

Palmer Main Campus Clubs and Organizations
Descriptions

Activator Club
The Palmer College Activator Club exists to help students learn the analysis and procedures of the Activator Methods Chiropractic Technique. The technique is well established in the Palmer Chiropractic Outpatient Clinics. The club serves to introduce students to the technique and allow more experienced interns to explore and improve their skills. The club meets weekly and is guided by experienced doctors who are also Activator instructors at Palmer.
Animal Chiropractic
The Animal Chiropractic Club instructs students on providing chiropractic adjustments for animals, such as dogs, cats, horses, etc.
Applied Kinesiology (AK) Club
The Applied Kinesiology (AK) Club was founded to discuss the fundamental principles of applied kinesiology. The development of applied kinesiology was concentrated on correcting structural imbalances caused by muscles that were functioning poorly. It is based on muscle testing as a functional neurological evaluation. The club meets to discuss the history and the techniques involved in this principle.
Atlas Orthogonal (AO) Club
The Atlas Orthogonal Club discusses the Atlas Orthogonal (AO) technique, which focuses on how the alignment of the atlas vertebra, the top cervical bone in the neck, can affect the alignment of the entire spine.
Blair Club
The Blair Club discusses Blair Technique, which is a specific system of analyzing and adjusting the upper cervical vertebrae (atlas/axis primarily). It relies on the natural asymmetry of the body to formalize an adjustment designed specifically for that patient. Special X-rays are taken (protractor and stereo) for determining the listings.
Chiropractic BioPhysics Club
The Chiropractic BioPhysics Club was formed to provide students the opportunity to learn more about the latest research and development behind full spine and corrective care, based on founder Dr. Don Harrison.
Extremities Club
The Extremities Club provides students an opportunity to achieve a better understanding of how the extremities can affect the spine and how the spine can affect the extremities.
Gonstead Club
Palmer students head up the Palmer Gonstead Club. Its mission is to promote the teachings of Dr. C. S. Gonstead. The Gonstead System is taught in Mt. Horeb, Wisconsin, by the Gonstead Seminars of Chiropractic. This club is by no means intended to be a substitute for the Gonstead seminar series but is to be a supplement to the knowledge gained from these seminars. The club meets every week. Instructors are elite members of the Palmer Gonstead Club Committee. Aside from learning the Gonstead System, the club is also an opportunity for students to get hands-on training to be better prepared when they enter the Palmer Chiropractic Clinics. The club also offers guest speakers regularly.
HVLA Education System Club

The purpose of the HVLA club is to restore a more normal range of motion within a joint and alleviate pain.
Knee Chest Upper Cervical Club
The purpose of the club is to provide students with a better understanding of Knee Chest, and provide information on X-rays, thermography and neurology of Upper Cervical.
McKenzie Method
To help students understand the McKenzie Method and practice the teachings from seminars.
Motion Palpation Club
The Motion Palpation Club is associated with the Motion Palpation Institute of Research, which is continually researching its palpation and adjusting techniques to achieve maximum biomechanical efficiency. The primary goal of Motion Palpation Club is to help all students become proficient in the art of motion palpation, while developing an understanding of clinical biomechanics and neurology.
Pediatric & Prenatal Club
This club was formed to familiarize students with the philosophy and science of pediatric chiropractic care, while detailing what conditions may improve under chiropractic care and how to recognize those children who may benefit from such care.
Torque Release
The purpose of the TRT club is to help train students in the Torque Release procedures and diagnostic indicators, so that along with TRT seminars, they can be proficient in TRT.
Upper Cervical Club
The purpose of the club is to expose students to Upper Cervical chiropractic and to invite distinguished speakers with diplomates and experience.
Baseball Club
The Palmer Baseball team is a member of the Iowa Amateur Baseball Association and plays in the local semi-pro wood bat league.
Basketball Club
The Basketball club meets regularly to play in the gym as well as organized intramural competition. The Basketball club meets regularly to play in the gym as well as organized intramural competition.
Golf Club
The Palmer Golf team plays collegiate tournaments around the Midwest.
Hockey Club
The Palmer Hockey team plays in a local league.
Rock Climbing Club
The rock climbing club comes together to visit and climb local rock climbing facilities.
Soccer Club
The soccer club plays in both indoor and outdoor adult leagues locally.
Men's Rugby

