in both performance and interpretation of neurologic examinations and their findings. Proficiency will be obtained through the opportunities to practice these exams, learn from both the club advisors and officers, and engage with college approved guest speakers practicing within the subspecialty of chiropractic neurology.

Clinical Nutrition

The Clinical Nutrition Club's mission is to promote and educate current students and future patients about healthy eating habits to help prevent disease. Meetings consist of presentations with basic nutrition information and case studies to help students learn how to make eating healthy, fun and motivating while also being able to identify, diagnose and help treat their patients.

Flagler Volusia Chiro Society (FVCS) Student Division

FVCS focuses on incorporating students into the professional side of the Flagler Volusia Chiropractic Society which is a local branch of the Florida Chiropractic Association. The club aims to inform and educate future chiropractors about the business opportunities in the area, how to get involved in the community and available business resources within the college and the association.

Gonstead Club

Gonstead Club is based on the full spine chiropractic technique established by Dr. Clarence S. Gonstead and is a hands-on, technique-based club where students learn the art, science, and philosophy of the Gonstead technique. During club you will learn how to palpate and adjust every vertebral segment of the spine, the pelvis and various extremities along with the analysis to determine what and how to adjust those segments. Gonstead Club works to further develop what is taught in the curriculum.

Grostick Club

The Grostick Procedure Club provides the opportunity to understand and apply an Orthogonal analysis technique involving the craniocervical junction alignment with specific low force adjustment, developed by Dr. John F. Grostick. The club meets to develop the necessary skill to become proficient in understanding and applying the Grostick Procedure.

Motion Palpation (MoPal)

Motion Palpation Club is an evidence-based technique club that delivers a hands-on experience utilizing the protocols of the Motion Palpation Institute with a functional approach to chiropractic. The goal is to provide a setting where students will become proficient with their assessment, palpation and adjusting skills.

Orthopedics Council

Orthopedics Council is a bridge into chiropractic orthopedics and neuromusculoskeletal medicine where you can obtain your Diplomate of the International Academy of Neuromusculoskeletal Medicine (DIANM). The club will facilitate advanced information on how to evaluate and manage the care of patients with acute pain, chronic pain, and high-impact pain syndrome. The club will also focus on the communication tools necessary to practice evidence based and integrative care alongside other healthcare providers with the goal of offering students expanded career opportunities.

Palmer Student Alumni Foundation (PSAF)

PSAF is the liaison between the Palmer College of Chiropractic student body and the Palmer alumni. PSAF promotes a strong professional spirit among students through bridging the communications between students and alumni. PSAF will provide students with avenues for personal and professional growth and development to become successful doctors of chiropractic.

Passive Rehab

Passive Rehab Club is a hands-on club that incorporates manual therapy techniques the practitioner can use to compliment chiropractic adjustments and rehab exercises in their care plan. The officers present and demonstrate how to best address the functional imbalances associated with common musculoskeletal complaints seen in practice.

Pediatric

The Palmer Pediatric Club helps equip students in approaching pregnant and pediatric patients with confidence and skill. Students do not have pediatric coursework until quarter 9, so the club helps develop pediatric skills earlier on in the curriculum.

Philosophy Club

The Philosophy Club encourages future chiropractors to develop and strengthen the WHY behind their application of ChiropracTIC by reviewing and discussing the 33 principles and articles from the Chiropractic textbook.

SABCA

The goal of SABCA is to recruit and support Black and diverse students in the field of chiropractic. The club is passionate about giving back to the community and spreading chiropractic awareness. SABCA Club strives to encompass all that has to do with chiropractic education, to include: palpating and practicing chiropractic techniques, inviting guest speakers to share field experiences and providing club members with valuable information. SABCA is a social club purposed to build community amongst students, while attending chiropractic school. The continual objective is to support, encourage and help peers, while making the journey to become happy, successful chiropractors.

Student American Chiropractic Association (SACA)*

The mission of SACA is to enhance the chiropractic profession by expanding the active membership and student involvement in the ACA and the chiropractic profession as a whole.

Sports Club

Sports Council provides seminars, teaches spinal and extremity evaluation and participates in on-field activities. Providing information on the latest research and technology in the field of sports chiropractic, the organization is committed to preparing its members to serve the athlete in strength training, peak performance, rehabilitation and nutrition.

Student Council

The objective of the Student Council shall be to uphold this constitution; to promote professional integrity; to advocate the highest ideals of chiropractic; to work toward the enhancement of the students in their pursuit of excellence in the philosophy, science, and art of chiropractic; to provide a forum for student opinion; to act as a liaison between student body, the faculty, and the administration; and to foster an environment conducive to educational, professional and social development of the Palmer College of Chiropractic student body.

Veterans Club*

The Veterans Club is a club for military affiliated students. The goal is to provide these students with support and resources to assist with the transition to academic life. This is accomplished through social activities, on campus events/programs as well as community outreach.

Yoga Club

Yoga Club is the perfect club for intention, movement, and clarity for the week. Yoga club is free and welcomes everyone, from beginners to experts. Come join us for an hour to unwind and refresh.

*Currently Inactive