Established in 1960, the Palmer College of Chiropractic Rugby Football Club (PCCRFC) plays Division I and are members of USA rugby. The men's rugby team plays games around the Midwest competing in both spring and fall seasons. For more information, visit palmer.edu/rugby .
Volleyball
The Volleyball club meets regularly to play in the gym as well as in local leagues and tournaments.
Women's Rugby
Members of USA rugby, the women's rugby team play Division II games in both the fall and spring season around the Midwest. For more information, visit palmer.edu/rugby .
Women's Soccer
The soccer club plays in both indoor and outdoor adult leagues locally.
Delta Delta Pi
Delta Delta Pi is a professional co-ed chiropractic fraternity founded in 1968 that encourages its members to explore any chiropractic techniques that interest them. It has many benefits for its members at its house, including a game room with a pool table, a newly refurbished bar room, computers, a copier and other office equipment. The pledge period is two weeks long two times per trimester, with a goal of ultimately helping students perform better on state and practical board examinations. Pledging at the fraternity works around test schedules.
Mabel's Chapter
Mabel's Legacy was formed to honor and celebrate the history and traditions of Dr. Mabel Palmer, the first lady of chiropractic. As student members of the Chiropractic profession, we are dedicated to furthering the development of leadership and professionalism through engagement in and service to Palmer College of Chiropractic, the chiropractic profession, and the Quad Cities community. We adhere to the principles and philosophy of chiropractic and, through education, plant the seeds for students to follow in our founders' footsteps to grow and develop as future leaders in chiropractic, serve our profession and the patients we will serve.
Sports Chiropractic Club
Sports Council provides seminars, teaches spinal and extremity evaluation and participates in on-field activities. Providing information on the latest research and technology in the field of sports chiropractic, the organization is committed to preparing its members to serve the athlete in strength training, peak performance, rehabilitation and nutrition. The Council's faculty adviser is Dr. Dave Juehring, who also serves as a remote coach for the U.S. National Bobsled team.
Student American Black Chiropractic Association (SABCA)
Student American Black Chiropractic Association (SABCA), formerly known as the Harvey Lillard Society, was established in memory of the first chiropractic patient. Its purpose is to aid in the recruitment of African Americans and other minorities into the chiropractic profession and promote the expansion of chiropractic as a healthcare system. Current projects include activities during Black History Month, articles in the Beacon and volunteer opportunities with local churches and community groups.
Student American Chiropractic Association (SACA)

This mission of the Student American Chiropractic Association is to enhance the chiropractic profession by expanding the active membership and student involvement in the American Chiropractic Association and the chiropractic profession as a whole. This task is accomplished by promoting student awareness regarding the climate of the profession that awaits them. In addition, students are provided with opportunities to implement the tools and proven practice methods in an effort to improve the profession and cultivate effective leaders to advance chiropractic into the future. If you are interested in finding out more information about SACA visit <https://sites.google.com/site/pccsaca/> or visit the ACA's website www.acatoday.com

Student Christian Chiropractors Assn (CCA)

The student chapter of the Christian Chiropractors Association helps student members maintain and nourish their spiritual and Biblical priorities. This is considered paramount in view of the pressures of the academic disciplines, which may exhaust their spiritual, physical and emotional resources.

Student International Chiropractors Association (SICA)

The International Chiropractors Association (ICA) was established in 1926 by B.J. Palmer and today represents more than 9,000 practitioners, educators, students and lay persons in the United States and worldwide. On campus, SICA helps promote the parent organization through first trimester welcome parties, membership drives, guest speakers and "technique speak," a forum for chiropractic technique clubs to educate students.

Kairos Training Club

Develop proper biomechanics for sustained performance, and drills to improve precision, speed, and palpation skills.

Canadian Club

The purpose of the club is to build a community of help and support for Canadian students.

Forward Thinking Chiropractic Club (FTCC)

The Forward Thinking Chiropractic Club is dedicated to providing the most pertinent scientific literature available to the current body of students, so that they may become better critical thinkers and evidence-based practitioners. Historical and current chiropractic/rehabilitation methods will be viewed through the lens of modern science in order to deduce which ideas are supported by our most current evidence and which ideas are not.

Mastery, Love, Service Club

To provide a comprehensive training pathway to develop the mind, body and spirit of chiropractic students.

Radiology & Technological Society

The purpose of the club is to cultivate an interest in radiology, and review radiology procedures.

VAST Speaking & Leadership Club

The purpose of the club is to prepare students to share big ideas through public speaking, and to develop professionalism and confidence.

Class Representatives/Officers

Being a student class representative or officer hones your organizational and communication skills, along with developing important lifelong leadership skills you can use in your profession as well as your community.

Palmer Business Center Student Ambassadors

The Palmer Student Ambassadors are a select group of highly motivated future chiropractic business professionals. As student representatives of the Palmer Center for Business Development (PCBD), the ambassadors serve as liaisons to current and prospective Palmer students, the community, Palmer faculty, staff and alumni, as well as business professionals.

Palmer Campus Guides

The Campus Guides organization was founded in 1959 by Dr. David Palmer to promote the betterment of the College and advance the philosophy, science, and art of chiropractic. Student members volunteer their time to give tours of the Palmer campus and the historic Palmer Mansion. In addition, Campus Guides represent the College at various functions during the year, such as homecoming and graduation.

Palmer Mentors

The Palmer Mentors are chosen by their peers to advise our incoming students regarding what to expect as a new student. Mentors are assigned a group of students each incoming class.

Palmer Student Alumni Foundation (PSAF)

The Palmer Student Alumni Foundation (PSAF) is the liaison between the Palmer College of Chiropractic student body and the Palmer alumni. The mission of PSAF is to promote a strong professional spirit among students through bridging the communications between students and alumni. In addition, PSAF will provide students with avenues for personal and professional growth and development to become successful doctors. PSAF does not have a membership fee but is all inclusive of the student body.

Wisconsin Club

The purpose of the Wisconsin Club is to connect with Palmer alumni in Wisconsin, and provide a networking opportunity of students looking to live in Wisconsin, and to keep students up to date on Wisconsin legislation.